

# WJW-WJT

## Football



## 2019

# Parent Handbook

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## **Mission Statement/Philosophy**

The philosophy and purpose of the Organization is to provide an atmosphere for children to be involved in football and cheerleading. In these programs, they will be given an opportunity to learn all the fundamentals of the sport through proper instruction and adult supervision. The Organization will also promote and foster the community ideals of good sportsmanship, honesty, loyalty, courage and integrity through supervised competitive sports. It shall be the

philosophy of the Organization that the attainment of exceptional individual athletic skills or winning of games is secondary. Of primary importance are the development of character and true sportsmanship in youth and the promotion of friendship and civic responsibility among children, youth and adults.

## **Contact information**

### **Official mailing address**

Webster Junior Warriors/Junior Titans  
P.O. Box 302  
Webster, New York 14580-0302

## **WEBSITES**

Here you will find helpful information about our organization, along with game reports, events, photos and much more. Be sure to check the website often for the latest news, and be sure to visit our Sponsor's page.

**WJW-WJT** Website: [www.WJW-WJT.org](http://www.WJW-WJT.org)

The WEBSTER JR. WARRIORS/JR. TITANS WEBSITE maintains information about the organization, critical documents, newsletter, contact information, news and events, account access, sponsorship information, and much more. Please feel free to visit <http://www.wjw-wjt.org/> for all the latest up to date information.

**RYFC** Official League Website: [www.RYFC.org](http://www.RYFC.org)

The Rochester Youth Football and Cheerleading League has a website that provides a variety of information including game schedules, scores, and other events. Please feel free to visit <http://www.ryfc.org/>.

# **Expectations for a Successful Season**

## ***Parent Participation***

The WEBSTER JR. WARRIORS/JR. TITANS is a 100% volunteer organization, and in order for the program to be successful, we must have shared participation by all parents/guardians of the children involved. To illustrate the effort required, approximately 60 parent participants are needed throughout the day for just one of our home games.

The WEBSTER JR. WARRIORS/JR. TITANS requires all parents/guardians to help with the many duties required to run the program.

## ***Game Day Duties***

All parents/guardians (ages 18 and older) will be required to complete at least four volunteer commitments, per participant, on game days throughout the season. However, if your circumstances do not allow you to contribute your time, please see one of the Board Members to see how we can assist you in meeting your obligations.

Everyone is expected to pitch in to keep our facilities clean and neat at all times, and to help with any clean up.

All parents/guardians will be given an opportunity to sign up for their preferred volunteer assignments during registration and when equipment is distributed just prior to the start of training camp.

All parents/guardians will be given a 2nd opportunity to sign up for their volunteer assignments during the first two weeks of training camp. This can be done by contacting your Team Manager.

After completion of the second week of training camp, all parents that have not signed up for their required volunteer assignments will be assigned to the remaining game day duties.

## ***Game Day Responsibilities***

### ***GAME DAY DUTIES***

**Announcer, Concessions Crew**

**Booth Spotter, Chain Gang**

**Time Keeper, Team Manager**

**Videographer, Medic**

**Field Spotter, 50/50 & Clean-Up**

**Field Monitor**

**Announcer** - resides in booth and introduces the players, makes safety and league announcements, calls the action during the game. Ideally, same parent for entire season.

**Booth spotter**- resides in booth and identifies players involved in the play to assist the announcer in calling the action. Binoculars recommended. Also plays pre-game/halftime and post-game music.

**Time Keeper** -resides in booth and starts and stops the clock at the direction of the officials on the field. Ideally, same parent for entire season.

**Video** - resides in booth and operates video camera to record the game. Ideally, same parent for entire season.

**Field Spotter** - stands on the sideline during the game and assists the opposing teams monitor with identifying our players.

**Field Monitor** - stands on the opposing teams sideline and monitors their minimum play adherence.

**Concessions Crew** - spends approximately 2 hours working either counter or grill during the game.

**Chain Gang** - stands on sideline and moves the chain and down marker up and down the field at the direction of the officiating crew.

**Team Manager** - This is a full season commitment position. You act as the liaison between the coaches, organization and the parents to assist in distributing hand-outs & coordinating events.

**Medic** - This is a practice and game commitment that requires league provided training. You provide basic medical services to any player who may be injured during practice or games.

