WELCOME ABOARD

The Paseo Verde Little League (PVLL) provides an opportunity for all children to learn the lifetime skills of leadership, sportsmanship, and teamwork through playing the great game of Little League Baseball. As a parent you play a vital role in your child's baseball experience and so we have created this manual to help and guide you through the regular baseball season. While we cannot anticipate every question but we hope that this manual will give you the basics necessary to have a successful season as a parent/volunteer in the PVLL.

VOLUNTEERING

The Paseo Verde Little League is entirely a volunteer organization. Our league depends on adults like you to organize and conduct every aspect of our organization. Not only do adults serve as administrators, volunteer coaches, team parents they also help with field maintenance, fund-raising, concessions, and numerous other special projects.

Your willingness to exchange your time and effort for your child’s benefit and enjoyment is very important to the functioning of the PVLL. Cheering your daughter or son on from the stands is one important way to be involved, but we invite you to do even more by volunteering to help run the Paseo Verde Little League baseball program.

Without a doubt, the Paseo Verde Little League is a family affair that gives parents and children a common ground for spending time together. Whether you are coaching the players, selling popcorn to the fans, or bringing snacks for the team after the game, your family will enjoy being a part of the PVLL. Most of all, your child will appreciate the benefits of your enthusiasm and involvement in his or her activities.

When winning is kept in perspective, there is room for fun in the pursuit of victory or more accurately, the pursuit of victory is fun. With your leadership the Paseo Verde Little League can help your child learn to accept responsibilities, accept others and most of all, accept her - or himself.
PVLL BOARD

The Paseo Verde Little League Board is made up entirely of volunteers. The board’s primary responsibility is to maintain and manage the league as per their Charter issued by National Little League.

The board is broken up into an Executive Board (President, Vice-President, Treasurer, Secretary and Executive Player Agent) and the General Board. The board meets on a monthly basis beginning in October and is responsible for organizing the pre-season, regular season and post season baseball activities. Below is an organization chart that shows the positions on the board and its organization. If you wish to join the board, please contact the President for further information.
PVLL ADVISORY BOARD
The PVLL Advisory Board is made up of local volunteers who specialize in areas that can be helpful to administration of the league. These individuals can give advice to the President and the Executive Board on many topics ranging from health and safety to financial and fund raising activities. The Advisory Board holds no official position within the league, are not a voting body and are appointed and serve entirely at the discretion of the President.

THE STRUCTURE OF LITTLE LEAGUE

The First Level: The Local Little League
Each Little League program is organized within a community under the supervision of the Local District. The District establishes the league’s own boundaries with certain restrictions (explained later in this section). It is only from within this territory that the league may register its players.

All league personnel, including the officers, managers, coaches, umpires, auxiliary, field workers, etc., are volunteers interested in providing the benefits of a Little League program to the youth of their community. Each league is guided by a Board of Directors, usually 5 to 20 adult volunteers from the community.

Although Little League regulations do not prohibit payments to umpires or other personnel, such employment is strongly discouraged. Those who work with children at the local league level should be interested only in volunteering their time to make their community a better place. The local league Board of Directors, elected from and by the adult members of the league, is responsible for the day-to-day operations of the league within the rules, regulations and policies of Little League. The PVLL is an incorporated 501C3 Non Profit Corporation.

Local Little Leagues are also provided with a suggested formula for organization, elections, etc., known as the league's "Constitution." Each league's Constitution must be reviewed and approved at the Regional Headquarters level.

To accomplish its goals, the Little League organization protects the integrity of each player, each team, and each community. Little League programs operate within specific boundaries for each league's territory to permit participation by all eligible youngsters within the boundaries. Adults in communities where no chartered Little League programs/divisions exist can organize a program with help from Little League Headquarters.

Each local league in the Little League program establishes its own boundaries with the total population not to exceed 20,000 within the boundaries or 600 players. There are some exceptions to this as determined by the Charter Committee in Williamsport. A league's boundaries must not overlap or encroach on another chartered Little League's boundaries.

Although leagues may assess a registration fee, used to purchase uniforms and equipment, maintain fields, etc., the fee cannot be a prerequisite for playing. The Little League philosophy does not permit any eligible candidate to be turned away. Emphasizing the spirit of Little League, rules require that every child plays in every game.
The Second Level: The District
For administrative and tournament purposes, roughly 10 to 20 leagues in a given area usually comprise a district. The District Administrator is an experienced volunteer elected by the constituent leagues to counsel, direct, and provide leadership in the policies and rules of the Little League program and to serve as liaison between the leagues and the Regional Director.

The District Administrator organizes the district tournament and attends the periodic International Congress where Little League rules and regulations are democratically reviewed and revised for the betterment of the program. There are more than 450 District Administrators worldwide, each with a staff of appointed and/or elected assistants to help more effectively serve his or her leagues. It is recommended, but not required, that the District become incorporated.

The Third Level: The Region
The District Administrators report to the Regional Director, of which there are five in the United States. As part of the staff of Little League Baseball, Incorporated, the Regional Directors work out of Regional Centers at St. Petersburg, Florida; San Bernardino, California; Indianapolis, Indiana, Bristol, Connecticut, and Waco, Texas. Representatives for the International regions of Little League maintain offices in Puerto Rico, Canada, Japan and Poland.

The Fourth Level: International Headquarters
Little League operations are led by Stephen D. Keener, President and Chief Executive Officer of Little League Baseball. Mr. Keener responds to the Little League Board of Directors, which includes eight field District Administrators elected to rotating terms by fellow District Administrators at the Congresses.

The full-time staff members of Little League Baseball, Incorporated, work with District Administrators, their assistants, and local league officials in developing new leagues, coordinating tournaments, and assisting in the overall operation of a local league program. Worldwide, there are about 110 full-time Little League employees (about one for every 40,000 children and adult volunteers).

Little League Headquarters, in agreement with its insurance carrier, offers various services including the processing and payment of accident claims under the programs offered by Little League Baseball. The service speeds up the necessary processing and provides a valuable service to affiliate leagues. The staff of Little League is available to provide a full range of services to more than 2.8 million participants registered in new and established leagues throughout the year.

