



Licking Heights Youth Association COVID-19 Cheer Policy

As a condition to return to play LHYA Cheerleading, there will be requirements in-place that will be required to be followed at our various facilities. A summary of the requirements and guidelines is below for all coaches, parents, spectators and players to review.

Any gym usage at **Licking Heights Gyms** will be required to follow the guidelines set forth in the **Ohio Department of Health Responsible Restart Ohio** document for **Youth, Collegiate, Amateur, Club, and Pro Sports** that was revised on **10/06/2020** and protocols set forth by Licking Heights Local School District as dictated by the OHSAA. This includes mandatory physical six-foot distancing (for spectators, coaches and athletes who are not on the field of play), daily symptom assessments, no shared water coolers or drinking stations, no shared personal belongings, and are not permitted to congregate in common areas or parking lots following any events, games or practices.

Any gym usage at other locations must adhere to the **LHYA COVID-19 Cheer Policy** and to any policies/protocols of that gym that **EXCEED** the LHYA standard.

COACHES

- Must conduct daily symptom assessments before each practice or game. Anyone experiencing symptoms must stay home
- Coaches must Participate in COVID-19 education developed for them by the Ohio Department of Health (Available on the LHYA COVID-19 Webpage)
- Must wear face coverings at all times, except for one of the reasons stated in the Director's Order for Facial Coverings throughout the State of Ohio signed July 23, 2020 (<https://coronavirus.ohio.gov/static/publicorders/Directors-Order-Facial-Coverings-throughout-State-Ohio.pdf>) or as it may thereafter be amended. *(Written justification must be immediately provided to local health officials, upon request, explaining why an coach, or volunteer is not required to wear a facial covering.)*
- Limit time spent on activities where players are in close proximity for extended periods of time (e.g., repeatedly practicing stunting or tumbling).
- Players, coaches, and officials are not to physically contact each other before or after practice, pregame and competitive play (i.e., greetings, team huddles, high-fives, congregating, etc.).
- At the conclusion of each game, instead of the typical handshake/high five/fist bump line, players are permitted to line up 6ft apart and give a sportsmanship wave to the opposing players.
- No congregating before or after practices or games is permitted.
- Required to keep a log of all people in attendance at all events and practices including players, coaches and spectators. They can designate a representative from their team to complete this log. All logs must be sent to board@lhya-sports.org immediately upon completion of the event or practice. A blank log sheet can be found on the LHYA COVID-19 Webpage.

PLAYERS

- Must conduct daily symptom assessments before each practice or game. Anyone experiencing symptoms must stay home
- Must wear face coverings when not on the court of play, except for one of the reasons stated in the Director's Order for Facial Coverings throughout the State of Ohio signed July 23, 2020 (<https://coronavirus.ohio.gov/static/publicorders/Directors-Order-Facial-Coverings-throughout-State-Ohio.pdf>) or as it may thereafter be amended. *(Written justification must be immediately provided to local health officials, upon request, explaining why an athlete is not required to wear a facial covering when not on the field of play.)*
- No congregating before or after practices or games is permitted.
- At the conclusion of each game, instead of the typical handshake/high five/fist bump line, players are permitted to line up 6ft apart and give a sportsmanship wave to the opposing players.
- Six-foot social distance must be maintained between individuals except when necessary for stunting or tumbling.
- Players, coaches, and officials are not to physically contact each other before or after practice, pregame and competitive play (i.e., greetings, team huddles, high-fives, congregating, etc.).



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PARENTS AND SPECTATORS

- Spectators must conduct daily symptom assessments. Anyone experiencing symptoms must stay home.
- Family members must sit together, socially distanced from other individuals/family groups.
- Six-foot social distancing must be maintained between individuals/family groups
- No congregating before or after practices or games is permitted.
- Spectators must wear face coverings at all times except for any of the allowable exceptions stated in the Director's Order for Facial Coverings throughout the State of Ohio. (<https://coronavirus.ohio.gov/static/publicorders/Directors-Order-Facial-Coverings-throughout-State-Ohio.pdf>) (Written justification must be immediately provided to local health officials, upon request, explaining why they are not required to wear a facial covering.)
- Limit of 4 Spectators/Parents per Player at Licking Heights Gyms for games (Other gyms limits will be communicated as they become available)

PARENTS AT PRACTICES

- Parents must conduct daily symptom assessments for their athletes. Anyone experiencing symptoms must stay home.
- During practices, only Coaches and Athletes will be allowed in the Gym.
- Six-foot social distancing must be maintained between individuals/family groups waiting outside.

Please notify the board at board@lhya-sports.org if any player or family member tests positive for COVID-19 and work with the health department to determine contact tracers so we can notify anyone who may have had contact with that individual. If you have any questions about the LHYA COVID-19 Policy or feel there is a violation of the policy please email the board at Board@LHYA.org

This policy is subject to revisions at anytime. Check the LHYA COVID-19 Webpage for the latest revision.