

## **CIRCLE DRILL**

### **PURPOSE**

To improve concentration when fielding a ball

### **EQUIPMENT**

Several baseballs, gloves

### **TIME**

4 to 6 minutes

### **PROCEDURE**

1. Players form a large circle with plenty of space between them.
2. The coach, standing outside of the circle, throws a ground ball to a player to start the drill.
3. The player catches the ball and then throws a ground ball to any player in the circle except for those very close to him. The next player throws a ground ball to someone else in the circle.
4. After each catch, the coach yells out the number of times in a row the team has caught the ball without errors.
5. The coach then adds a second ball to the drill.

### **KEY POINTS**

1. Players should catch the grounder with two hands and watch the ball go into their gloves.
2. The player should have control of the ball before trying to throw it.
3. To keep more players involved, split the team into two groups with a coach supervising each circle. Set a 30-second time limit and see which circle can catch more grounders without making an error within the allotted time. The winners could earn extra swings during batting practice.
4. Have a few extra balls available to save time in case a player misses a ball.

## **CIRCLE DRILL**

### **RELATED DRILLS**

3, 9, 14, 15