The headquarters building is the focal point of the Little League complex of 66 acres in the Borough of South Williamsport, located south of the city of Williamsport on U.S. Route 15, a main north-south highway connecting Buffalo, New York and Washington, D.C. The plot contains five diamonds, including two regulation diamonds for Senior and Big League play, practice facilities, housing, dining and recreation areas, Howard J. Lamade Stadium (site of the annual World Series in August), a new World Series stadium, the John W. Lundy Conference Center, and the Peter J. McGovern Little League Museum.

The headquarters building houses all administrative and business offices of Little League, as well as facilities for storage and mailing of large quantities of materials distributed annually to local leagues. Its operation is geared to five-day-a-week service throughout the year.
More than 300 games are played on Little League Headquarters diamonds from June to mid-August. Under scrutiny of headquarters personnel, these games offer opportunities for research in many areas of playing situations. As a result, new techniques in safety, training, equipment, etc., are constantly in view.

A TYPICAL SEASON – please check our website for dates and times of all PVLL events. The scheduling information in these sections is for general descriptive purposes only and should always be confirmed via the website.

REGISTRATION – Online registration begins in early December and closes the beginning of February. We will have two Saturday in January for walk up registration. Walk-up registration varies from location. We will also accept walk-up registration at tryouts. After tryouts are over and your child would like to play they will be placed on a list of alternate players to be put on teams that are short players. Please check back to our website for exact dates and times of the walk up registration. Please see the section on registration for further information on fees, age eligibility and residency requirements.

TRYOUTS – Tryouts are typically held on the 3rd and 4th Saturday in January at Dos Escuelas Park in Henderson. Tryouts are for 7 & 8 year old Rookies, AA & AAA Minors and Juniors. T-Ball & 6 year old Rookies are assigned on teams from the registration list or if parents request to play with other players or a certain coach the league will make every effort to accommodate your request. The tryouts are the same for both weekends and players may only tryout once. The coaches will be watching your child bat, field and run and will be making notes on your child for the draft. Check back to our website for further announcements about dates and times for your tryout.

DRAFT – The draft us typically held in the 1st week in February. The draft is done by division in a closed door serpentine draft. Only the manager (1) and coach (1) for each team are allowed in the draft. The draft will start with the oldest players eligible for each division and the coaches will keep picking players until the age group is exhausted. Once they have picked all the players in an age group, they will move onto a lower age group. Each team will have a coach option which means his or her son or daughter are automatically on their team. Brother / sister options are also available should the need arise. At the completion of the draft the manager for each team is given his roster. Trades can be made at the close of the draft and are done under the supervision of the Executive Player Agent. Once the manager leaves the draft room his / her team is set and they can begin to call their players to let them know they are on his / her team.

MANAGERS / COACHES – The Manager is in charge of the team. He / she will select at least one coach to help them run the team but most select at least two other coaches. There must be one coach in the dugout at all times during the game in all divisions except for Rookies. In the Rookie division the Manager is required to have 3 coaches assisting him / her. All Managers and Coaches must pass background checks and be issued badges to be visibly worn at all games and practices.

PRACTICES – Practices typically begin in the 3rd week in February. Coaches are given a practice schedule by the league that will assign them fields and times for practices. Coaches are free to hold additional practices at their discretion at either an available field or at local batting cages. Once the season starts, the league will no longer assign practices fields to coaches but they are free to continue to practice with the team at their discretion.

OPENING NIGHT – Opening Night is the beginning of March on a Friday. Picture day is usually the week of first games. Regular season games typically start the 2nd week of March. The Opening night festivities usually start at 6pm with a parade of all the teams onto the west field at Dos Escuelas Park. The Little League Pledge is administered as well.
announcements, introductions, recognition of special teams and volunteers within the league and closing remarks. Following Opening Night ceremonies we have activities for the kids, coaches game & food for our PVLL families.

REGULAR SEASON – The regular season is 16 games played over 8 weeks ( 2 games a week ). The T Ball and Rookie (coach pitch) Divisions are non-competitive (no score) leagues where the primary focus is teaching baseball fundamentals. The Minors, Majors and Juniors are all kid pitch competitive divisions. The Junior Division typically has 2 teams and therefore must inter-league with other Little Leagues. Their schedules can last longer given the intricacies of scheduling with other leagues and the number of 90’ fields available to the league.

SPRING BREAK – The Clark County School District provides for one week of spring vacation. During this time there will be no PVLL games played except for the first weekend of Spring Break. Coaches are free to have practices or batting practice during this break with their available players.

END OF SEASON TOURNAMENTS (EOS) – PVLL organizes its league End of Season Tournaments. Typically the top two teams in their division would go on to represent PVLL in the D2 TOC Tournament.

REGISTRATION

We encourage all PVLL families to register their children for Little League using our online registration. You can go to http://www.pvllnv.com for more registration information, forms and payment options. Additionally, we will have two Saturdays in January for walk up registration. Walk up registration varies. Please check back to our website for exact dates and times of the walk up registration.

The registration fee is $140.00 per child for T-Ball and $180.00 per child for all other divisions. There is a family discount for three or more children in the league of $400.00 for the family. These fees pay for uniforms, umpires, fields, lights, insurance and District and National Little League Fees.

As part of your registration we will require that you show proof of age and residency for your child. This must be done in the presence of a league official at the walk-up registration or at tryouts. We will need a copy of all of the following which we will keep in our files:

1 copy of the birth certificate
1 copy of a utility bill (only one will be accepted. No phone bills just gas, water, power etc)
1 copy of a parent’s or legal guardian’s driver’s license
1 copy of a mortgage statement, car registration or home owners insurance etc.

Please Note: all residency requirement documents must have the same address on them and have at least one of the parent’s or legal guardians name on it of the child you are registering. If you are a legal guardian we need to have a copy of the court documents proving that.

