

CAVE SPRING NATIONAL LITTLE LEAGUE

SAFETY PLAN



Roanoke County, Virginia



Introduction / Mission

The goal of the Cave Spring National Little League's safety program is to develop guidelines that increase safety for all activities, programs, and field/park facilities through written safety procedures, training, incident reporting, Board review and enforcement of the safety plan.

A Safety Awareness Program (ASAP)

A program that promotes safety for all participants of the Cave Spring National Little League and is coordinated by the Safety Director.

CSNLL Safety Mission Statement

Our mission at CSNLL is to provide a clean and safe environment for the youth of our community to learn and enjoy the game of baseball.

Safety Director

Year: 2018

Director: Dinny Skaff

Email: vskaff@glennrob.com

Phone: (540) 353-1512

Vision Statement of the Safety Director

Provide a culture that promotes safety awareness for all Coaches, Players, and Volunteers and creates an environment which reduces injuries and needless accidents to players or volunteers.

Board Members – 2018

Name	Title	email
Kevin Slough	President	president@csnll.com
Russell Emory	Vice President	remory1979@gmail.com
Jennifer Amos	Secretary	Jennifer.amos@cox.net
Jason Booker	Treasurer	jasongbooker@yahoo.com
Dinny Skaff	Safety Director	vskaff@glennrob.com
Nathan Libassi	Player Agent	nathan.libassi@gmail.com
Whitney Davis	Fund Raising/Sponsorship	whitneypotterdavis@yahoo.com
	Special Events	
David James	Umpire Coordinator	davidj2608@gmail.com
Mike Ruth	Building & Grounds	in2leather@cox.net
Adam Ranzer	Information Officer	adamranzer@yahoo.com
	Concessions	
Ricky Lonker	Coaching Coordinator	rlonker@rcs.k12.va.us
Andrea Stepka	Scheduling Coordinator	stepkaclan@gmail.com
Matt Lee	Equipment & Uniforms	leems77@hotmail.com

Emergency Contact List / League

Name	Title	Phone
Dinny Skaff	Safety Director	(540) 353-1512
Kevin Slough	President	(540) 353-6234
Russell Emory	Vice President	(540) 798-6963
David James	Umpire Coordinator	(540) 353-1759
Shannon Sweeney	Concession Director	(540) 521-7830

Emergency Contact List / Public Safety / Hospitals / Local Government

Emergency Contact	Phone
EMERGENCY	9-1-1
Fire/Ambulance (non-emergency)	(540) 777-8701
Roanoke County Fire Marshall	(540) 777-8701
Police (non-emergency)	(540) 562-3265
Lewis Gale Hospital	(540) 776-4000
Carilion Roanoke Memorial Hospital	(540) 981-7000
Roanoke County Parks & Recreation	(540) 387-6078

What Do I Report

An incident that causes any player, coach, manager, umpire, any volunteer or any spectator to receive medical treatment and/or first aid must be reported. The term “*medical treatment*” and/or “*first aid*” should include even minor treatments in addition to 9-1-1 contacts.

When Do I Report

Within 48 hours of incident

How Do I Report

1. Call the Safety Director at the contact information listed above
2. File a report to vskaff@glenrob.com

What to Include in the Incident Report

1. Coach’s name, phone and email
2. Date, time, location of incident (include specific field location / field number)
3. Detailed description of incident
4. Full names of injured persons
5. Indicate if 9-1-1 was contacted or non-emergency numbers
6. Indicate if medical treatment and/or first aid was administered – include type of treatment (if known).

Safety email is checked daily during current baseball season.

Safety Program Guidance & Distribution

1. This safety plan will be publicly posted by CSNLL at the concession stand bulletin board.
2. This safety plan will be provided (via paper copy and/or email) to every manager or head coach of every team at every league level.
3. The safety plan will be reviewed and revised annually as applicable. The safety program will be submitted to the DA for review annually.
4. League will complete the 2018 Annual Little League Facility survey.

