

1ST GRADE BOYS BASKETBALL RULES



WESTFIELD YOUTH SPORTS

1. Standard IHSAA rules will be followed with the following exceptions.
2. Games will consist of four 8 minute quarters with a running clock. Start all games on time and allow 1 minute between quarters with a 3 minute halftime. Score will be kept, but should be reset after every quarter.
3. Coaches will determine alternating possessions at start of quarters after the jump ball at the start of a game. Games will be played 5 on 5 with a 28.5" basketball on a 8' foot goal. Fouls will not be shot, rather possession given back to the player fouled.
4. **SUBSTITUTIONS:** The timekeeper will sound the horn at a time close to the 4 minute mark of each quarter, when there's a break in play, and will stop the clock to allow for substitutions. Substitutions must be done in a quick and timely manner.
5. **PLAYING TIME:** Playing time should be balanced amongst the players present. If during the course of a game, a player gets injured or in foul trouble, then this requirement is waived for that player. Each player should be given the opportunity to play each position, if desired, throughout the regular season, but this will be at the discretion of each coach. At the end of the year all players should have played roughly the same amount of time per game attended. *Referees are not time keepers, coaches should be responsible and accountable for balanced playing time!*
6. **DEFENSE:** Only half court Man-2-Man defense will be allowed. There will be no double teaming, although the defense will not be required to vacate the lane area in rebounding situations. There will be no pressing or zone defense. A player cannot steal the dribble, or grab the ball out of an opposing player's hand (unless competing for a rebound). No blocking shots. Stealing passes are allowed in the second half of the season.
7. **OFFICIALS:** Each team should have at least one coach on the floor during play to coach their team and help officiate. Officiating should be instructional. Explanation should be given on infractions. Possession of the ball will not be lost on the first infraction; rather, the player committing the infraction given the ball and instructed to try again. On repeat infractions by the same player, the ball will be given to the other team. All coaches are to be consistent with their calls in officiating of the games. If any coach should have a question on the officiating of the games, the 1st Grade Commissioner is to be consulted. Violations of emphasis should be: Out of Bounds, Traveling, Double Dribble, and Fouls.
8. Coaches will stress fundamentals of basketball during practices and games. The goal of the WYSI program is to develop these skills.
9. Every Coach, Parent, and Player has agreed to follow the WYSI Code of Conduct (<http://www.wysi.net> →About →Bylaws and Policies → Read the Policies and Procedures →Section 2). Coaches will present a

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safe, friendly environment for the players. Coaches will control their behavior and present good sportsmanship, this includes a responsibility to remind their fans to exhibit good sportsmanship. Confrontation amongst players, parents, and/or coaches will not be tolerated and will be subject for removal. The goal of the WYSI program is to provide a fun and competitive league that develops a player's skill level.

10. Only players and coaches are allowed on the gym floor during practice and games. No parents or siblings will be allowed to shoot around or dribble in the gym during practices or games.