Please Note: all personal information submitted in connection with proof of residency requirements will be kept in strict confidence and will be stored in a secure place during the season. Upon the conclusion of the season, all personal records submitted by you to register your player will be destroyed for your safety and privacy.
DIVISIONS BY AGE

- Players who are league age 4-6 are eligible to be selected to a Tee Ball team.
- Players who are league age 6-8 are eligible to be selected to a Rookie Division (coach pitch) team.
- Players who are league age 9-11 are eligible to be selected to a Minor League Division team (player pitch) for the regular season. The division is split into 2 sub divisions AAA and AA. The AAA division will consist mainly of those players of league age 11 who were not drafted into the Majors Division. After each eligible 11 year-old player has been drafted, teams will fill the remaining positions on their rosters with players league age 10 and under. The AA division will consist of those players 9 and 10 who were not drafted into the Majors or AAA divisions. No 11 year-old players shall be allowed to participate in the AA division.
- Players who are league age 9-12 are eligible to be selected to a Major Division team for the regular season.
- Players who are league age 13-14 are eligible to be selected to a Junior Division team for the regular season.
- Please check our Local Rules and Options for further clarification of the division age requirements and exceptions.
- Match month (top line) and box with year of birth. League age indicated at right.

FIELDS / LOCATIONS

Dos Escuelas Park
1 Golden View
Henderson, NV. 89012

Please Note: Dos Escuelas Park is the PVLL Home Park. All tryouts, ceremonies and many of our games happen at this park. Please check back to our website for further announcements on all PVLL activities, locations, dates and times

Anthem Hills Park
2260 North Reunion Drive
Henderson, NV. 89052

Burkholder Park
645 West Victory Road
Henderson, NV. 89015

Madeira Canyon Park
2390 Democracy Drive
Henderson NV. 89044

Paseo Verde Park
1851 Paseo Verde Parkway
Henderson , NV. 89012
**UNIFORMS & EQUIPMENT**

The Paseo Verde Little will provide each player with a uniform. The uniform will include: T-Ball & Rookies- game shirt, pants, hat and Little League Patch. AA, AAA, Majors- jersey, hat and Little League Patch. Parents are expected to provide players with practice uniforms, jocks, cups, cleats, gloves, bats, batting gloves, practice balls and bags to transport their equipment to the games and practices. PVLL will provide each team with batting helmets, catcher’s gear, game balls and a small selection of bats. T- Ball will be provided with the T Ball stand and plates.

**Little League Patch**

Little League Rule 1.11 (a) (2) The official Little League shoulder patch must be affixed to the upper left sleeve of the uniform blouse. Patches are worn 1” below the seam on a set-in sleeve. PVLL provides patches with an iron on adhesives on the back side. We strongly recommend that you sew the patch onto the uniform to ensure that it stays on during the rigors of play and constant washing. The Little League patch must be worn by each player in the appropriate place on their uniform. If the patch is not on the uniform in the required place, the player will be ejected from the game until such time as the patch is placed on the uniform in the required place.

**Bats**

The bat must be a baseball bat which meets Little League specifications and standards as noted in this rule. It shall be a smooth, rounded stick and made of aluminum or of material and color tested and proved acceptable to Little League standards. PVLL does not allow wooden bats.

Little League ( Majors) and below: it shall not be more than thirty-three (33) inches in length nor more than two and one-quarter (2¼) inches in diameter. Composite material bats shall be printed with a BPF (bat performance factor) of 1.15 or less.

Junior League: it shall not be more than 34 inches in length; nor more than 2 5/8 inches in diameter,

**Bat Size Chart** – these are recommended bat sizes based on both size and weights.
Baseballs - Little League baseballs will be printed with one of two designations: “RS” (for regular season play) or “RS-T” (for regular season and tournament play). Rawlings is the official baseball of PVLL.

Helmets - No stickers, decals, labels, paintwork or names (on outside) are allowed on helmet. Any helmet with this material added on it will be void of the manufacturer’s warranty and will not be allowed on the field. Any helmet that comes with manufacturers stickers on them are acceptable. Helmet must meet with NOCSAE approval and the stamp must appear on the helmet.

SAFETY PROGRAM

Background Checks & Badges
Our Safety Program is one of the cornerstones of our league and as such we take safety very seriously. Anyone interacting with the players on the field or at official PVLL events must pass a background check. The PVLL does require that you give us your social security number so that we can accurately do your background check. All SS numbers will be destroyed upon completion of the background check. Upon passing the background check you will be issued a PVLL Volunteer Badge. This badge must be worn at all times and be visible to everyone. If you fail to bring your badge to the field or other PVLL event that requires you to wear a badge, you will not be allowed to interact with the players until such time as you get your badge. We encourage you to keep your badge in your car, game bag, purse, wallet etc so that you will not forget this important piece of equipment necessary to perform your volunteer obligations.

Injury Prevention
- Make sure that all team equipment has been inspected by a Little League official to ensure that it is functioning properly.
- Make sure that children do not climb on fences surrounding the playing fields.
- Make sure that players warm up and stretch before practices and games.
- Make sure that your child drinks plenty of fluids not only while playing, but also throughout the day before practices and games.
- Treat minor injuries with RICE - Rest, Ice, Compression and Elevation.
- Enforce bike helmet laws if children are riding to/from playing facilities.
- Be sure that you have enough seat belts for everyone in the vehicle when you are transporting players.
- Watch for signs of heat exhaustion when playing in extreme heat.

INCLEMENT WEATHER
Be aware of threatening weather. Practices and games should be stopped immediately at the first sign of lightning and shelter should be sought immediately. Your child’s coach should contact you via phone regarding the postponement or cancellation of games. Occasionally, the umpire is required to call a game prior to its completion. When this occurs, your child’s coach will inform you about make-up dates. Should you encounter a tornado, seek shelter in a nearby permanent building. If not available, head for a low spot such as a ditch or ravine and cover your head. Do not seek shelter in automobiles or attempt to outrun tornadoes in your vehicle.

