

# CATOCTIN YOUTH TRACK AND FIELD MEET

Attendance by Invitation Only

Date: Sunday, April 18, 2021  
Location: Catoctin High School  
Registration: Online Only – Athletic.net  
Coaches Meeting: 8:30 a.m. Volunteer Meeting: 8:45 a.m.  
Entry Fee: \$10.00 per athlete  
Meet Starts: 9:00 a.m. Field Events / 1:00 p.m. Track Events  
Age Groups: 7/8; 9/10; 11/12; 13/14; 15 (8<sup>th</sup> grade)

Age determined as of 12/31/2021

**Two Calls** - "1st Call; 2nd Call" - Calls will be by Age (Ex: 8 & Under, etc.)

## **# of Events:**

All age groups three (3) events.

**Awards:** Ribbons for Top Six Finishers!

**Spikes:** No spike nail can be longer than ¼".

**Concession:** **No Concessions will be sold.**

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## **Running Events:**

Track Events Begin at 1:00 p.m.

1. 3000 M Run: 11/12, 13/14, 15
2. 80 M Hurdles: (8 @ 30") 11/12
3. 100 M Run: 7/8, 9/10, 11/12, 13/14, 15
4. 200 M Run: 7/8, 9/10, 11/12, 13/14, 15
5. 800 M Run: 7/8, 9/10, 11/12, 13/14, 15
6. 100 / 110 M Hurdles: B 13/14 33", G 13/14 30", G 15 33", B 15 39"
7. 400 M Run: 7/8, 9/10, 11/12, 13/14, 15
8. 1500 M Run: 7/8, 9/10, 11/12, 13/14, 15

## **Field Events:**

Field Events – 9:00 a.m. -1:00 p.m.

1. Shot Put: 7/8, 9/10, 11/12, 13/14, 15
2. Long Jump: **OPEN PIT**
3. High Jump: 13/14, 15, 9/10, 11/12

**All Must Follow Covid-19 Guidelines**

**Non-athletes: Face mask must be worn at all times.**

No parents will be allowed on the infield of the track. Only coaches and volunteers will be allowed on the infield.