



Christ the King HS Community Field Hockey Team

DO I NEED EXPERIENCE TO PLAY

NO! We have super enthusiastic coaches who will teach the girls the game!

TEAM DETAILS:

This is a community interscholastic club Field Hockey team managed by Charlotte Ambush Field Hockey Club and hosted by Christ the King High School. The team will be a “starter” JV team.

Cost:

- \$250 for the season.
- You can pay all at once or use a payment plan option.
- This cost covers all the nuts and bolts that it takes to run a sports program - coaches, umpires, field space, EMTs, equipment, etc.
- Please contact Sarah (Coach K - info@charlotteambush.com) regarding need based scholarships.

Season Dates:

JV - July 29 - October 19 (End of Season Tournament)

Practice Information:

Practice will be Monday/Wednesday/Thursday at CTK practice field 5:15pm-6:45pm. We will have 5 games during the season and they will be on Tuesdays or Thursdays. Please plan for a 3 day a week commitment including practices and games.

Head Coach: Will announce as soon as we have the i's dotted and t's crossed.

Assistant Coach: Krista Ryan

What do I need to start playing Field Hockey?

- A Stick
- Eye protection (required for school teams)
- Field Hockey Shin guards (we recommend the hard kind)
- Mouthguard
- Cleats or turf shoes recommended

Where can I purchase Field Hockey supplies?

You can get some of these things at the local sports stores, but the best place to get them is through Aerial Field Hockey. The owner is super nice and very knowledgeable about the game and what you will need.

Call/Text: 704-650-1138

email: aerialFH@gmail.com

Website: <http://www.aerialfieldhockey.com/>



Where do we start?

Go to Ambush website and register ASAP! Hoping to have registration complete by **June 15**.

WWW.CharlotteAmbush.com > Club Programs > Fall 2019 Programs > Christ the King

For more information: Contact Terry Loeb at (Terry@CharlotteAmbush.com)

Charlotte Ambush is a 501-c3 Non-profit organization. Go to www.CharlotteAmbush.com for more information.