STRANGER DANGER
Teach children the dangers of talking to and accepting anything from strangers. This includes someone who may offer to play “catch” with them or to give them a ride home. Tell children to report any stranger who approaches them. Make sure that at least one adult remains until all children have been picked up from practices and games. Give your child a code word to use when you have someone else pick him/her up. This way your child will know not to go with a stranger who does not know your code word. Do not put the names of players on uniforms or openly on equipment. This will prevent strangers from being able to convince children that they know them.

PARKING LOTS
Unfortunately, we have had our share of break-ins to cars at our field parking lots. All incidences have resulted in loss of personal property and have been reported to the police. It is clear this is the work of professionals and not kids or vandals with nothing better to do. Please do not invite the thieves into your car by leaving purses, wallets, briefcases, computers, cash or any other items in the open. Please leave these items at home or take them with you to the field to avoid your car being broken into. If you do see anyone suspicious in the parking lot, please try and get a description of the person and their vehicles and call 911 immediately. Please seek the help of PVLL staff or other parents before confronting any potential thief.

CHALLENGER DIVISION
The Challenger Division was established in 1989 as a separate division of Little League Baseball to enable boys and girls with physical and mental challenges, ages 5-18 or the completion of high school, to enjoy the game of baseball along with the millions of other children who participate in this sport worldwide In our area the Challenger Division is run by District 2 on a city wide basis.
Teams are set up according to abilities, rather than age, and can include as many as 15-20 players, who can participate in one of three levels: Tee-Ball, Coach-Pitch or Player Pitch.

Each player gets a chance at bat. The side is retired when the offense has batted through the roster, or when a pre-determined number of runs has been scored, or when three outs are recorded. Little League recommends that no score be kept during games. The Challenger players wear the same uniforms, shoulder patches and safety equipment as other Little League players.

One of the benefits of having a Challenger Division is that it encourages the use of "buddies" for the Challenger players. The buddies assist the Challenger players on the field but whenever possible, encourage the players to bat and make plays themselves. However, the buddy is always nearby to help when needed.

For more information on the Challenger Division please contact Bob Fleming at District 2 via email at: llbv2@aol.com
Or
Challenger Little League
C/O Nevada PEP
2355 Red Rock Street #106
Las Vegas, Nevada 89146
www.challenger-little-league-of-southern-nevada.org:

GIRLS IN LITTLE LEAGUE BASEBALL

Over thirty years ago, Little League Baseball was changed forever - a change that eventually would allow millions of girls to participate in the world's largest organized youth sports program. A ruling by Sylvia Pressler, hearing examiner for the New Jersey Civil Rights Division on Nov. 7, 1973, was later upheld in the Superior Court, leading to Little League Baseball's admittance of girls into its programs. Until then, Little League regulations had prohibited girls from participating, and the change led to greater opportunities, such as those for the 10 girls who played on teams that have reached the Little League Baseball World Series.

Today, about one in seven Little Leaguers is a girl. Nearly 360,000 girls play in the various divisions of Little League Softball for ages 5-18, and there are four World Series tournaments in Little League Softball, with two having games on national television annually. In addition, Little League estimates the number of girls currently participating in Little League Baseball programs to be about 100,000. Approximately 5 million girls have played Little League Baseball and Softball in the past 30 years.

Paseo Verde Little League does not have a separate division for girls softball or baseball, but does encourage all girls 5 – 15 to try out for all our divisions along with the boys. Registration, try outs, draft and placement on a team is the same for girls as the boys.
WOMEN IN LITTLE LEAGUE BASEBALL

The PVLL strongly encourages all members of the family to participate in Little League both on and off the field. The PVLL fully endorses and encourages the women within our league to manage or coach within all divisions of little league play. While traditionally a male role, we would like to see more women participate at this level within the league and welcome all women who choose to manage or coach.

PVLL is an Equal Opportunity organization. It is the policy of PVLL to ensure equal opportunity to managing or coaching positions within the PVLL without discrimination or harassment on the basis of race, national origin, religion or creed, sex, age, disability, citizenship status, marital status, genetic predisposition or carrier status, sexual orientation or any other characteristic protected by law.

DISTRICT 2 BOUNDARIES

Our boundaries are determined by District 2. Generally speaking, if you live outside our boundary and you live in an area with an established little league, you must play in that little league. Exceptions and waivers can be made by District 2 for some reasons but the District has the right to accept or reject that application for waiver for whatever reason it sees to. All District 2 decisions are final.

PVLL BOUNDARY

In 2009, District 2 Little League revised our boundary to more accurately reflect the growth in our area. Below is what the current district looks like. Please refer to this map when determining whether you are in the PVLL Zone.
ALL- STARS

The Purpose - The purpose of the All Stars is to put together a team that constitutes the best players from our league within a specific age group. That group of players represents the Paseo Verde Little League in District, State and in some cases Regional and National Tournaments. Being selected to the All Star team is a great honor for any player or coach but also carries with it great responsibility and time commitment. As those players and coaches will be representing the League and potentially the State and Region, the All Star Committee takes great care in setting up a process that ensures the very best of our league is represented on the field and that no external influences are allowed to manipulate or taint the process.

The Manager and Coach Selection Process – All-Star Manager & coaches will be selected by the All-star committee and will be announced when the All-Star teams are announced. In order to be eligible to manger or coach an All-Star team a coach must have managed, coached and registered to coach a team during regular season and must meet all Little
League rules, guidelines and requirements. Coaches and managers will need to send a written application to the league president on why they should be considered to coach or manage an All-Star team.

**The All Star Selection Committee** - Is typically made up of members who have no eligible children on the league. This group reviews all applications made by qualified coaches within the league who wish to manage an All Star team. Various metrics are used to judge these potential managers including but not limited to time spent in the league, overall W/L records, coaching experience and their commitment to the league and its mission. Once a majority vote has been received by the chair of the committee, the selected manager for that team is notified of his position. Upon accepting that position, the Manager will select his coaching staff who will assist him both on and off the field to ensure that his team is fully prepared and up to the standards of All Star play.

