



Team X Concussion Protocol

1. In a situation where there is a possible concussion, immediate removal of the player participant from the activity is required in order for the individual to be evaluated for symptoms of a concussion;
2. A coach, team official, Team X representative, trainer or medical professional needs to evaluate the player participant for symptoms of a concussion. A coach must be familiar with concussion symptoms or carry with them a CDC "Heads Up to Youth Sports" Factsheet for reference.
3. If the player participant displays any symptoms of a concussion, they are not allowed to return to play on any other athletic event for that day.
4. The coach must make a note of the incident, describe the severity of the impact, and symptoms displayed.
5. Coaches must report incident to Parents immediately or right after the conclusion of the event. Parents should continue to watch the player participant while at home and reference the CDC "Heads Up to Youth Sports" provided by Team X located in the "Resources" tab in the Team X Homepage or the CDC website.
6. Coaches must report incident to a Team X representative no later than 48 hours from the time of the incident but always before the player participant returning to play.

Return To Play

If a player participant in a Team X activity is removed from play due to exhibiting symptoms of a concussion, he or she may not return to any athletic activity of Team X until a licensed healthcare provider has provided the parents, coach and Team X with written clearance for the player participant to resume such activities. This provision does not prohibit a player from attending games, practices and other activities as a spectator or non-participant.