

# Welcome to Davenport Dining

This is your menu for the camp stay. We have listed Gluten free items as well as vegetarian items on this menu. If there is any other dietary restrictions please contact Jessy Snyder at [jessy.snyder@davenport.edu](mailto:jessy.snyder@davenport.edu) or 616-871-6747

All menus are subject to change due to availability of some products.

The dining hall will have signs for each meal period. Each station will have allergen stickers on them to help your campers understand what ingredients contain the top 8 allergens. Below is what the stickers will look like. We will have a legend at each station for them to reference. If you have any question about the menus or how they will be labeled feel free to contact Jessy Snyder.



Eggs



Peanuts



Fish



Shellfish



Gluten



Soy



Milk/Dairy



Tree Nuts

Items are marked to reflect known allergens present in the item. This may not reflect potential presence of these allergens at the production facility.

# Camp Day 1

## Breakfast

Assorted Juice  
Assorted fruit  
Assorted cereals  
Oatmeal  
Scrambled Eggs (E,S,D)  
Bacon  
Potatoes  
French toast (E,G,TN,D)  
Muffins (G) other allergens may be present  
Bagels (G) other allergens may be present  
Waffle bar (G) other allergens may be present

## Lunch

### **Grill station**

Cheeseburgers (G,D)  
Steak fries  
Club Wrap (turkey, bacon, Chdr cheese, lettuce, tomato, mayo) (G,D,E,S)

### **Station 1**

Swedish Meatballs (G,D,E)  
Egg Noodles (G,E)  
Fresh Green Beans

### **Station 2**

Sweet & Sour Chicken (G,S,E)  
Broccoli & Carrots  
White Rice  
Vegetable Egg rolls (G,S,E)

### **Vegetarian option**

Tofu Broccoli Stir Fry (G,S)

### **Gluten Free Option**

Grilled Chicken Breast

Deli station open (GF bread on request)

Pizza available (GF pizza dough on request)  
Salad Bar open (all dressing GF except Ranch)  
Dessert Station (if you don't want your campers eating dessert you need to instruct them)

## Dinner

### **Grill station**

Chicken Quesadilla (G,S,D)  
Onion rings (G,D,S)  
Hot dogs (G)

### **Station 1**

Roasted Turkey  
Mashed Potatoes/Gravy (G,D)  
Mix veg (corn, peas & carrots, green bean)

### **Station 2**

Pasta Bar Fettuccini /penne (G)  
GF pasta on request  
Marinara  
Alfredo (D,G,S)  
Italian Sausage/ Grilled Chicken  
Vegetarian crumbles (S,G,D,E)  
Roasted veg  
Garlic Bread (G,D,S)

### **Vegetarian option**

Pasta Bar

### **Gluten Free Option**

Gluten Free Pasta for Pasta bar

Deli station open (GF bread on request)  
Pizza available (GF pizza dough on request)  
Salad Bar open (all dressing GF except Ranch)  
Dessert Station (if you don't want your campers eating dessert you need to instruct them)

# Camp Day 2

## Breakfast

Assorted Juice  
Assorted fruit  
Assorted cereals  
Oatmeal  
Scrambled Eggs (E,S,D)  
Sausage Links (S)  
Seasoned Potatoes (G)  
Pancakes (G,D,E)  
Muffins (G) other allergens may be present  
Bagels (G) other allergens may be present  
Waffle bar (G) other allergens may be present

## Lunch

### **Grill station**

Turkey Panini (G,S,D)  
Fries  
Cheddar Bacon Burger (G,D)

### **Station 1**

Grilled BBQ Chicken Breast  
California Blend Vegetables  
Parm. Crusted Cottage Fries (D)

### **Station 2**

Beef Taco  
Nacho bar (D)  
Corn shells  
Soft Shells (G,S)  
Refried Beans  
Mexican Rice

### **Vegetarian option**

Roasted veggie Quesadillas (G,D)

### **Gluten Free Option**

BBQ chicken breast

Deli station open (GF bread on request)  
Pizza available (GF pizza dough on request)  
Salad Bar open (all dressing GF except Ranch)  
Dessert (if you don't want your campers eating dessert you need to instruct)

## Dinner

### **Grill Station**

Grilled Cheese (G,D)  
French Fries  
Chicken Caesar wrap (G,D,S,E,F)

### **Station 1**

Rotisserie Chicken  
Mashed Potatoes & Gravy (D)  
Carrots

### **Station 2**

Baked Ziti with Meatsauce (G,D)  
Breadsticks  
Broccoli

### **Vegetarian option**

Mushroom & Spinach Risotto (D)

### **Gluten Free Option**

Rotisserie Chicken

Deli station open (GF bread on request)  
Pizza available (GF pizza dough on request)  
Salad Bar open (all dressing GF except Ranch)  
Dessert Station (if you don't want your campers eating dessert you need to instruct them)

# Camp Day 3

## Breakfast

Assorted Juice  
Assorted fruit  
Assorted cereals  
Oatmeal  
Scrambled Eggs (E,D,S)  
Smokey Links  
Tater Tots  
French Toast (E,G,TN,D)  
Muffins (G) other allergens may be present  
Bagels (G) other allergens may be present  
Waffle bar (G) other allergens may be present

## Lunch

### **Grill station**

Breaded Chicken Hoagies (G,D)  
Waffle Fries  
Pizza Rolls (G,S,D)

### **Station 1**

Chicken Parm (G,E,D)  
Linguini (G)  
Green beans  
Garlic bread (G,S,D)

### **Station 2**

Sesame Garlic Beef Stir Fry (S,G)  
White Rice  
Stir Fry Vegetables

### **Vegetarian option**

Mushroom Stroganoff (D,S,G)

### **Gluten Free Option**

Gluten Free Noodles for Stroganoff

Deli station open (GF bread on request)

Pizza available (GF pizza dough on request)  
Salad Bar open (all dressing GF except Ranch)  
Dessert (if you don't want your campers eating dessert you need to instruct them not to)

## Dinner

### **Grill Station**

Hamburger (G)  
Fries  
Fish Sticks (F,G)

### **Station 1**

Popcorn Chicken Bowl (G)  
Mashed potatoes/gravy (D,G)  
Corn, bacon bits, chz, sour cream etc.

### **Station 2**

Chicken Fajita's (S,D)  
Black beans  
Cilantro Lime Rice

### **Vegetarian option**

Black bean Taco's (G,S,D)

### **Gluten Free Option**

Chicken Fajita's

Deli station open (GF bread on request)  
Pizza available (GF pizza dough on request)  
Salad Bar open (all dressing GF except Ranch)  
Dessert Station (if you don't want your campers eating dessert you need to instruct them not to)

# Camp Day 4

## Breakfast

Assorted Juice

Assorted fruit

Assorted cereals

Oatmeal

Scrambled Eggs (S,D,E)

Bacon

Home Fries

Pancakes (G,D,E)

Muffins(G) other allergens may be present

Bagels (G) other allergens may be present

Waffle bar(G) other allergens may be present