**50/50 & Clean Up** - This volunteer works the crowd before and during the game selling 50/50 raffle tickets and upon completion of the game makes a pass along the bleachers aiding in post-game clean-up.

## **Notification of Game Day Duties**

A list of game day assignments for the upcoming game will be given in an email from your team manager. If, for whatever reason, you cannot satisfy your participation commitment for a particular game, it is *your* responsibility to find a suitable replacement and to notify your Team Manager.

## **Consequences of non-participation**

In order to ensure that all volunteer commitments are met the following consequence for noncompliance is in place.

***If any parent/guardian is absent from a game day assignment, their child may not be allowed to participate in that day's game. For parents whose assignments are after their child's game that day, the consequence may be carried forward to the next week's game.***

## **Communications -*E-Blasts and Newsletter***

The WEBSTER JR. WARRIORS/JR. TITANS will publish a newsletter available on our website. This newsletter will provide you with information about upcoming activities including:

- Information about changes to practice or game schedules.
- Apparel and other accessories

**E-Blasts-** We will send out email blasts to the whole organization to let everyone know pertinent information.

### ***Parent Feedback***

It is the goal of the WEBSTER JR. WARRIORS/JR. TITANS to provide a fun and rewarding experience for your child. We encourage your positive, constructive suggestions. The Board of Directors is committed to continually improving upon the fine WEBSTER JR. WARRIORS/JR. TITANS tradition.

In order to ensure that your questions, concerns, comments, or suggestions are addressed by the people that are directly involved, we ask that you follow the following line of communication:

#### **1<sup>st</sup> Action - Head Coach**

If you have a question, concern, comment regarding a specific team related issue, please speak directly to the Head Coach of that team first. In order to respect the effort required at practice and on game day, we ask that you speak with the Head Coach before or after practices, and not during practice or on game day. Please honor the “24-hour rule” when discussing an issue with a coach after a game.

#### **2<sup>nd</sup> Action - Director of Football (Blue, White)**

If you feel that the Head Coach was unable to help you, you should then speak to the Director of your respective Color. You should also speak with the Director of Operations for any organization items that aren't related to a specific team.

#### **3<sup>rd</sup> Action – Football Vice President**

If you feel that the Director was unable to help you, you should then speak to the VP of Football or Cheer for the team that your child participates on.

#### **4<sup>th</sup> Action – Board of Directors**

If, at this point, your question, concern, comment, or suggestion has not been addressed to your satisfaction, you should feel free to bring the matter to any member of the Board of Directors.



## **Expected Behavior**

The WEBSTER JR. WARRIORS/JR. TITANS and the Rochester Youth Football and Cheerleading League (RYFC) are committed to promoting the proper ideals of sportsmanship, ethical conduct, and fair play at all Team and League activities. Both organizations will oppose instances and activities which are not centered on the best values of athletic competition in order to ensure the well-being of all youth athletes. We will expect acceptable standards of good citizenship and proper regard for the rights of others.

### ***Parent/Guardian Behavior***

The WEBSTER JR. WARRIORS/JR. TITANS do not hold “try-outs” or cut any child from the program. For some, this is the first time they have ever played contact football or participated on a cheerleading squad. Our goal is for every child to learn the fundamentals of football or cheerleading while enjoying a great athletic and teamwork experience. The goal of this program is not simply to win games, but to promote a family atmosphere that makes the whole experience both fun and satisfying for players and spectators.

You will find it easy to get caught up in the excitement of the game. However, we ask that you remember that this is not the NFL, collegiate, or even high school football. Please keep your comments positive and encouraging. We ask that you set a positive example for the children.

The coaching staff has a very difficult job. They are not compensated in any way. Not all plays will work, not all calls will be good. Many of the coaches are learning new skills. We ask that you shout your encouragement and keep the negative comments to yourself. The coaching staff works very hard for your child, and they need as much encouragement from you as possible

## ***WJW-WJT Parent/Guardian Code of Conduct***

WJW-WJT believes that the essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship.

### **Parents/guardians therefore agree to the following:**

1. I will not force my child to participate in sports.
2. I will remember that children participate to have fun and that the game is for youth, not adults.
3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
4. I will learn the rules of the game and the policies of the league.
5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other event.
6. I (and my guests) will not engage in any kind of unsportsmanlike-like conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.
7. I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
9. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex, or ability.
10. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
11. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
12. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
13. I will emphasize skill development and practices and how they benefit my child over winning. I will also de-emphasize games and competition in the lower age groups.
14. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
15. I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.

