

PVYA Sit-Out Form

For each sit-out required of a parent, player or coach the team coach must print this card, fill in the information requested, present it to the opposing coach for his/her signature at the following game, email to judicialcommittee@pvya.com within 48 hours of the sit-out.

Failure to submit a sit-out card on time will result in referral to the Judicial Committee for further action.

This is to certify the following sit-out:

Parent, Player/Coach Name _____
Jersey Number _____
Age Group _____
Date sit-out served _____

This sit-out is in response to: (circle one only)

1. Ejection on _____ date _____ field
2. Violation of Zero Tolerance Policy towards officials
3. Accumulated Points
4. Judicial Committee Action

Sit Out Coach _____
Signature Printed Name

Opposing Team _____
Signature Printed Name

Note: Do not give this card to the referee Please retain a copy and email within 48 hours of the sit-out