

Mill Valley Lacrosse Code of Conduct

The Mill Valley Lacrosse Association (MVLA) abides by a strict Code of Conduct governing all coaches, players, officials and parents. The purpose of the Code is to insure that everyone associated with the MVLA treats each other with dignity and respect.

The Code of Conduct is a condition of membership for all players, parents, coaches and officials. All members of MVLA agree to abide by the Code of Conduct and to be subjected to the consequences of violating the Code. By participating in the MVLA program, players, parents and coaches are all bound by this Code of Conduct. All enforcement decisions made by the officials of MVLA are final and are not subject to review. No refunds will be granted to those dismissed from the club for violating the Code of Conduct.

MVLA CODE OF CONDUCT

Parents-

1. Teach and practice good sportsmanship at all games and practices. You are role models!
2. Know the rules of the game of lacrosse.
3. Respect the game of lacrosse. Respect the officials. Respect the coaches.
4. Do not coach your child. Let players play and coaches coach, and support both positively.
5. Do not EVER criticize other players.
6. Follow the "24 Hour Rule"; if you have a complaint resulting from a game (or practice) situation, speak with the coach on the following day. If additional review or escalation is required, please email: MVLAXsportsmanship@gmail.com
7. Emphasize the FUN of the game and the team, putting forth effort at all times, not wins and losses.

Players-

1. Respect your teammates, coaches, referees and opponents at all times.
2. Give 100% effort at each practice and game.
3. Know the rules of the game of lacrosse and abide by them.
4. Support and encourage your teammates. Set a positive example.
5. Wear the required equipment at all games and practices, and keep your equipment well maintained.
6. Display good sportsmanship at all times on and off the field.
7. Don't be afraid to make a mistake; that's part of learning.
8. Learn from your coaches; practice hard; play smart; Have Fun!
9. Be modest in victory and gracious in defeat.

Coaches-

1. A coach is a role model, who must act with the highest moral character possible.
2. Coaches must reinforce the self-image of each player. A coach must be positive and constructive.
3. Respect the game of lacrosse. Respect the officials.
4. Teach the rules of lacrosse. Abide by those rules in practices and games.
5. Establish objectives for the team and players and inform them of team and individual goals.
6. Teach and practice good sportsmanship at all games and practices.
7. Be modest in victory and gracious in defeat.

All-

- 1) Any conduct, including vulgar or abusive language and/ or gestures, racially insensitive remarks, damage to property or belongings, or any other conduct that reflects poorly on yourself or MVLA is deemed to be unacceptable and will not be tolerated. This rule applies to all players, parents, siblings and guests at all times when in or around games or practices as a member of MVLA.
 - i) As a lacrosse player in the MVLA, you are to understand that a high level of sportsmanship is expected from you. You are expected to treat your coaches, fellow teammates, officials, opposing team players and coaches with respect and dignity at all times.
- 2) The Board of Directors of MVLA will deal with unacceptable conduct at its sole discretion, imposing warnings, suspension or expulsion, as it deems appropriate. ANY SUSPENSION OR EXPULSION BASED ON VIOLATIONS OF THE CODE OF CONDUCT WILL NOT BE ACCOMPANIED BY A REFUND.

I, (print name) _____, acknowledge that I understand and will abide by the MVLA Code of Conduct.

Signature - Player

Date

Signature - Parent

Date