16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events.

17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official WJW/WJT approved coaches of the team.

## **Consequences**

Parents should understand that if they fail to abide by the aforementioned rules and guidelines, they will be subject to disciplinary action that could include, but is not limited to, the following:

- Verbal warning by official, head coach, board member and/or head of league organization
- Written warning
- Parental game suspension with written documentation of incident kept on file by organizations involved
- Game forfeit through the official or coach
- Parental season suspension

## ***Child Participant Behavior***

- Use of foul language will not be tolerated.
- Misconduct at practice or during a game will not be tolerated.
- Misconduct in the parking lot before or after practices and games will not be tolerated.

Rochester Youth Football and Cheerleading League's Youth Athlete Code of Conduct:

### **It is the responsibility of the player to:**

- Demonstrate self-control and respect for their coaches, officials, and spectators at all times.
- Remember that participation in sports should not be abused by unsportsmanlike-like conduct.
- Respect the other team and shake hands after the competition and congratulate them on their performance.
- Respect the integrity and judgment of the officials.
- Remember that behavior while in uniform reflects on the team, the family, and the community.
- Understand and abide by the rules.
- Accept winning and losing with grace and dignity.
- JUST SAY NO to drugs, alcohol, and tobacco.

## **Consequences**

Child participants should also understand that if they fail to abide by the aforementioned rules and guidelines, they will be subject to disciplinary action that could include, but is not limited to, the following:

- Verbal warning by official, head coach, board member and/or head of league organization
- Player/Cheerleader game suspension with written documentation of incident kept on file by organizations involved. This may be levied by a players Head Coach or the Board of Directors.
- Game forfeit through the official or coach
- Player/Cheerleader game/season suspension

## ***Tobacco and Alcohol Policy***

- The use of tobacco/alcohol is prohibited at any function at Boulter Field or on the Webster Central Schools campus. New York State mandates that the school campus be tobacco free. This includes smokeless or chewing tobacco products as well.

## ***Pets***

- Dogs, cats, or any other pets are **not allowed** at WEBSTER JR. WARRIORS/JR. TITANS games and practices per Webster Central School District policy.
  - The policy states “based upon the district’s obligation to limit the use of school facilities to educational purposes, and concerns related to maintenance costs and hygiene, as well as to help maintain safe and healthy conditions for the students, staff, and visitors to the Webster Central School District, it is deemed a violation of district policy for any individual to bring a dog or other animal onto school grounds.”
  - As a courtesy to our hosts, we ask you not to bring pets to our away games.

## **Preparation for the Season**

### ***Coaches***

#### ***Certification***

The American Youth Football and Cheerleading League instituted new policies (2012) that require all coaches be certified (see RYFC updated rules). RYFC mandates all coaches and helpers obtain certification by USA Football's Heads Up Program, which teaches proper fundamentals to ensure safety. The coaching staff also participates in various clinics specific to football or cheerleading. Many of our coaches have been involved in the off season in various clinics including a coaching certification held at St John Fisher College. Coaches are also asked to keep current by reading various youth sports books and literature.

#### ***Equipment Distribution***

The WEBSTER JR. WARRIORS/JR. TITANS provides most of the equipment necessary for football players and cheerleaders. This equipment will be distributed in June or July.

Please check the website [www.wjw-wjt.org](http://www.wjw-wjt.org) for the exact dates and times, dates are subject to change!

- Equipment distribution will occur at the WSA Indoor Soccer Complex. This is located adjacent to the Hockey Rink within the Boulter Field Complex. June 24-25, 2019
- At least one parent/guardian must be present to ensure that all the required documentation is in order. THE CHILD PARTICIPANT CANNOT START PRACTICE UNTIL ALL PAPERWORK IS COMPLETE. Therefore, equipment will not be provided until all paperwork is complete.
- The child participant must be present to ensure the proper equipment fit.
- Please bring some type of bag (i.e., plastic grocery bag) to make it easier to carry some of the equipment.
- To completely ensure the proper equipment fit, please have your child try on all equipment at home before the first practice session. If something does not fit, please let your Head Coach know or contact the Football Director or Equipment Director.
- Football players are responsible for supplying their own practice jersey, football cleats, girdle, and protective cup. In the event that the supplied mouth guard is lost or damaged and needs to be replaced, the Player is responsible for any replacement mouth guards.
- Child participants are not allowed to wear pierced earrings, watches, or jewelry of any kind during practices and games. Tape and adhesive bandages are not allowed over pierced earrings. EXCEPTION: Medical I.D. is allowed, but must be taped to the body.

