



Hitting Clinic

Teaching the fundamentals of the proper swing, hand placement and leg drive

Instructor:

Jim Orsag: Played in MLB with Boston Red Sox & Cleveland Indians. Played college ball at Univ of Illinois. Formerly, an instructor at Triple Crown Academy in Schererville IN for baseball & softball. Over 28+ yrs experience from high school to professional.

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Dates: Jan 7th, 21st, 28th

Time: 12:30-1:45pm **Location:** Highland High School-Blue Gym

Cost: \$50

****NOTES****

- Must be paid in full by Jan 7th, (Cash or Check); Checks made out to HGS
 - Sign Up deadline is Jan 5th / Limited to the first 20 girls / 1st come, 1st serve
 - Call or email Dave Rivera to reserve your spot: 219-746-3341 or allstarcoordinator@highlandyouthsoftball.com Minimum 10 girls to hold clinic
- Bats & helmets are required for certain drills. Limited number of helmets will be available.