

2018 Rules of the Game

"Players cannot age-up during season" – June 31st Cut-off for Birthdates

Note on 6U/8U rules: These rules are established in order to encourage decisionmaking with the ball & game involvement. Strategy & player positions need not come into play at this age level. That being said, there can be some grey area regarding the "goal box". Please encourage players to play through the ball with intention...if opposing players find themselves within the box efforting for the ball, that's soccer, play on. If a player waits back near the box while her teammates run down the field to score, they're not participating. Similarly, a player that strikes the ball outside of the box in an effort to score gains much more than one that incidentally dribbles the ball into the goal. Please use your best judgement determining goals and encourage players to play soccer. Tournament officials will be instructed to do the same and will be the ultimate decision makers. Thanks!

6U – Six and under Division

4x4 – 4x8 minutes – size 3 ball - smallest fields

No goalie, no ref, coach on field, no direct kicks/walls, no offsides, no headers

Substitute any time "on-the-fly"

No shots within goal box and no defending within goal box – players are not to "camp" out in the box as hand-less goalies

No tournament – extra regular season game

8U – Eight and under Division

4x4 – 4x10 minutes – size 3 ball – medium fields

No goalie, coach on field (not allowed during tournament), no direct kicks/walls, no offsides, no headers

Substitute any time "on-the-fly" – Try to wait for stoppages of play.

No shots within goal box and no defending within goal box – players are not to "camp" out in the box as hand-less goalies

Players must cross midfield line before shooting. Shots from your own half of field will not count as goals.

Major penalty in box = free midfield kick

Kick-offs, Throw-ins, Free kicks as a result of a foul, hand-ball, etc are indirect, therefore must be touched by a second player before score.

Corner kicks are direct kicks and can tally a score without being touched by another player.

Ref for Tournament, no coach on field

Tournament games ending in a tie will result in a 5-player shootout. Teams will alternate shots. If tied after 5 players, additional attempts will

ensue with sudden death results and without repeating players until all players on roster have attempted a shot.

Attempts are shots from midfield with no goalie.

10U – Ten and under Division

7x7 – 2x25 mins – size 4 ball – larger fields

Goalies, Ref, no coach on field, no direct kicks/walls, no offsides, no headers

Substitutions only with ref's permission and only when play is stopped.

Penalty in box = penalty kick

Kick-offs, Throw-ins, Free kicks as a result of a foul, hand-ball, etc are indirect, therefore must be touched by a second player before score.

Corner kicks are direct kicks and can tally a score without being touched by another player.

Tournament games ending in a tie will result in a 5-player shootout. Teams will alternate shots. If tied after 5 players, additional attempts will

ensue with sudden death results.

12U – Ten and under Division 7x7 – 2x25 mins – size 4 ball – larger fields

Goalies, Ref, no coach on field, no direct kicks/walls, no offsides, no headers

Substitutions only with ref's permission and only when play is stopped.

Penalty in box = penalty kick

Kick-offs, Throw-ins, Free kicks as a result of a foul, hand-ball, etc are indirect, therefore must be touched by a second player before score.

Corner kicks are direct kicks and can tally a score without being touched by another player.

Tournament games ending in a tie will result in a 5-player shootout. Teams will alternate shots. If tied after 5 players, additional attempts will ensue with sudden death results.