



**Safe Practices: Hygiene, Sanitation and Illness Policies
Guidelines for JSB Board Members, Coaches, Players and Volunteers
Based on recommendations by the State of NH, CDC and OSHA**

FOR BOARD MEMBERS

1. Screen all players, coaches, volunteers before each practice and game for COVID-19 related symptoms.

2. Implement workplace cleaning and disinfection practices:

- Coaches leading training sessions shall keep hand sanitizer with team equipment.
- Sanitize shared equipment at the completion of sessions.
- Players' parents/guardians sign participation waivers outlining the additional risks due to COVID-19.
- All mouth-based activities traditionally encountered with sports shall not be allowed (including, but not limited to spitting, chewing gum, licking fingers, and chewing/spitting sunflower seeds).
- Supply coaches with trash bags to bring to sessions and remove all garbage following each session.
- Make sure coaches sanitize baseballs/softballs in sanitizing units.

3. Mitigate exposure with social distancing guidelines:

- Groups of 10 during Phase 1; Groups of 50 during Phase 2.
- Keep groups together throughout a session; do not intermingle participants from separate groups.
- All training sessions/classes shall take place outdoors.
- Training sessions/classes shall be planned and developed to maintain the minimum six feet of physical distance between all participants and coaches. In circumstances where this is not possible, coaches shall wear face masks as outlined by the CDC.
- Teams shall remain in the organization's home state until government guidelines allow for interstate travel.
- Players will sit and leave equipment in designated areas. Protective fencing for players and coaches will be available during Phase 2.
- During Phase 1, only coaches and players will be allowed in the field area. There will be designated parking areas for parents. During Phase 2, spectators will be allowed to stand six feet from the designated playing area (which includes fencing), following social distancing guidelines.
- Staff and other volunteers should not transport any athletes that are not immediate family members. In the event, that this becomes necessary, all parties must wear cloth face coverings and space out seating to maintain maximal distance from each other.

JSB Board should work with local health department and state officials when needed to monitor and trace cases of COVID-19. In all cases, they should work in a manner to ensure privacy rights.



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BOARD MEMBERS CHECKLIST

(Team Parents may eventually assume these tasks)

- Collect waiver before a player's first practice.**
- Screen all players, coaches, volunteers before each practice and game for COVID-19 related symptoms. (Please wear a mask during this screening period).**
- Players and coaches must maintain six foot distance as they wait to be screened and enter field.**
- Make sure coach has team-issued hand sanitizer.**
- Make sure coach has trash bag to collect trash and dispose of it.**
- Make sure players and coaches are in no groups larger than 10.**
- Make sure player equipment is put in designated areas and spaced out six feet.**
- Make sure coach will sanitize bucket of balls after practice.**
- Remind coach to make sure assigned groups stay together and do not intermingle at any point during practice.**
- Make sure dugouts are not used.**
- Make sure parents are in parking lot if they stay and not near field in Phase One.**
- Make sure parents are six feet from playing field (including foul ground) in Phase Two.**