



*It's time for  
St. James Volleyball!*

**Registration is now open!!!**

Our volleyball program is open to all interested 3<sup>rd</sup> through 8<sup>th</sup> grade girls attending St. James for the 2019-2020 school year!

**TO REGISTER:** Please register your daughter at the St. James Athletic Club website: [www.stjamespanthers.org](http://www.stjamespanthers.org) and complete all necessary forms. Payment is due at time of registration.

**REGISTRATION FEE:** 3<sup>rd</sup> and 4<sup>th</sup> grade is \$105.00 per participant.  
5<sup>th</sup> through 8<sup>th</sup> grade is \$110.00 per participant.

**REGISTRATION DEADLINES:** *ALL GIRLS MUST BE REGISTERED PRIOR TO ATTENDING A TRYOUT!* \*Your daughter will not be allowed to enter the tryouts until you have completed all necessary documents, so please make every effort to register online prior to *AUGUST 24<sup>th</sup>* to help keep tryouts running efficiently.

After *SUNDAY SEPTMBER 1<sup>nd</sup>* there will be a late fee of \$20.00 added to your registration. *REGISTRATION CLOSES ON SUNDAY SEPT 8<sup>th</sup>* at the conclusion of tryouts.



**ST. JAMES VOLLEYBALL TRYOUT  
INFORMATION 2019-2020**

**OPEN GYMS: Tues Aug 20<sup>th</sup>, Wed Aug 28<sup>th</sup> & Wed Sept 4<sup>th</sup>**

5/6<sup>th</sup> grade: 6:00 – 7:00

7/8<sup>th</sup> grade: 7:15 – 8:30

\*There are no open gyms for 3/4<sup>th</sup>.

\*Open gyms are NOT mandatory.

**TRYOUTS: Sunday Aug 25<sup>th</sup> and Sunday Sept 8<sup>th</sup>**

3/4<sup>th</sup> grade: 1:30 – 2:30

5/6<sup>th</sup> grade: 3:00 – 4:30

7/8<sup>th</sup> grade: 5:00 – 6:30

**\*\*\*Girls wanting to be considered for A teams MUST attend 2 tryouts.**

**\*Tryouts ARE mandatory.** Each player must be evaluated to be placed on a team. If there are any conflicts please email Shannon O'Connell at [stjamesvolleyball@yahoo.com](mailto:stjamesvolleyball@yahoo.com). There are NO recreational divisions in GWAC. It is a competitive league and evaluations are vital to proper placement of each participant. Every player MUST be registered prior to trying out. \*Please drop off your daughter at least 20 minutes prior to tryout time. Enter through the front doors of the gymnasium and they will get signed in and given a designated tryout # that they must wear. Players must bring knee pads, proper gym shoes and a water bottle. Pickup will be at the side doors of the gymnasium. We are on a very tight schedule and will NOT run past the allotted time. Please be sure to arrive on time for pickup. Tryouts are closed, parents are not permitted.



## ST JAMES VOLLEYBALL TRYOUT AND SEASON INFORMATION

- Teams will be announced by September 16<sup>th</sup> via email.
- We anticipate practices to begin around mid-October. Volleyball teams will have full use of our St. James gym until November 1<sup>st</sup>, when we split between St. Clares and St. James gyms due to basketball season.
- We anticipate that games will begin the first few weeks of November.
- Coaches are Virtus certified and voted on by the SJAC prior to the season.
- For the sake of players' safety, GWAC does NOT permit any jewelry to be worn during games. This includes earrings. Newly pierced ears cannot be taped or bandaged up. The earrings will need to come out before playing. Just an FYI to any player wanting to get their ears pierced!
- Important Contacts:
  - Shannon O'Connell – VB Coordinator: [stjamesvolleyball@yahoo.com](mailto:stjamesvolleyball@yahoo.com)
  - Nick Hageman – Girls Athletic Director: [hageman7800@aol.com](mailto:hageman7800@aol.com)
  - Dennis Deters – SJAC President: [deterslaw@gmail.com](mailto:deterslaw@gmail.com)

### 3<sup>rd</sup>/4<sup>th</sup> Grade Info:

Players are evaluated to ensure that there is equal skill level amongst the teams.

Teams have 2 practices a week.

Play 8 league games. Games are usually on the weekends, but always a possibility of a weeknight game.

Teams are allowed to play up to 2 tournaments.

### 5<sup>th</sup>/6<sup>th</sup> and 7<sup>th</sup>/8<sup>th</sup> Grade Info:

There are 3 levels of teams: A, B1 and B

Teams have 2 practices a week.

Play 10 league games. Games are usually on the weekends, but always a possibility of a weeknight game.

Teams are allowed to play up to 3 tournaments.