

# Lakeshore HP

## 2016 Lakeshore HP Team info



**FLIGHT INFO**  
 Depart: 7/18/16  
 Flt #1589  
 DTW-FLL  
 Depart 7:10 AM

Arrive at DTW Jet  
 Blue Terminal  
 @ 5:15 AM

Return: 7/24/16  
 Flt #1590  
 Arrive DTW @  
 10:59PM

**HOTEL INFO**  
 Extended Stay  
 1450 SE 17TH St.  
 Ft. Lauderdale  
 33316

Athletes will be  
 3-4 to a room.  
 Coaches are in  
 the same hotel.

## USA Volleyball HP Championships

Schedules and results for the event can be found at [www.advancedeventsystems.com](http://www.advancedeventsystems.com) by searching results and 2016 HP Championships.

Lakeshore Region teams will compete in the YOUTH National Division and the SELECT National Division.

1

**JULY 18TH**

Travel day and prelim  
 practices at facility.  
 Team event that  
 evening.

2

**JULY 19TH-23RD**

Competition, opening  
 ceremonies, medal  
 ceremony.

3

**JULY 24TH**

Beach day and travel  
 home.

## What to expect!

### Everything you need to know about HP Championships

This is a highly competitive international event. In past years, there have been teams from New Zealand, Australia, Croatia, Brazil, Puerto Rico, Canada, Mexico, Dominican, and USA Pipeline Teams.

Boys VB teams will also be competing at this event!

Coaching staff will take care of all athlete needs including; groceries, laundry, meals, transportation, etc. Parents are there to be fans and enjoy a volleyball vacation.

We will have a few parents staying in the connecting hotel as chaperones in the case something should require assistance. Their contact info, as well as coaches, will be posted.



Athletes will walk to and from the convention center with coaches and team. Athletes are not permitted to venture on their own unless in groups of 3 or more, or with a coach/chaperone present. Many athletes will want to go back to the convention center and watch other matches and that is allowed with small groups or chaperones.

We play, on average, 2 matches a day in a best 3 of 5 set format. Our days will have down time where athletes will relax and prep for next match.

### WHAT DOES MY ATHLETE NEED TO BRING?

Lakeshore region will cover all expenses for meals, groceries, snacks, water, etc. If your athlete would like to buy a starbucks in the airport or a t-shirt from the tournament, that will be on their own.

They will need to bring HP t-shirts and socks, bathing suit, khaki shorts for opening ceremonies, and a few fairly conservative outfits to wear to team meals.

\*Please bring notarized Med Release to training on 17th.