**Player Selection Process** - See website for current process

**Important Dates**

Player Notification – June  
All Star Certification – 3rd week in June  
Practices – 2nd to 4th week in June

Tournaments  
District 2 Tournament – 1st week in July @ Arroyo Grande Park. Depending on your teams win record, this Tournament could last for 10 days. There is no play July 4th.

State Tournament – This will begin in the 3rd week of July and can be hosted by any of the 4 districts within the State of Nevada. The 2015 State Tournament will be held in Southern Nevada and will be hosted by District 2.

Western Regional’s – 1st and 2nd week of August of in San Bernardino CA. This tournament is only for the Major All Stars (12 yr olds) who have won their State Championship and will be representing Nevada in the Western Regional Tournament. Western Regional’s will provide all food and lodging while your child is at the tournament.

Little League World Series – 3rd & 4th week in August in Williamsport PA. This tournament is only for Major All Stars who have won the Western Regional’s and will be representing the West. National Little League will provide all food, lodging and transportation. Typically your child is taken directly from San Bernardino to Williamsport on the night they win the Regional’s to Williamsport PA. Please note that this tournament can run into the first week of school in Nevada.

Please understand that Tournament play is really a whole new ball game. The local rules and options that we played under during the regular season are no longer in effect and the Tournaments we play in come under the direct supervision the National Little League Tournament Committee in Williamsport PA. Please refer the Tournament Rules and Guidelines in the official Little League Baseball Official Regulations (Tournament Section) for further clarification of all the rules, terms and conditions which we play under.

Every year the Paseo Verde Little League has a very good shot at winning both State and Regional Tournaments. The "Showcase“ tournament of Little League Baseball is the Majors Tournament. It is the Tournament that is seen on ESPN
television at the Regional, National and International levels. With reaching these tournaments as our ultimate goal, Paseo Verde Little League's Mission is to put the best players and coaches in the League on the Major All-Star Team each year. In order to do that we must make sure that all our players and coaches meet the requirements of National Little League. This process starts in the beginning of the season with verification of player age and address and moves along to the All Star process to ensure that we put qualified players and coaches on the field who represent the best of the Paseo Verde Little League.

The All Star Committee works very closely with Nevada District 2 and the Western Regional Office of National Little League to make sure all our teams are setup in a way that is consistent with their rules and regulations. If the All Star Committee appears overly protective of this process or stringent in its guidelines it is only to protect the players who end up on the All Star teams. In the past, if teams that make it into the higher levels of Tournament play do not meet these standards or there is any evidence of collusion or tampering with the All Star selection process, then the whole team is bounced out of the Tournament and sent home. The All Star Committee is not interested in letting that happen to our players and as such will do whatever it takes to protect the integrity of the league and the players on our All Star teams. Please see the Parent / Volunteer Manual for more specific information about time commitments, practices, playing time and many other aspects of All Star play.

KIDS AND BASEBALL

How much time should my child devote to baseball?
In hopes of creating super-athletes, some parents push their children to practice 2 or more hours every day from the time they are 8 or 9 years old. Few children have the natural desire to pursue baseball or other activities with that degree of dedication. Children whose whole lives are built around a sport miss out on other important aspects of growing up. Consequently, they all too often "burn out" or come to resent the sport and the adults who pressured them to play.

Little League should not demand all of your child’s leisure time. She or he should have the opportunity to learn other sports and recreational skills as well as to attend to schoolwork and the natural pursuits of youth. We urge you once again to let your children determine the degree of his or her commitment to Little League without pressure from you or the coach.

For most 8-year-olds, two or three 1 hour practices a week and one or two games is about right The season should not be too long, either 8 to 12 weeks is enough. As a child’s age, skill, fitness, and interest increase, so too can the length and frequency of practices and games.

What is the risk of injury to my child in Little League?
We know that injuries constitute one of parents' foremost concerns, and rightly so. Injuries seem to be inevitable in any rigorous activity, especially if players are new to the sport and unfamiliar with its demands. But because of the safety precautions taken in Little League, severe injuries such as bone fractures are infrequent. Most injuries are sprains and strains, abrasions and cuts and bruises. The risk of serious injury in Little League Baseball is far less than the risk of riding a skateboard, a bicycle, or even the school bus.
Can I help my child's performance through her or his diet?
Not only can you help your child perform, you can help him or her establish healthy eating habits for life. Explain to your Little Leaguer that the body is like an engine; it runs as well as the fuel it has to burn. "Junk food" is junk fuel, which causes the engine to sputter. "High performance" fuel comes from a diet that's good for all of us one high in complex carbohydrates (60%) and low in fat (20%) and protein (20%).

PSYCHOLOGICAL CONCERNS

Can Little League be too stressful for my child?
It can be, if your child is made to feel that self-worth depends on how she or he plays baseball. When the things most important to your child such as love and approval are made contingent on how well he or she hits and fields, your child is likely to experience high levels of stress. But fortunately, research has shown, this doesn't happen very often. For the great majority of children, baseball is no more stressful than many other activities in which they participate. When coaches and parents keep winning in proper perspective, Little League rarely causes too much stress.

But what if my child appears to be overly stressed?
Begin by talking with your child, and perhaps to the coach, to uncover the cause of the problem. Almost always the stress is caused by anxiety about how the coach, teammates, or you will feel about your child if she or he performs poorly. Help your Little Leaguer understand that striving to win is important, but that his or her worthiness as a person is not determined by how well he or she plays or whether the team wins or loses the game. When young people know that their self-worth is not determined by their batting averages or fielding percentages, they are likely to not find Little League to be overly stressful.

Can my child care too much about Little League?
It is good for children to be committed to activities like baseball, to care about how they perform, and to push themselves to achieve excellence. Developing commitment is a useful lifetime skill. Let your child care, and care with your child. But sometimes children care too much: They equate their self-worth with winning and losing, they mope around the house endlessly after a loss, they ignore their other responsibilities. When this occurs, it is your job to help your child put things in perspective.

