



Westfield Youth Sports, Inc.

Instructional Baseball Rules

GAMES:

1. Games will be 1 hour long. Please keep on track as delays throw off everyone's schedule.
2. No score will be kept during any game.
3. Innings
 - a. An inning consists of all players on both teams batting 1 time through.
 - b. If you cannot finish a full inning within the 1 hour time limit, don't start one.
4. Pitcher/Pitcher's Helper
 - a. A coach will pitch to each batter a maximum of 4 pitches.
 - b. If the batter doesn't hit from the coach, a tee will be used.
 - c. A pitcher's helper will be used and he/she will stand behind and to the left or right of the coach pitching for a clear view of the batter.
 - d. A pitcher's helper must use a helmet with a face guard (no pitcher helper will be used without one).
 - e. If you have 2 helmets with face guards (Ex. borrowing the opposing teams) you can have 2 pitcher helpers.
5. All players should be given a chance to play in all positions throughout the season.
6. Base Runners
 - a. No stealing is allowed
 - b. A runner can only advance 1 base at a time regardless of the hit or a overthrow.
 - c. If a batter gets out during his/her at bat he/she will continue to stay on the base until reaching home plate.
 - d. The last batter from each team will run from 1st base around to home plate clearing all base runners.
7. Dug Out/Base Coaches
 - a. Assistant coaches/parents should be in the dug out to keep control of the batting order and kids.

- b. Assistant coaches/parents should be used for the catcher's position and base coaches during your at bat.
- 8. Coaches/Players/Parents
 - a. All people watching or participating should keep in mind this is for fun and promote a safe environment for the players.
 - b. No arguing or combative behavior will be tolerated from coaches, players, parents or spectators. Violators will be removed from the baseball fields immediately and may be banned from attending games in the future
 - c. Please keep the baseball fields, dug outs and stands clean or picked up after your game.