



Hello WestShore Lacrosse Conference Representatives

First and foremost, thank you for supporting the growth and development of youth lacrosse on the West side of Cleveland. Your contributions have been immense, and the sport we all love continues to thrive and expand. Without your hard work and dedication, many of the opportunities for boys and girls to continue to learn the game would not be possible.

Over the years, Force Sports has continued to try and adapt with the direction Lacrosse has been heading. We have seen many changes through each level of the 'developmental pyramid' and it has taught us one very clear, elementary fact – COMMUNITY COMES FIRST! Force Sports has built its foundation on being a premier training environment for athletes of ALL ages and ability levels. In recent years, too much of our focus has gone into a very small portion of the pyramid, the top consisting of 'Club/Travel' players. While there will always be a need to provide elite level opportunities for the strongest of our athletes, there needs to be an equal if not greater focus on the continued development and growth at our foundation. Force is committed to the core of community and 'HOME'. It is our mission to continue to help communities grow by providing opportunities for athletes to train at a high level without the costs and travel associated with being in a club environment. The WestShore Conference is built on tight knit family-oriented communities, and our vision is to make the communities stronger than ever.

Please find attached with this letter an Annual Plan that highlights some of the ideas generated from the feedback and support given from great community leaders. Force has been listening and we look forward to the opportunity to work together to provide unparalleled opportunities for the boys and girls who comprise our WestShore lacrosse family.

Kindest Regards,

Bob Sefcik

Manager – Force Sports



Westshore Lacrosse Conference – Annual Plan

Presented by Force Sports

The below Annual Plan has been created to better serve the communities within the Westshore Lacrosse League. Force Sports, alongside community leaders, has identified key areas of which we can improve upon and advance Lacrosse training on the West side. Our main objectives are to:

- Provide more opportunities for ALL Lacrosse athletes
- Keep players within his or her community structure
- Create affordable high level training environments
- Focus on 'HOME' and continue to develop the West side of Cleveland and the communities representing the Westshore Lacrosse League

Winter 2017-2018

ALL Westshore Lacrosse participants to receive **20% OFF** any Force Lacrosse Academy Clinic, League, Camp, or Specialty program. Programs include:

BOYS

Grades K-3 Learn to Play
Grades 4-12 Learn to Play
Grades 4-8 Skills & Drills
Grades 9-12 Skills & Drills

Grades 3-4 7v7 League Play
Grades 5-6 7v7 League Play
Grades 7-8 7v7 League Play

Grades 3-4 Specialty Clinics (Shooting, Goaltending, Face-off)
Grades 5-6 Specialty Clinics (Shooting, Goaltending, Face-off)
Grades 7-8 Specialty Clinics (Shooting, Goaltending, Face-off)

GIRLS

Learn To Play K-3
Learn To Play Grades 4-12
Advanced Skills Grades 4-8
Advanced Skills Grades 9-12

High School Gameplay
League Play TBA

Force Sports and Force Lacrosse Academy are committed to being an elite training provider on the West side for Lacrosse players of ALL ages and skill levels. Our mission is to develop players in every facet of the game and best prepare athletes for his or her school season.

Winter Community Training – 8-10 Week program designed specifically for each team to best prepare for Spring season. ***DETAILS TO COME***

Spring 2018

1st Annual Westshore Lacrosse League All-Star Game – Powered by Force Sports – Boys and Girls

- Force Sports to cover ALL expenses including: Pinnies, official fees, site fees, etc.
- Coaches to nominate players at each age group (3rd/4th, 5th/6th and 7th/8th to form rosters)
 - # of players TBD based on # of teams nominating
- All Star Rosters to be used for Tournament Team evaluation

FREE Coaches Education Course Provided by Force Sports

- All Westshore Lacrosse coaches are welcome to attend a FREE coaching education course to be administered by Force Lacrosse Academy staff.

Westshore Lacrosse Tournament Teams

- Tournament Teams to be built based on All Star rosters and Coaches recommendations to provide a ‘club’ level experience for athletes representing the Westshore conference.
- Tournament Teams will have 6-8 Summer practices and travel to 1 Local tournament
 - Goals:
 - Provide a travel-like experience in our backyard
 - Provide a travel-like experience at more affordable prices
 - Understanding high level players will have opportunities to play on more committed travel teams (Resolute, Force Elite, Burning River, Ohio Premier, etc), we’d like to provide a ‘Bridge’ opportunity to those who may not be ready for that commitment.
 - Players to represent OUR CONFERENCE ONLY!!!

Continued Development in Force Lacrosse Academy Skills and Learn to Play Programs

- 20% Discounts to ALL Westshore athletes still applies

Summer 2018

Force Sports 7v7 Lacrosse League – Boys and Girls

- Team Registration AND Individual Registration
 - Coaches will have the opportunity to submit TEAM Registrations to promote community – School colored pinnies
 - Individual registration will also be available and HOUSE teams created
 - Standings to be kept and end of the season awards to be given – All managed by Force Sports staff
 - Force Sports to provide referees. Coaches can be provided as needed, as well.

Continued Development in Force Lacrosse Academy Skills and Learn to Play Programs

- 20% Discounts to ALL Westshore athletes still applies