## **Practices**

- Practices for Tackle football and Flag football will be held on the Semmler fields at the Webster Schroeder campus. You will be notified about the specific fields no later than at equipment distribution.
- The WEBSTER JR WARRIORS/JR TITANS are not affiliated with the Webster Central School district. We are allowed to use the practice fields as a favor.
- Tackle and Cheer Practice sessions in August will be held on Monday through Thursday from 6:00 – 8:30 PM, until the second or third week, when practices change to 6:00 – 8:00 PM due to an earlier sundown, unless otherwise noted.
- Flag Practice sessions in August begin the Third week and are Tues, Wed, Thurs, from 6:30 – 7:45 PM.
- After Tackle games start Labor Day weekend (first weekend in September), Tackle and Cheer practice sessions will be held on Tuesday and Thursday evenings from 6:00 – 8:00 PM and Saturday mornings from 8:30 – 10:30 AM. Flag practice sessions will be Tuesday and Thursday 6:15 – 7:35 PM.
- Later in the season, as daylight dictates, the hours of the practice sessions may change. If a change occurs, you will receive notice in the weekly newsletter.
- Players must be at the practice field at least 15 minutes before the start of practice.
- If you must leave practice, please be punctual when picking up your child. Practice will end on time. Practice may end early in case of inclement weather, so please be prepared.
- If, for any reason, the Webster Central Schools cancel all after-school activities, or if WCS closes the fields, the WEBSTER JR WARRIORS/JR TITANS will not practice.

## **Weather**

- The WEBSTER JR WARRIORS/JR TITANS will practice and play in the rain, snow, heat, and cold.
- If the weather conditions are questionable at the start of practice, the Executive Committee of the Board of Directors will determine if practice will be cancelled within the first 15 minutes of any scheduled practice.
- If it begins to thunder and/or lightning, practices and games will be stopped immediately and the players/cheerleaders will need to be brought in to vehicles, since we do not have access to the school facilities. After a 30 minute delay with no thunder and/or lightning we will resume practice. If weather conditions continue the WEBSTER JR WARRIORS/JR TITANS Board of Directors will make the decision whether to cancel games or practice.
- You are responsible for picking up your child following such cancellations. If the weather conditions are questionable at the start of a game or a practice, you need to stay at practice instead of dropping off your child.

## Absences

- Football is a sport that require a significant amount of practice to ensure the safety of all participants. Therefore, unexcused absences will not be tolerated.
- Each participant will be allowed two unexcused absences in the month of August. After the third unexcused absence, the participant may be removed from the WEBSTER JR. WARRIORS/JR. TITANS roster.
- Each participant will be allowed two unexcused absences once the season starts (September/October). After the third unexcused absence, the participant may be removed from the WEBSTER JR. WARRIORS/JR. TITANS roster.
- A note from a parent/guardian explaining an absence from practice is required and should be presented to the Head Coach. Otherwise, the absence will be considered unexcused.
- The only acceptable excuses for absences are illness, injury, school or religious function or family emergency. Family emergency constitutes as an accident, death, or serious illness in the family.
- Participants must complete a minimum of four hours of practice (two sessions) during the week prior to every scheduled game. This rule applies whether or not the absence is excused or unexcused. Otherwise the participant will *not be allowed to participate* in that week's game. Warm up prior to a game does not constitute as a practice session!
- Habitual lateness during the season may result in reduced playing time, or ineligibility to participate in the scheduled games.
- It is the Head Coaches discretion to play a player who has missed multiple practices in the week approaching a game.

## Conditioning

- The first four practice sessions are reserved for conditioning drills only.
- The Rochester Youth Football and Cheerleading League requires that every child complete ten hours of conditioning drills *before* they participate in any football contact drills or cheerleading stunts.
- Football players are required to wear their helmets, molded cleats, and t-shirts for conditioning week. No other equipment may be worn for this conditioning week.

## Regular/contact practice

After completion of ten hours of conditioning, football players may start contact drills. Football players are required to wear all of their equipment from this point on, unless specified differently by the Head Coach.

