

GREENWOOD LASSIE LEAGUE SOFTBALL CONCUSSION POLICY

Greenwod Lassie League cares deeply about the safety of its players. Concussions have become a prevalent issues in all sports, we have therefore adopted the following policy relating to concussions.

1. COACHES TRAINING

All head coaches must take the following on-line training from the Centers for Disease Control:

<http://www.cdc.gov/headsup/youthsports/index.html>

Coaches must provide their certificate of completion to the GLL board before their first practice. Certificates can be submitted by email @ greenwoodlassieleague@gllsoftball.net or in person to the Player Agent, Commissioner, or President.

If a coach has not provided this certificate before the first regular season game, her/his team will forfeit its games until the coach has taken the training.

We also strongly encourage assistant coaches to take this training.

2. PLAYERS WHO HAVE SUFFERED POSSIBLE CONCUSSIONS

Pursuant to CDC training and GLL policy, any GLL player who has received a blow to the head and demonstrates one or more signs/symptoms of a concussion during practice or a game must be seen by a medical professional to rule out concussion. That player may not resume playing for his/her GLL team, in either practices or games, until the player's head coach receives written medical clearance from the player's medical provider. The medical clearance must state either:

- (1) The player did not receive a concussion from the blow to the head; or
- (2) The player did receive a concussion from the blow to the head, but has sufficiently recovered such that he/she can return to play.

3. DISTRIBUTION OF MATERIALS

The league will provide all coaches with handouts about concussions from the CDC to keep with their scorekeeping materials. These brief materials will remind coaches of proper action in case of a possible concussion.

4. COMMUNICATION TO COMMUNITY

The league will post this policy, along with links to important material, on its website. The league will also send a message out to parents and other community members via email stating its policy and emphasizing the importance of concussion awareness.