

Small Sided Games Standards Chart 2016

Recommended/Current	U5	U6	U7	U8	U9	U10	U11	U12	U13
Maximum Field Size (Yards)	30X20	30X20	30X20	30X20	47x30	47x30	75x47	75x47	112x75
Current Field Size	20X25	20X25	20X25	20X25	47X36	47X36	70x45	70x45	
Number of Players	(4V4)	4V4	4V4	4V4	7v7	7v7	9v9	9v9	11v11
Current Number of Players	3V3	3V3	4V4	4V4	6V6	6V6	8V8	8V8	11v11
Roster Size	8	8	8	8	14	14	16	16	22
Current Roster Size	6	6	8	8	10	10	14	14	16 18
GK	No	No	No	No	Yes	Yes	Yes	Yes	Yes
Current	No	No	No	No	Yes	Yes	Yes	Yes	Yes
Playing Time (Minutes)	4x8	4x8	4x8	3x15	2x25	2x25	2x30	2x30	2x35
Current Time	12 min qtrs	12 min qtrs	12 min qtrs	12 min qtrs	25 min halves	25 min halves	30 min halves	30 min halves	35 min halves
Break Time (Minutes)	5	5	5	5	10	10	10	10	15
Current Time	1 min between qtrs, 5 min between halves	1 min between qtrs, 5 min between halves	1 min between qtrs, 5 min between halves	1 min between qtrs, 5 min between halves	5 min between halves	5 min between halves	5 min between halves	5 min between halves	5 min between halves
Ball Size	3	3	3	3	4	4	4	4	5
Current Size	3	3	3	3	4	4	4	4	5
Goal Size (Feet)	4x6	4x6	4x6	4x6	6.5x18.5	6.5x18.5	6.5x18.5	6.5x18.5	8x24
Current Size	4x6	4x6	4.5x9	4.5x9	6.5x18.5	6.5x18.5	7X21	7X21	8X24
Offside	No	No	No	No	Yes	Yes	Yes	Yes	Yes
Current	No	No	No	No	No	No	Yes	Yes	Yes

Dark font represent recommended US Youth Soccer changes

Red Font represent current NW standards

Yellow cells represent standards that may change