## **Mandatory Player/Cheer Certification**

- A representative from the Rochester Youth Football and Cheerleading League (RYFC) will visit our practice session in August to **certify all players and cheerleaders**.
- More details regarding this event will be given in the weekly newsletter available on our website, please visit the website [www.wjw-wjt.org](http://www.wjw-wjt.org) for the specific date of this visit.
- All paperwork will be reviewed to ensure that it is complete. The paperwork that will be reviewed includes the RYFCL player/cheerleader contract, a copy of the child's birth certificate, child's photo, and the child's physical (medical release) form.
- **The league representative must meet your child and review all completed paperwork. Therefore, it is very important that your child be present on this night.**
- Additionally, the football players must be weighed by the league representative at this time to ensure that they are within the guidelines of the team for which they intend to participate, per RYFC rules. (see RYFC.ORG for complete rules and updates)
- **If your child is not present, certification cannot be completed and your child will not be able to participate in games during the season.**
- Every effort must be made for all participants to be present for this mandatory certification. It is *extremely difficult* and time consuming to make alternate arrangements. However, if the situation cannot be avoided and your child is not present at "certification night", it will be *your responsibility* to work with your VP of Operations to make other arrangements *in advance*.

## **Regular Season**

### **Scrimmages**

In August, scrimmages will be held at the Boulter Field Complex, or at other league fields. Details for scrimmages will be given in the weekly newsletter and on our website, please visit the website [www.wjw-wjt.org](http://www.wjw-wjt.org) for the specific calendar dates of these scrimmages.

### **Game Day**

All games are played on Saturday nights and Sunday afternoons unless noted otherwise. Please visit the website [www.wjw-wjt.org](http://www.wjw-wjt.org) for the specific game dates, locations and times.

- The C game will start at 10am. B-Team and A-Team game time starts are approximate because they begin immediately following the previous game.
- Football players must be at the game field 1½ hour before the start of the game. Weigh-ins will occur approximately 1 hour before the start of the game.



## Home Game Location

- Most WEBSTER JR WARRIORS/JR TITANS home games are played at our home field, the Boulter Field Complex located behind 865 Publishers Parkway. See the organization schedule on the website for locations and times for all games.
- If the football field is excessively wet, a determination will be made on whether the game will be moved, postponed or cancelled prior to game time. In the event that the game is moved to an alternate field we will provide information as soon as possible.

## Away Game Locations

WEBSTER JR WARRIORS/JR TITANS away games will be played at various locations. Information and maps can be found on our website, please see your coach or visit the website [www.wjw-wjt.org](http://www.wjw-wjt.org) for the specific schedule and links for away games.

## Playing Time/positions

Our organization utilizes a “fair play” philosophy, which is not the same as “equal play”. All players will not play the same amount of time during a game and they will not play in all positions. The coaches will assess the players at the beginning of the season, continue to assess them as they develop during the year and place them in positions where they will be safe and can best contribute to the team.

Playing time is determined by each coaching staff and is impacted by multiple factors: an individual player’s emotional and athletic development, preparedness, practice effort, attendance, the game situation and, most importantly, safety. There is a large variance in the development of the boys at each tier and each develops at a different pace.

- The Rochester Football and Cheerleading League requires that each eligible football player play a minimum of 7 plays during each half of the game.
- The plays of every eligible football player are monitored by representatives from each team during the game to ensure compliance with the 14-Play Rule.
- All efforts will be made by the Coaching Staff to provide additional play time and opportunities for each player as safety and game situations allow.
- Playing time and position assignments are at the discretion and judgment of the team's Head Coach.

## ***Medical Facilities and Special Needs***

If your child has any special medical needs (i.e., asthma, allergies, contact lenses, etc.), please be sure that your child's Head Coach and medic are informed.

## **Injuries**

- Football and cheerleading are rigorous physical sports and therefore there is a risk of injury for all participants.
- Please promptly report every injury, regardless of how minor, to a member of your child's coaching staff and to the medical staff. It is necessary for the WEBSTER JR. WARRIORS/JR. TITANS to complete and file an Injury Report form.
- It is the responsibility of the parent/guardian to ensure that any injury is reported to the WEBSTER JR. WARRIORS/JR. TITANS and that the required reports are completed. Otherwise, insurance coverage may be denied.