Criminal History Checks

1. All volunteers, regardless of position, will be required to register online at www.csnll.com and agree to a voluntary background check, rules and code of conduct expectations.
 - a. *LexisNexis* will be used to perform all background checks on all volunteers to include: Manager, Coaches, Assistant Coaches, League Board Members, Team Parents, Umpires, Announcers, Concession Stand Workers and any other adult who would have contact with players.
 - b. The standard form utilized through www.csnll.com will be used by all volunteers with a copy attached to the safety plan in conjunction with the Little League Volunteer Application for 2018.
 - c. Roanoke County Parks and Recreation will also do a secondary background check for the Manager and Coach for each team. Roanoke County will issue to all qualified manager and coaches an identification card (ID). The respective managers and coaches will wear their identification card at all practices and games.
2. Any volunteer that refuses to sign up, or refuses a background check, will automatically be disqualified from volunteering for CSNLL.
3. The CSNLL President will submit League Player Registration Data or Player Roster Data, Coach and Manager Data to the Little League Data Center. Web link: <https://lldc.pointstreak.com/>

Coaches / Managers / Volunteers Responsibility

1. Adherence to the Safety Plan is required of all players, managers, coaches, umpires, volunteers and spectators at all times.
2. At least one coaching representative per team (manager, coach or assistant coach) within the CSNLL at each league level must attend a first-aid training session, provided and approved by CSNLL.- To be scheduled in April 2018
3. Coaches must attend at least one coach's clinic per season to be eligible to coach -- provided and approved by CSNLL. -- To be scheduled in April 2018

4. All managers and coaches must complete the Concussion Awareness Program that is provided free of cost by the Centers for Disease Control (CDC). The course is internet based and can be accessed at the following site:
http://www.cdc.gov/concussion/headsup/online_training.html.
5. All reports of any injuries, unsafe field condition or if 9-1-1 is contacted, must be reported to the Safety Director at vskaff@glenncob.com
6. The Home Team Coach and Home Plate Umpire must inspect the general play areas of the field and dugouts for any safety issues prior to game time. Any concerns identified must be reported immediately to the Safety Director.
7. During the regular season, it is the responsibility of the coaches of each team to inspect their equipment and immediately report any safety concerns to the Safety Director.
8. All team equipment and bats must remain safely out of walkways and playing areas at all times.
9. All grounds improvement equipment will be monitored when in use and locked up when not in use (i.e. lawn mowers, tractors, weed cutters, heavy duty cleaners/solvents, etc).
10. Only coaching staff, press box volunteers, umpires, and players are allowed in dugouts, warm-up cages and playing areas (collectively referred to as playing areas). Any other volunteers or persons must have permission from the home plate umpire to enter playing areas (this includes professional and amateur photographers).
11. The umpires/coaches must observe and consider weather elements before and during all games. Excessive inclement weather conditions or lightning must be observed and games ended accordingly based on these events. Little League rules regarding weather must be observed and honored at all times.
12. Only umpires are allowed to freely enter active playing field areas (the field excluding dugouts, press box or other caged areas). All others must request permission from an umpire to enter an active playing field.

Player Safety

1. Instructional T-Ball & T-Ball Helmet Safety
 - a. Batters, pitchers, catchers, first base players and base runners must wear National Operating Committee on Standards for Athletic Equipment (NOCSAE) approved batting helmets with face guards.
 - b. Other players may wear helmets with or without face guards based on their skill-level and abilities determined by their team manager.