What do I say after a game when my child did not play well?
Sometimes it's hard to know what to say to your child after a disappointing outcome. When children know they did not play well, they don't want to be told "You played great!" And when they have just lost a game they do not want to hear "It's really not important." At the moment, it is important to them, and they expect to be permitted the dignity of their unhappiness.
Although parents mean well, comments like these sound superficial and reflect a lack of sincerity. Children seem to have a built-in apparatus for detecting "phony" comments, and they resent them deeply. When parents are insincere or provide false praise, the child learns to place less value on their words and later may be unable to get full satisfaction from deserved praise. In short, be generous with praise and sparing with criticism, but don't be a phony.

**Should parents attend practices and games?**
Attending a few practices during the season so you can see what your child is learning is a good idea, but always being there may not be. We encourage you to attend all your Little Leaguer's games, but if your presence appears to make your child nervous, it may be better not to go to the games until your child gains more confidence in her or his playing abilities. The best way to find out if you should attend practices and games is to ask your child if he or she would like you to come!

**What if my child misbehaves?**
Throughout this guide we have placed most of the burden for a successful sport program on adults, you as the parent and your child's coach. But sometimes children misbehave, they break the rules or are uncooperative, uncontrollable, or irresponsible. Children should be helped to understand that they have obligations to their parents and to the coach when they become part of the Little League team. They are responsible for cooperating with coaches and teammates, for being prompt to practice and games, and for managing their own conduct. When children misbehave, the coach has some right and responsibility to discipline them. Ultimately, however, the responsibility to discipline belongs to you, you must fulfill it wisely.

**Paseo Verde Little league encourages awards of honor, certificates, team pictures, and inexpensive medals or pins at the end of the season. Are these awards desirable?**
Children wish to be recognized for their accomplishments just as adults do. Giving children recognition for their achievements is fine as long as the rewards are not extravagant and they are awarded fairly. The danger in these practices occurs when children lose perspective about the significance of such recognition, wanting to play only when tangible rewards are at stake. You need to help your child see these rewards merely as recognition for past accomplishments, not guarantees of future success. Your child needs to realize that these extrinsic rewards are only one benefit of sport participation and that the more important outcomes are the intrinsic rewards of fun and satisfaction.

**PARENTS RESPONSIBILITIES IN LITTLE LEAGUE**

**Keeping Winning in Perspective**
Are you able to keep winning in perspective? You might answer with a confident yes, but will you be able to do so when it is your child who is winning or losing, when your child is treated a bit roughly by someone on the other team, or when the umpire makes a judgment against your child? Parents are sometimes unprepared for the powerful emotions they experience when watching their sons and daughters compete.
One reason that parents' emotions run to high is that they want their children to do well; it reflects on them. They also may believe that their children's failures are their own. Parents need to realize that dreams of glory they have for their youngsters are not completely unselfish, but they are completely human. Parents who are aware of their own pride, who are even capable of being amused by their imperfections, can keep themselves well under control.

**Being a Model of Good Sportsmanship**

Flying off the handle at games or straining relations with the coach or other parents creates a difficult situation for your child. Just as you don’t want your daughter or son to embarrass you, don’t embarrass your Little Leaguer.

It’s no secret that kids imitate their parents. In addition, they absorb the attitudes they think lie behind their parents' actions. As you go through the Little League season with your child, be a positive role model. How can you expect your child to develop a healthy perspective about competing and winning if you display an unhealthy one? Remember Little league is supposed to be a fun experience for your child, and one in which he or she will learn some sport skills. Winning will take care of itself.

Some parents seem to abandon good principles of child rearing when their child is participating in sports. However, just as your child’s home, school, and religious environment affect the type of person he or she will be, so does the sport environment especially when your child is young.

**Remember this:**

- If children live with criticism, they learn to condemn.
- If children live with hostility, they learn to fight.
- If children live with fear, they learn to be apprehensive.
- If children live with praise, they learn to like themselves.
- If children live with approval, they learn to like themselves.
- If children live with recognition, they have to have a goal.
- If children live with honesty, they learn what trust is.


**Parents Responsibilities**

1. Let your child choose to play Little League and to quit if he or she does not enjoy baseball. Encourage participation, but don’t pressure.

2. Understand what your child wants from participating in Little League and provide a supportive atmosphere for achieving these goals.
3. Set limits on your child's participation in baseball. You need to determine when she or he is physically and emotionally ready to play and to insure that the conditions for playing are safe.

4. Keep winning in perspective by remembering Athletes First, Winning Second. Instill this perspective in your child.

5. Help your child set realistic goals about his or her own performance so success is guaranteed.

6. Help your child understand the experiences associated with competitive sports so she or he can learn the valuable lessons sports can teach.

7. Discipline your child when he or she misbehaves, breaks the rules, or is uncooperative or uncontrollable.

8. Turn your child over to the coach at practices and games, and avoid meddling or becoming a nuisance.

**PARENTS AND COACHES IN LITTLE LEAGUE**

**Evaluating Your Child's Coach**

Use the Coach Evaluation Checklist to help you find out about the person with whom you are going to entrust the welfare of your child.

**COACH EVALUATION CHECKLIST**

- **Coaching Philosophy**
  - Does the coach keep winning and losing in perspective, or is this person a win-at-all-costs coach? Does the coach make sure that learning baseball is fun?

- **Motives**
  - What are the coach's motives for coaching? Does the coach seek personal recognition at the expense of the players?

- **Knowledge**
  - Does the coach know the rules and skills of the sport? Does the coach know how to teach those skills to young people?

- **Leadership**
  - Does the coach permit players to share in leadership and decision making, or does he or she call all the shots? Is the coach's leadership built on intimidation or mutual respect?

- **Self-Control**
  - Does the coach display the self-control expected of the players, or does she or he fly off the handle frequently? When kids make mistakes, does the coach build them up or put them down?

- **Understanding**
  - Is the coach sensitive to the emotions of the players or so wrapped up in his or her own emotions that the kids'
feelings are forgotten? Does the coach understand the unique make-up of each child, treating children as individuals?

- **Communication**
  Do the coach’s words and actions communicate positive or negative feelings? Does the coach know when to talk and when to listen?

- **Consistency**
  Does the coach punish one youngster but not another for the same behavior? Is the coach hypocritical, saying one thing and then doing another?

