



As our understanding of COVID-19 and best practices changes, so might the following. In this guide, you'll find all the ways PVYA is working to minimize the risk of COVID-19 exposure, in accordance with CDC, Maryland State and Frederick County Guidelines. However, it's important that participants, parents/guardians, staff, and friends realize that we cannot guarantee that there will be no exposure to COVID-19.

HEALTH SCREENING: Prior to arrival, we request that participants screen for symptoms of Coronavirus on a daily basis. A full list of symptoms can be found on the CDC website. If you or your child is exhibiting symptoms, has been in close contact with someone that has COVID-19 (or is displaying symptoms), they will be advised to home isolate and may return to our programs after 14 days of having no symptoms.

WHAT TO BRING: Face coverings will not be required during match play; however, when participants are in a shared space or unable to physically distance (such as the bathroom, or spectator area) we will require all to wear a face covering. All coaches, spectators and friends must wear a face covering if they plan to attend match. Please use the CDC's guidelines for cloth face coverings as a resource in your decision-making. **Equipment:** To limit sharing of equipment, we ask that all players provide their own personal items (water bottles, hand sanitizer, face covering) that is clearly labeled with their names.

PRECAUTIONS AT THE VENUES: In consideration of the health and safety of our staff and participants we ask that player's personal items and belongings are kept separate from others and not shared.

ROSTERING: To limit the size of groups, each team will have no more than 10 players and no more than 2 coaches (1 head and 1 assistant). To accommodate this, certain leagues will need to modify gameplay to 7v7 (soccer and field hockey). **SCHEDULING:** To avoid congregation on the fields and parking lots, all leagues will schedule 10 minutes between the end of each game or practice and the start of the following game. Teams should take no longer than 5 minutes to gather their belonging and vacate the field and facility

REFUND POLICY: If a participant is unable to continue in a program due to illness or exposure related to Covid-19, they will receive a credit that is pro-rated based on the number of days that is missed of said program(s).