

# 2018 Lakeshore HP Training Camp

## Friday June 8th

Check in 5-7pm

## Training Sessions

Select 6:30-8pm  
Junior/Youth 8:00-9:30pm

## Saturday June 9th

Breakfast 6:30-7:30am  
Select 8:00-10:00am  
Junior/Youth 10:00am-12:00pm  
Lunch 11:30-12:30pm  
Select 12:30-3:00  
Junior/Youth 3:00-5:30  
Dinner 5:30-7:00  
All teams 7:30-9:30

## Sunday June 10th

Breakfast 6:30-7:30  
All Teams 8:00-11:30  
Dorm Check out 12:00  
Team Meeting 12:30



\*All participants must be current USAV Members

[www.lakeshorevolleyball.org](http://www.lakeshorevolleyball.org)