

**ADVANCED  
DEFENSIVE TACTICS & TECHNIQUES**

*Female Athletes*

**July 17<sup>th</sup> - 28<sup>th</sup>**

*Male Athletes*

**July 31<sup>st</sup> - Aug 11<sup>th</sup>**

The Montclair United Soccer Club is conducting a 10-day advanced clinic for elite varsity & collegiate soccer players. This customized course focuses exclusively on defensive tactics and techniques. The course is limited to 18 players, divided into three sessions.

The curriculum covers:

1. *Principles of defending*
2. *Proper defensive techniques*
3. *Characteristics of effective defending*
4. *Selection of best defensive technique*  
(based on a player's starting position, and the positions of the ball, opposing player, player's support and location on the field)
5. *Effective defensive decision making*
6. *Understanding the role of the defenders*  
(1st, 2nd, 3rd, & 4th)
7. *Agility, speed, reaction, & anticipation*

**REGISTRATION DEADLINE:**

**July 15<sup>th</sup>**

**Coach:** Kayode McKinnon

**SUMMER 2017**

**Montclair United Soccer Club**

**Field: Fortunato**

10 Essex Ave, Montclair, NJ 07042



[summercamp@montclairsoccer.com](mailto:summercamp@montclairsoccer.com)



[www.montclairsoccer.com](http://www.montclairsoccer.com)

**Advanced  
Defensive  
Clinic**



**Montclair  
United  
Soccer Club**

## COACH'S BIO

*Kayode McKinnon* is an international athlete, playing soccer at the FIFA & Olympic competition levels. In addition to representing his native Guyana, he has an exemplary professional career playing for multiple prestigious soccer clubs around the world. This experience has led to the development of an elite training system customized to enhance the strengths & technical skills of soccer players at all levels.

### International Competitions

Country: Guyana  
National Team Caps: 60

### World Cup Qualifying Tournaments

2006, 2010, & 2014

### Olympic Qualifying Games

U-23, U-19, & U-17 Guyana National Team

### Professional Clubs

2010 - 2012, Guyana Prof. League/USL

Joe Public

Antigua Barracudas

2001 - 2009, Trinidad & Tobago Prof. League

North East Stars

Caledonia AIA

Joe Public

Tobago United

### Coaching Experience & Credentials

2012 - Present

Montclair United Soccer Club [New Jersey, USA]

Founder

Kayo's Football Academy [Linden, Guyana]

**The FA Level III-B [UEFA "B" equivalent]**

**Coaching Certification**

**NSCAA Level 5 Diploma**

*Kayode McKinnon & Co.*

DISCIPLINE. DEDICATION. RESPECT.



[www.KayodeMcKinnon.com](http://www.KayodeMcKinnon.com)

[info@KayodeMcKinnon.com](mailto:info@KayodeMcKinnon.com)

☎ (551) 242-0042

NEW JERSEY, USA

## Clinic Schedule

# July 17<sup>th</sup> - 28<sup>th</sup>

female athlete	schedule
Session 1	8:00am - 9:00am
Session 2	9:30am - 10:30am
Session 3	11:00am - 12:00pm

# July 31<sup>st</sup> - Aug 11<sup>th</sup>

male athlete	schedule
Session 1	8:00am - 9:00am
Session 2	9:30am - 10:30am
Session 3	11:00am - 12:00pm

## Montclair United Soccer Club



## CLINIC FEE

# \$150

 /per player

The Montclair United Soccer Club *does not discriminate and encourages diversity among its participants. The Club provides financial aid for families unable to afford participation fees.*

*register at:*

[www.montclairsoccer.com](http://www.montclairsoccer.com)