



Code of Conduct

1. I will be on time to every scheduled practice or game. If I will be late or not able to attend, I will give the coach a call at LEAST two hours before the event.
2. I will control my temper. I will not be rude to players, referees, coaches, or spectators. I will treat all other players with respect. I will not degrade or gossip about other players.
3. I will commit to working as hard as I can every time I step on the field for training and games.
4. I will be humble when my team wins and be gracious in defeat.
5. I will do my best to balance my responsibilities and that I can support my team and be available for training, games and tournaments. I will be expected to participate in 80% of games and training. I will be expected to commit to my team events no less than 90 days in advance.
6. I will follow the club's nutrition and travel rules at all tournaments and games. (diet, curfew, punctuality, rest, hydration, rest, exposure, and discipline)
7. I will come prepared for practice and games (**properly inflated ball of proper size**, shin guards, practice or game uniforms, water, club training shirts and attire)
8. I will not encourage or employ verbal or physical abuse in the game.
9. I will not ridicule or yell at any player for making a mistake.
10. I will not criticize the coach or referee's judgment, line up, roles, or responsibility.
11. I will not gossip and cause disruption to the team and to the club.
12. I will not coach when I am a spectator.
13. Players will show respect to every adult.

By accepting a position or roster spot in the club, we (Parent and Player) agree to abide by this code of conduct. If I fail to follow these rules, I understand that there will be consequences that may include suspension and/or removal from a practice, game or from the club.