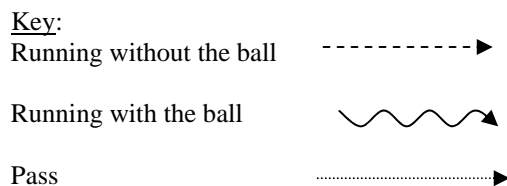
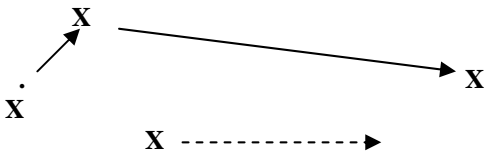
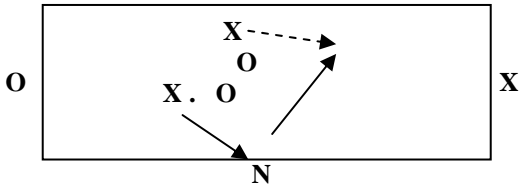
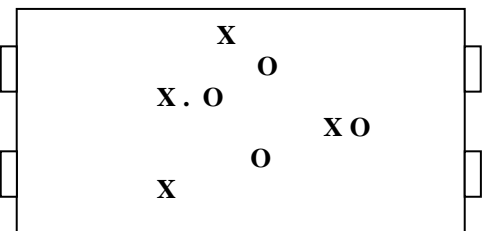
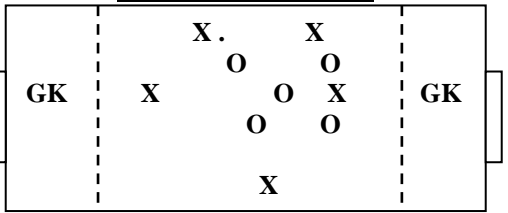


**TOPIC: Principles of Attack**  
**(with attention to support and combination play)**



MYSA 'D' License Course

<u>Technical Warm-Up</u>	<u>Organization</u>	<u>Key Coaching Points</u>
	<ul style="list-style-type: none"> <li>• Groups of 4 with a ball</li> <li>• Move and pass in free space</li> <li>• One player maintains long pass option</li> <li>• Encourage combinations: wall pass, 3-player combo, up/back/through</li> </ul>	<ul style="list-style-type: none"> <li>✓ Pace and accuracy of passes (plant foot to side of ball, follow through at target)</li> <li>✓ Angles and timing of support (avoid straight/square passes)</li> <li>✓ Open hips(for vision and to play quickly in direction you want to)</li> </ul>
<p><u>Small Sided Activity</u></p> 	<p>25x15</p> <ul style="list-style-type: none"> <li>• 2v2 to targets + wide neutral supports</li> <li>• Wide supports cannot play to target</li> <li>• Option: N's are 1-touch</li> <li>• Option: Must receive ball back from target and dribble endline to score</li> </ul>	<ul style="list-style-type: none"> <li>✓ Dribble/pass decision for 1<sup>st</sup> attacker (recognize space to attack)</li> <li>✓ Angle of support from 2<sup>nd</sup> attacker</li> <li>✓ 2- and 3-player combinations (speed of thought and mobility)</li> <li>✓ Various ideas to penetrate, incl. early ball into target when possible</li> </ul>
<p><u>Expanded Small Sided Activity</u></p> 	<p>40x30</p> <ul style="list-style-type: none"> <li>• 4v4 four-goal game</li> <li>• Option: Add 2-touch neutral player</li> </ul>	<ul style="list-style-type: none"> <li>✓ Maintain width and depth (to pull defenders apart)</li> <li>✓ Angles and distance of support (create 2v1 opportunities)</li> <li>✓ Recognize opportunity to penetrate with shot, pass, dribble</li> <li>✓ Speed of play (hips open, positive 1<sup>st</sup> touch, vision, mobility without ball to create options)</li> </ul>
<p><u>Game to Big Goals</u></p> 	<p>55x40</p> <ul style="list-style-type: none"> <li>• 6v6 incl. GKs</li> <li>• Restraining (offsides) lines at 18 yds</li> </ul>	<ul style="list-style-type: none"> <li>✓ Penetration/possession decisions</li> <li>✓ Team shape</li> <li>✓ Mobility (create space for self and others)</li> <li>✓ 3<sup>rd</sup> attacker looks to unbalance defense</li> <li>✓ Speed of play</li> </ul>