2. Minor Coach Pitch Helmet Safety
 - a. Batters, pitchers, catchers, and base runners must wear National Operating Committee on Standards for Athletic Equipment (NOCSAE) approved batting helmets with face guards.
 - b. Other players may wear helmets with or without face guards based on their skill-level and abilities determined by their team manager
3. Minor Player Pitch Helmet Safety
 - a. All batters and base runners will wear National Operating Committee on Standards for Athletic Equipment (NOCSAE) approved batting helmets with face guards.
 - b. Catchers will wear all required equipment (catcher's helmet with full mask, throat guard, full chest protector, shin guards and protective supporter and cup) during practice and games.
4. Majors Helmet Safety
 - a. All first-year players and/or 10 year olds that are batters and base runners will wear National Operating Committee on Standards for Athletic Equipment (NOCSAE) approved batting helmets with face guards.
 - b. Catchers will wear all required equipment (catcher's helmet with full mask, throat guard, full chest protector, shin guards and protective supporter and cup) during practice and games.
5. All male players playing in Minor Coach Pitch, or a league above, must wear a protective supporter and cup which will be the responsibility of the parent and/or guardian to ensure compliance.
6. Batters must bat using Little League approved bats appropriate for their league level in weight, size and length.
7. For Major League level and under, no on-deck batting allowed.
8. Pitching or hitting warm-ups must only be conducted inside the allocated cages or designated areas beside warm-up cages. Spectators and other volunteers should never enter active warm-up cages or warm-up areas.
9. Horseplay in any playing area or active playing field will not be tolerated.
10. For Major League level and under, head-first sliding is prohibited, unless immediately returning to base.
11. During practice and games, all players must remain alert to their surroundings and playing activity to avoid injury.

Preventive Safety Measures

1. Break-away bases will be used at all times on fields for CSNLL.
2. Reduced impact balls will be used by CSNLL for Instructional T-Ball and T-Ball.
3. Any player that requires glasses will be recommended to wear safety glasses or contacts.
4. Fencing, netting and fence-top covers will be inspected annually.
5. All fields for CSNLL will be assigned a first-aid kit.
6. The Board Member in charge of uniforms and equipment will be required to review all equipment annually prior to assigning to teams.
7. Games and practices should never be held if lighting on the field is inadequate.
8. Players may not wear any type of jewelry or body adornments around neck, arms or wrists at any time during practice or games.
9. CSNLL will adhere to the rules and regulations adopted by Little League International to include equipment requirements and measures to ensure player safety.
10. First Aid kit will be available at all practices and games.

Lightning Safety -- 30/30 Rule

When you see lightning, count the time until you hear thunder. If this time is 30 seconds or less, seek proper shelter. Wait 30 minutes or more after hearing the last thunder before leaving the shelter. If you can't see the lightning, just hearing the thunder is a good backup rule.

All managers will be provided additional lightning safety handouts provided by the National Weather Service.

Safety Director Responsibilities

1. The Safety Director will be registered with Little League International and keep the league updated on any safety messages that are sent out by Little League International.
2. Annually, the Safety Director will be responsible for validating and updating first aid kits.
3. Safety tips, points and reports for CSNLL will be publicly posted at CSNLL at the concession stand bulletin board.

4. All emergency information and the Safety Director's contact information will be publicly posted at CSNLL at the concession stand bulletin board.

Concession Safety

1. Concession safety will be posted inside the concession stand.
2. All applicable Roanoke County Health Department rules and regulations will be observed and honored by CSNLL for any concession stand operated on behalf of CSNLL.
3. Proper hand washing with anti-bacterial soap will be required of every concession volunteer prior to food handling.
4. A first-aid kit will be kept inside each CSNLL concession stand.
5. Volunteers must not handle money and food concurrently.
6. No volunteer under the age of 15 will be allowed to operate any type of heated equipment for cooking purposes.
7. The Director of Concessions will be required to inspect all cooking and cooling equipment prior to opening for the season.
8. The Director of Concessions will be responsible for completing, submitting and obtaining approval from the Roanoke County Health Department to conduct seasonal concessions.

Communication

ASAP Newsletter links and reminders will be sent to all coaches throughout the season by the Safety Director. Additional safety tips and notices, along with emergency contact information, will be posted publicly on the CSNLL Starkey Park Concession bulletin board.