- **Respect**
  Do the players respect and listen to what the coach says? Do the players look up to the coach as a person to emulate?

- **Enthusiasm**
  Does the coach demonstrate enthusiasm, for coaching baseball? Does the coach know how to build enthusiasm among the players?

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**No One Is Perfect**

There are several ways to learn more about your child's coach. Don't feel you are snooping; you are fulfilling your obligation as a responsible parent!

1. Talk with the coach to find out answers to the questions in the checklist.
2. Observe the coach in practice and games.
3. Talk with other parents who have had children play under this coach.

Remember, no coach will be perfect (just as you are not a perfect parent), but you need to be satisfied that your child's coach meets some minimum standards.

If you have any problems with your coach that cannot be resolved one on one, please contact your divisional Player Agent to discuss the issues and potential resolution.

**Helping Your Child's Coach**

Research is clear that when parents and teachers work together a child tends to do better in school. There is no reason to think that it is any different for Little Leaguers. Following are guidelines for how parents can cooperate with their children’s coaches for the best possible Little League experience for their children.

1. **Recognize the Commitment the Coach Has Made:** Coaches commit to many, many hours of preparation beyond the hours spent at practices and games. Recognize their commitments and the fact that they are not
doing it because of the pay! Try to remember this if anything goes awry during the season.

2. **Make Early, Positive Contact with Coaches**: Your coach will be calling you as soon as he is given his team’s roster. Offer to help the coaches in any way you are able, such as being a “team parent” responsible for coordinating car pools or snack schedules. Getting to know the coach early and establishing a positive relationship makes it easier to talk later if a problem arises.

3. **Fill the Coach’s Emotional Tank**: When coaches do something you like, let them know it. Coaching is difficult and many coaches only hear from parents when they have complaints. Truthful, specific praise that fills coaches’ tanks will contribute to their doing an even better job. Also, if you’ve given credit where credit is due, it will be easier to raise any issues that occur later. Many coaches do a lot of things well. Take the time to look for them.

4. **Don’t Put the Player in the Middle**: Imagine a situation around the dinner table, in which you complain in front of your children about how poorly their math teacher teaches fractions. Wouldn’t that affect your children’s motivation and respect for that teacher? Same with your children’s coaches. Conversely, when parents support coaches, it is that much easier for players to compete hole heartily. If you think your children’s coaches are not handling situations well, do not tell your children. Rather, seek a meeting with the coaches.

5. **Don’t Give Instructions During a Game or Practice**: You are not one of the coaches, and it can be very confusing and un-nerving for children to hear someone other than the coach yelling out instructions during a game. If you have an idea for a tactic, quietly discuss it with the coaches and let them decide whether or not to heed your advice. Remember, getting to make those decisions is a privilege they have earned by making the commitment to coach.

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**COMMUNICATING WITH YOUR COACH**

Your child is likely to be considerably influenced by his or her coach, not only in learning how to play baseball and enjoy the game but also in physical, psychological, and social development. Because coaches are powerful role models for young athletes, they face tremendous challenges and considerable responsibilities.

Of course, we cannot tell you about your child’s particular coach; you will need to find that out. But we can tell you some things about Little League coaches in general. They come from all walks of life, motivated by their love of baseball and their desire to teach young people. All Little League coaches are volunteers; two of every three have children participating in the program. They donate many hours a week throughout the season to coach your child and other young athletes.

Unfortunately, as in many human endeavor, there are a few "bad apples" in the coaching world. Paseo Verde Little League does all it can to eliminate (or reeducate) them, but once in a while a poor coach slips through. Thus, it is important that you make sure your child's coach acts in your son's or daughter's best interest.

The Managers & Coaches Agreement and the Managers and Coaches Commitment are listed here for your reference so you can see what the expectation of the PVLL is with its managers and coaches. The Parent Code of Conduct is included for your review and eventual signing. Your team parent will give a copy to sign. Please remember that you
are signing for yourself, your family and any guests you bring to the fields. You are responsible for their behavior so please keep this in mind when bringing guests to the fields.

MANAGERS & COACHES AGREEMENT

Managers and Coaches in Paseo Verde Little League shall abide by the following:

1. Little League Rule Book
2. Paseo Verde Little League Local Rules
3. Paseo Verde Little League Code of Conduct
4. Paseo Verde Little League Coaches Commitment
5. Paseo Verde Little League Equipment Policies
6. Paseo Verde Little League Parent Code of Conduct
7. Any and all decisions by the Paseo Verde Little League Board of Directors

I understand that failure to comply with any of the requirements as defined here may result in the immediate suspension of my position as a Manager or Coach.

Managers and Coaches Commitment

“Managers and Coaches are the single most critical element in the Little League Organization. I hold a position of trust and responsibility in a program that deals with a sensitive and formative period of a youngster’s development. It is required that we have understanding, patience and the capacity to work with youngsters. We should be able to inspire respect. Above all else, we must realize that we are helping to shape the physical, mental and emotional development of young people. This program is solely for the enjoyment of the young people participating, and is not for the coaches, parents and/or spectators. It is for the teaching of sportsmanship, the advancement of individual skills and knowledge of baseball.”

As a manager or coach in the Paseo Verde Little League program, I agree that I will:

1. Be willing to attend League meetings and be responsible during the entire year for:
   a. Information given out at PVLL Board Meetings.
   b. Information given out to Coaches and Managers in the League’s Newsletter.
   c. Announcements directed to Managers and Coaches by League officials.
   d. Information directed to players and/or parents that is given to Managers and Coaches.

2. Be willing to spend time necessary with my team at practice and games, which may also include as many as two practices per week and all games as necessary. All practices and games will have a minimum of two adults present at all times.

3. Be willing to participate in League functions in order to assure the success of PVLL, including but not limited to: recognition ceremonies, graduations, fund-raisers, field work parties, promotions, Opening Day, picture day and Coaches meetings.

