



PITTSFIELD SCHOOL NUTRITION SERVICE
SUMMER LUNCH MENU 2018



JUNE-JULY

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|
| <p>We Use Whole Wheat or Whole Grain Rolls, Breads, Pastas, and Pizza Shells. A Variety of Fresh and Chilled Fruit Offered Daily.</p> | <p>Serving size: Fruit- 1/2 cup Vegetable- 1/2 cup Salad- 1 cup All sandwiches and Subs- 1 each Pasta/Rice- 1/2 cup Pizza- 1 slice Milk- 1 cont. or 1 cup</p> | <p>June 19 Turkey Hot Dog or Tuna on a Roll Baked Beans Celery/Carrot Sticks Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>Ham & Cheese Croissant Tossed Green Salad w/Dressing Cucumber Slices Fresh Fruit and Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>20 Head Start Closed Today 21 Cheese Pizza Tossed Green Salad w/Dressing Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> |
| <p>Cheeseburger, Hamburger Baked Potato Wedges Cucumber Wheels Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>Hot Turkey Melt Vegetable Sticks Baked Potato Chips Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>WEEK of June 24 Chicken Patty on Roll Tossed Green Salad w/Dressing Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>Baked Chicken Teriyaki Asian Style Green Beans School Baked Roll Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>American Cold Cut Sub Bologna, Ham & American Ch. Lettuce & Tomatoes Celery & Carrot Sticks Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> |
| <p>Turkey Hot Dog or Grill Cheese Baked Beans Celery/Carrot Sticks Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>Baked Chicken Tenders Glazed Carrots School Baked Roll Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>WEEK OF July 1 Crispy Chicken Salad Entrée Cucumber Wheels Fresh Fruit and Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>Holiday Happy 4th of July!</p> | <p>Cheese Pizza Tossed Green Salad Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> |
| <p>Chicken Parmesan Sandwich Spicy Chicken Sandwich Potato Wedges Lettuce, Tomato Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>Italian Cold Cut Sub Ham, Genoa Salami & Cheese Tossed Green Salad Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>WEEK OF July 8 Beef Burrito Bowl & Tostito Chips Rice and Vegetable Casserole Corn, Salsa Lettuce & Tomatoes Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>Pulled BBQ Pork on roll Pasta Salad Baby Carrots w/ Dip Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>Sal's Cheese Pizza Vegetarian Pizza Tossed Green Salad w/ Dressing Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> |
| <p>Chicken Tender Wrap w/ lettuce, tom & ranch Glazed Carrots Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>Grill Cheese Sandwich Tossed Green Salad w/ dressing Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>WEEK OF July 22 Chicken & Cheese Quesadilla Lettuce & Tomatoes Corn, Salsa Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>Turkey Breast Sub Lettuce & Tomato Vegetable Sticks Potato Chips Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>Cheese Pizza Tossed Green Salad w/ Dressing Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> |
| <p>Cheeseburger, Hamburger Baked Potato Wedges Cucumber Wheels Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>Baked Chicken Teriyaki Asian Style Green Beans School Baked Roll Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>Week of July 29 American Cold Cut Sub Bologna, Ham & American Ch. Lettuce & Tomatoes Celery & Carrot Sticks Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>Turkey Hot Dog or Chicken Salad on a Roll Baked Beans Celery/Carrot Sticks Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> | <p>Sal's Cheese Pizza Tossed Green Salad w/Dressing Fresh Fruit & Chilled Fruit Peanut Butter & Jelly Milk</p> |

Menu Subject To Change Without Notice

This Institution is an Equal Opportunity Provider



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SUMMER LUNCH MENU 2019**

AUGUST

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|
| Cheeseburger, Hamburger Potato Wedges Fresh Fruit and Chilled Fruit Peanut Butter & Jelly Milk | Grill Cheese Sandwich Tossed Green Salad w/ dressing Fresh Fruit and Chilled Fruit Peanut Butter & Jelly Milk | WEEK of August 5 Turkey Breast Sub Celery, Cucumbers Sticks Sliced Tomatoes Shredded Lettuce Fresh Fruit and Chilled Fruit Peanut Butter & Jelly Milk | Chicken Patty Sandwich Lettuce & Tomatoes Pasta Salad Cucumber Wheels Fresh Fruit and Chilled Fruit Peanut Butter & Jelly Milk | Cheese Pizza Mediterrean Salad Fresh Fruit and Chilled Fruit Peanut Butter & Jelly Milk |
| Turkey Hot Dog or Tuna on a Roll Baked Beans Glazed Carrots Fresh Fruit and Chilled Fruit Peanut Butter & Jelly Milk | Ham & Cheese Croissant Celery & Carrot Sticks Fresh Fruit and Chilled Fruit Peanut Butter & Jelly Milk | WEEK of August 12 Oven Roasted Chicken WG Dinner Roll Tossed Green Salad w/Dressing Fresh Fruit and Chilled Fruit Peanut Butter & Jelly Milk | Beef Burrito Bowl Rice and Beans, Corn, & Salsa Lettuce and Tomatoes Fresh Fruit and Chilled Fruit Peanut Butter & Jelly Milk | Meatball & Cheese Sub Tossed Green Salad w/ Dressing School Baked Roll Fresh Fruit and Chilled Fruit Peanut Butter & Jelly Milk |
| Baked Chicken Tenders Potato Wedges Schol Baked Roll Fresh Fruit and Chilled Fruit Peanut Butter & Jelly Milk | Crispy Chicken Salad Entrée Cucumber Wheels Fresh Fruit and Chilled Fruit Peanut Butter & Jelly Milk | WEEK of August 19 Grill Cheese Sandwich Tossed Green Salad w/ Dressing Fresh Fruit and Chilled Fruit Peanut Butter & Jelly Milk | Hot Turkey Deli Melt Vegetable Sticks Fresh Fruit and Chilled Fruit Peanut Butter & Jelly Milk | Cheese Pizza Mediterrean Salad Fresh Fruit and Chilled Fruit Peanut Butter & Jelly Milk |



Serving size:
 Fruit - 1/2 cup
 Vegetable - 1/2 cup
 Salad - 1 cup
 All Sandwiches & Subs - 1 each
 Pasta/Rice - 1/2 cup
 Pizza - 1 slice
 Milk - 1 cont. or 1 cup

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NOTE:

We Use Whole Wheat - Whole Grain Rolls, Breads, Pastas and Pizza Shells.
 A Variety of Fresh **and** Chilled Canned Fruit Offered Daily.