## **Secondary Insurance**

- The Rochester Youth Football and Cheerleading League provides its members with medical insurance for all injuries associated with participation in the football and cheerleading programs. The League's medical insurance is considered secondary coverage. The medical insurance of the parent/guardian is the primary coverage.
- The League's medical insurance has a \$500 deductible.
- If you should have to file a claim, you must file it with your own medical insurance carrier first. After this primary insurance has paid, the League's medical insurance will go into effect. It is your responsibility for paying the remainder of the medical bill after the primary insurance payment. If approved, the League's insurance will reimburse you for the remainder less the \$500 deductible.
- To file a claim with the League, please give an original of the medical bill to the Head Coach. You may have to ask the medical service provider for two copies of the bill.
- It is your responsibility to contact the child's primary-care physician before going to the emergency room, if this is required by your insurance provider.
- If you do not contact your child's primary-care physician and your medical insurance denies your claim because you did not follow the proper procedures, you run the risk that the League's medical insurance will also refuse coverage.
- You have one (1) year from the date of injury to file a claim.

## Equipment Responsibilities

- The WEBSTER JR. WARRIORS/JR. TITANS provides most of the equipment necessary for football players and cheerleaders.
- **Absolutely no** changes or modifications are allowed to WEBSTER JR. WARRIORS/JR. TITANS Equipment without **prior** approval from the Football Director.
- It is the responsibility of the parent/guardian for the care of all equipment provided. This includes the proper laundering of all clothing.
- Please follow laundering instructions on all uniforms. Please do not use chlorine bleach on the uniforms. Instead, mix some dry automatic dishwasher soap with Clorox 2 and apply the paste to difficult stains. Wash later.
- It is the responsibility of the parent/guardian for the return of all equipment provided.
- All cleats must be the plastic, molded-sole variety. Metal or screw-in cleats **are not allowed** per RYFC regulations.
- The parent/guardian will be responsible for paying the replacement cost of equipment that is not returned. **Replacement cost of football equipment\*\*\***

**Helmet \$275**

**Shoulder pads \$85**

**Rib Vest \$35**

**Game Jersey \$85**

**Game pants \$65**

**Practice pants \$35**

**\*\*subject to change**

# Appendix A: WJW-WJT Season Logistics

*Intended to give new families an idea of a usual season calendar. Actual dates may vary. See website for updates.*

## JANUARY

## FEBRUARY

- Returning Family Online Registration ➤ Recruitment flyers to WCS schools K-6
- Registration Night – Returning families ONLY – Spry Middle School ➤ New Family Online Registration opens beginning of March

## MARCH

- New family Registration begins

## APRIL

- New Family Orientation- New families ONLY - Willink April 25th

## MAY/

- Teams Rostered

## JUNE

- Equipment Handout – WSA Indoor Facility

## JULY

## AUGUST

- AUG 1st, no contact, helmet only First 2 days, Then Helmet and Shoulder pad for 3 days,
- Tackle Football & Cheerleading practice\*\* begins M/T/W/TH 6-8:30PM -Schroeder High School
  - *\*\*Practice attendance is important for all teams and squads all season, plan accordingly. Unexcused absences may result in reduced playing time and/ or non-participation in games, or removal from the roster.*
- 3<sup>rd</sup> week: Flag Football –Schroeder High School --practice begins T/W/TH 6:15-7:30PM ; Scrimmages ➤ **Mandatory RYFCL Certification\*** Participants must be present. Time and day will be announced via email and on website. *\*If your child is not present, certification cannot be completed and your child will not be able to participate in games during the season.* ➤ Also in August: Ice Cream Social, Yolicikity Fundraiser...

## SEPTEMBER

- Labor Day Weekend: Off
- Games most weekends ➤ School Begins: Tackle Football practice goes to T/TH 6-8PM SAT 8:30-10:30 AM, Flag Football practice goes to T/TH 6-7:15 PM
- Flag football games: most Sunday mornings –Boulter Field

## OCTOBER

- Third Weekend weekend in October: Flag football year-end Cider and Donuts Celebration w/Trophy Awards
- Tackle Games most weekends
- Senior Bowl for Flag Football – Boulter Field
- RYFC Tackle Football playoffs held during the last 2 weekends of October
- Parent Survey

## NOVEMBER

- Equipment Hand-in for Football and Cheerleading – Boulter Field
- WEBSTER JR WARRIORS/JR TITANS teams Parties.