



**This is your menu for your camp stay. We have listed Gluten free items as well as vegetarian items on this menu.**

**All campers that have a allergy or restriction need to fill out our google form. <https://forms.gle/QLLDouc9rDhb1UnN9>**

**All menus are subject to change due to availability of some products and size of camp.**

**The dining hall will have signs for each meal period. Each station will have allergen stickers on them to help your campers understand what ingredients contain the top 8 allergens. Below is what the stickers will look like. We will have a legend at each station for them to reference. If you have any question about the menus or how they will be labeled feel free to contact Jessy Snyder at [jsnyder@creativ dining.com](mailto:jsnyder@creativ dining.com) or 616-871-6747.**





# Allergen Icon Guide



Contains Egg



Contains Fish



Contains Milk/Dairy



Contains Peanuts



Contains Shellfish



Contains Soy



Contains Tree Nuts



Contains Wheat



Items are marked to reflect known allergens present in the item. This may not reflect potential presence of these allergens at the production facility.



# Camp Day 1



## **Breakfast**

Assorted Juice  
Assorted Fruit  
Assorted Cereals  
Oatmeal  
Scrambled Eggs (E)  
Bacon  
Breakfast Potatoes  
French Toast (E,G,D)  
Yogurt (D)  
Muffins (G) other allergens may be present  
Bagels (G) other allergens may be present  
Assorted cold cereals

## **Lunch**

### **Grill station**

Cheeseburgers (G,D)  
Steak Fries  
Club Wrap (turkey, bacon, cheddar cheese, lettuce, tomato, mayo) (G,D,E,S)

### **Pasta Bar**

Fettuccine / Penne (G)  
Gluten Free Pasta on Request  
Marinara  
Alfredo (D,G)  
Italian Sausage / Grilled Chicken  
Vegetarian Crumbles (S,G,D,E)  
Green beans  
Garlic Bread (G,D,S)

**Vegetarian option** Pasta Bar

### **Gluten Free Option**

Gluten Free Pasta for Pasta Bar

## **Dinner**

### **Grill station**

Chicken Quesadilla (G,S,D)  
Onion Rings (G,D,S)  
Hot Dogs (G)

### **Homes style**

Roasted Turkey  
Mashed Potatoes (D)  
Gravy (G,D)  
Mix Vegetable

### **Stir Fry**

Chicken (S)  
Broccoli & Carrots  
White Rice  
Vegetable egg Rolls (G,S,E)

### **Vegetarian Option**

Tofu Broccoli Stir Fry (S)

### **Gluten Free Option**

Chicken stir fry  
Roasted Turkey

## **Deli Station Open Lunch & Dinner**

GF bread Available  
Pizza Available (GF pizza dough on request)  
Salad Bar Open (all dressing GF )



## Camp Day 2



### **Breakfast**

Assorted Juice  
Assorted Fruit  
Assorted Cereals  
Oatmeal  
Scrambled Eggs (E)  
Sausage links (S)  
Pancakes (E,G,D)  
Yogurt (D)  
Muffins (G) other allergens may be present  
Bagels (G) other allergens may be present

### **Lunch**

#### **Grill station**

Chicken nuggets (G,S,)  
Fries  
Cheddar Bacon Burger (G,D)

#### **Tex mex**

Fajita Seasoned chicken (S)  
Tortilla Shells (G)  
Southwest black Beans (V)  
Cilantro Lime Rice  
Sautéed Peppers & Onions  
Assorted Toppings

**Vegetarian option** black bean fajita (G)

#### **Gluten Free Option**

Fajita bar with GF tortillas

### **Dinner**

#### **Grill station**

Turkey Panini (G,S,D)  
Crinkle Fries  
Grilled chicken sandwich (G,D)

#### **Home style**

Baked Chicken  
Oven roasted potatoes  
Carrots

#### **Pasta**

Spaghetti (G)  
Meatballs (D,E)  
Breadsticks (G,D)  
Green beans

#### **Vegetarian Option**

Veggie Crumble "Meatsauce" with Spaghetti (D,S,G)

#### **Gluten Free Option**

Baked Chicken  
GF pasta and meatballs

#### **Deli Station Open Lunch & Dinner**

GF bread Available  
Pizza Available (GF pizza dough on request)  
Salad Bar Open (all dressing GF )



## Camp Day 3



### **Breakfast**

Assorted Juice  
Assorted Fruit  
Assorted Cereals  
Oatmeal  
Scrambled Eggs (E)  
Sausage patties (S)  
Tater tots  
French Toast(E,G,D)  
Yogurt (D)  
Muffins (G) other allergens may be present  
Bagels (G) other allergens may be present

### **Lunch**

#### **Grill station**

Chicken Caesar Wrap (G,D,E,F)  
Waffle Fries  
Grilled Cheese (G,D,S)

#### **Home style**

Grilled BBQ chicken breast  
Macaroni & cheese (G,D,E)  
Steamed broccoli

**Vegetarian option** Fried BBQ Tofu (S)

#### **Gluten Free Option**

GF Chicken Tenders

### **Dinner**

#### **Grill station**

Hamburger (G)  
Fries  
Pizza Rolls (D,S,G)

#### **Home style**

Popcorn Chicken Bowl (G)  
Mashed Potatoes (D)  
Gravy (D,G)  
Corn  
Assorted toppings

#### **Tex mex**

Taco Seasoned Beef  
Corn Shells  
Soft Shells (G)  
Refried Beans  
Mexican Rice  
Assorted toppings

#### **Vegetarian Option**

Vegan chicken Taco's (G,S)

#### **Gluten Free Option**

Taco bar with GF shells

### **Deli Station Open Lunch & Dinner**

GF bread Available  
Pizza Available (GF pizza dough on request)  
Salad Bar Open (all dressing GF )

# Camp Day 4



## Breakfast

Assorted Juice

Assorted Fruit

Assorted Cereals

Oatmeal

Scrambled Eggs (E)

Bacon

Hash brown Triangles

Pancakes (G,D,E)

Muffins (G)

Bagels (G) other allergens may be present

