



My Assistant

Under 5-Under 6
Coaching Information



Dear Coach, Parent and Player,

Here is a helpful guide for a particular age group to learn and enjoy the soccer experience. This booklet is offering expert information from all the following soccer associations and companies I have worked for (US Youth, NSCAA, SoccerPlus, Challenger Sports, Coever Soccer, T Brazil, English and Scottish Football Association). Please read and give out copies to players and parents on your team. I hope you have a FUN time playing and learning about winning and losing games, but developing the talent!

Coach Ray (Fordy)
Director of Coaching,
North East Louisiana Soccer Association.
Raymond.ford.nelsa@outlook.com

Useful websites:

www.nelsa.org/
Coaches Corner: https://docs.google.com/folderview?id=0B-KnBI2Yjc7YMTJoVIEweFRTYXFwWnpBSzBRSzBJQQ&usp=drive_web
<http://www.playlouisianasoccer.org/>
www.thechallengerway.com
www.nscaa.com
usyouthsoccer.org
www.scottishfa.co.uk/football.cfm?page=2589
http://www.oysan.org/For_Coaches/Coaching_Articles/Coaching_Theory.htm
<http://www.jerseymikes.com/christie/>
<http://www.usyouthsoccer.org/coaches/>
<http://www.uefa.com/trainingground/index.html>
<http://www.soccerinteractive.com/>

www.challengersports.com

Useful books:

The Baffled Parents Guide to Great Soccer Drills, T.Fleck & R.Quinn. Ragged Mountain Press/McGraw-Hill.

The Complete Coaches Manual for U6 Soccer, Lee Smith. Published by World Class Coaching.

The Official US Youth Soccer Coaching Manual.

Northeast Louisiana Soccer Association
PO Box 7476, Monroe, LA 71211 ~~(318) 361-0103~~ Phone ~~(318) 325-5217~~ Fax
soccer@nelsa.org www.nelsa.org

*Affiliated with: Louisiana Soccer Association / United States Youth Soccer Association /
Federation Internationale de Football Association*