4. Not discuss the Draft order or any trades that occur during the Draft.
5. Be willing to handle the administrative requirements of the team, the Board and Little League, which includes getting accurate team rosters with addresses, birth dates (verified) and telephone numbers. **I WILL KEEP REGISTRATION FORMS WITH MEDICAL RELEASE AND EMERGENCY INFORMATION IN MY POSSESSION AT ALL PRACTICES AND ALL GAMES AND LEAGUE FUNCTIONS** as required by the League.

6. Be willing to attend League and District coaching clinics and umpiring clinics for Coaches; clinics regarding rules and safety; and be willing to learn more about baseball and how to teach young people to play baseball in a safe and proper manner (**all Managers and/or Coaches are REQUIRED to attend at least two days of coaching clinics before the first game**). I will attend clinics on First-Aid and Safety as provided by the League or obtain training on my own. I will respect and attend to safety concerns and policies of the League when directing players and Coaches at practices and at games. I will have First-Aid kits provided by the League in my possession at all League functions.

7. Be responsible for the maintenance of facilities and ensure, with the help and cooperation of parents and players on my team, that the stands and dugout areas are free of litter. I will respect the use of City of Henderson facilities and abide by HPRD policies and regulations.

8. Be responsible for the proper safeguarding and use of all assigned League equipment and uniforms, and turn in all such equipment promptly at the end of the season (all equipment will be returned by all players/parents to Coaches and Managers at the field immediately after the last game of the season). I am willing to pay a deposit for the equipment that is issued in the amount of One Hundred Fifty dollars ($150.00) that will be returned to me at the end of the season when the equipment is returned in good condition.

9. Be willing to maintain, by my coaching example, and to teach players, parents and fans attending League games to:
   - **a.** Always play fair and to be good sports.
   - **b.** Know that winning is not everything, but making a team effort is everything
   - **c.** Respect the other teams, the umpires and the officials of Little League.
   - **d.** Abide by the Little League Code of Conduct.

10. Be willing to work with all League personnel and to resolve differences professionally with the help of League officials.

11. Be willing to learn and abide by the Little League rules and the rules and bylaws of Paseo Verde Little League, and abide by the decisions of the League’s Board of Directors.

12. I understand that public use of foul or derogatory language or excessive criticism, use of alcoholic beverages, smoking (including chew) and any abuse of drugs at any time in NOT acceptable as an example for young people while officially representing the Paseo Verde Little League program.

13. At no time will I berate a player, either alone or in front of his peers. I will not physically nor mentally abuse any player on my team or opposing teams. I will strive to encourage and positively reinforce all players regardless of their ability.

14. I will insure that all players will receive fair time on the field, offensively, defensively, and as starters. I will play all players in attendance at any single game at least six consecutive defense outs and one “at bat”, in accordance with PVLL local rules. I will strive to ensure that each player is on the field an average of at least 50% of the time they are in attendance at games.

15. I authorize Paseo Verde Little League to investigate my background through the Henderson Police Department or an equivalent inquiry to a federal law enforcement agency in order to verify and record for convictions of offenses, adjudication’s of child abuse in a civil action or disciplinary board final decision.
I understand that failure to comply with any of the requirements as defined here, in the Little League Rulebook, or policies defined by the PVLL Board of Directors may result in the immediate suspension of my position as a Manager or Coach.

PARENT CODE OF CONDUCT

The essential elements of character building and ethics in sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character."

I therefore agree:

1. I will not force my child to participate in sports.
2. I will remember that children participate to have fun and that the game is for youth, not adults.
3. I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
4. I will learn the rules of the game and the policies of the league.
5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or sporting event.
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting, refusing to shake hands, or using profane language or gestures.
7. I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
8. I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
9. I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
10. I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
11. I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
12. I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
13. I will emphasize skill development and practices and how they benefit my child over winning. I will also de-emphasize games and competition in the lower age groups.
14. I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my child to win.
15. I will respect the PVLL officials and Umpires and their authority during games and will never question, discuss, or confront coaches or officials at the game field, and will take time to speak with coaches at an agreed upon time and place.
16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol, and I will refrain from their use at all sports events.
17. I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

I understand that myself, and possibly my child will be suspended without warning from the league for any violation of this Parent’s Code of Conduct.
Mission Statement

The mission of Paseo Verde Little League shall be to enrich our children by providing the positive experience of teamwork, personal achievement and excellence through participation in a supervised program under the Rules and Regulations of Little League Baseball. Paseo Verde Little League will strive to instill the ideals of good sportsmanship, honesty, loyalty, dedication and respect for authority as well as each other.

The Little League Pledge

“I trust God. I love my country and will respect its laws.
I will play fair and strive to win.
But win or lose, I will always do my best.”

Parent/Volunteer Pledge

I will teach all children to play fair and do their best.
I will positively support all managers, coaches and players.
I will respect the decisions of the umpires.
I will praise a good effort despite the outcome of the game.

LINKS

Paseo Verde Little League
www.pvllnv.com

District 2 Little League
http://www.eteamz.com/nvdistrict2/index.cfm?

Nevada Little Districts & Little Leagues
http://www.unpage.org/nevada/nv-dist.htm

Western Regional Little League
http://www.eteamz.com/llbwest/

National Little League
http://www.littleleague.org/Little_League_Online.htm

Fall Ball
http://www.vegasvalleybaseball.com/index.php
CLUB BALL

Club Ball teams are put together by local coaches and parents who wish their children to continue to play baseball throughout the year. The major difference between Little League and Club Ball is that Little League guarantees that any player who signs up will get onto a team. A Club Ball team requires a try out and the player may or may not be put onto the team he/she tried out for.

The other differences include a much larger geographic area in which to play baseball. Often this means travelling to other states to play in tournaments (NV, UT, CA, AZ etc). A Club Ball team can carry up to 20 players and the rules of play are much more like high school baseball (lead offs, on deck batters etc).

There is no unifying body that supervises these teams or tournaments, sets up consistent rules or safety policies but they are all pretty consistent with each other. To learn more about club ball in our area we ask that you either contact one of the tournament organizers listed below to find a team or talk to some of the more experienced coaches in our league who often manage club ball teams.