



CHARLOTTE SOCCER ACADEMY TRAINING AND GAME EXPECTATIONS **RECREATION SEASON SPRING 2021**

CSA Rec Soccer is excited to return for the spring after a safe and successful fall season. As in the fall, the safety of our staff and players is paramount. Below is some important information that has been compiled through various feedback and guidelines set forth by our sports governing bodies at the State and National level combined with information set by North Carolina's Governor and the Department of Health. Many of these recommended protocols are common sense. If we work together to minimize exposure to the COVID-19 virus, then we can all stay safe and healthy and continue to enjoy sport activities.

While we are going to do our best to put the staff and players in the safest possible environment, primarily it is the responsibility of our families to educate children on expectations when out on the field. Using governing body recommendations, and the responsibilities defined below, CSA maintains and distributes Player and Spectator Guidelines to all families on a frequent basis. The most current version is attached.

RESPONSIBILITIES OF CSA

- CSA has engaged with local health professionals and will continue to create dialogue to ensure Charlotte Soccer Academy is providing the safest environment for all members.
- Educate all Charlotte Soccer Academy staff and volunteer coaches on expectations and protocols when on the field this fall which will include:
 - A plan of action in case of the unfortunate event of a COVID positive result occurs within our player pool.
- Charlotte Soccer Academy will be compliant and will adhere to the updated regulations provided by CMS and Charlotte Mecklenburg Parks and Recreation department.
- Provide enough space for teams to train adhering to the any current social distancing requirements that may still be in place during the fall season.
- Most of our training curriculum for all our recreation teams through the spring will predominantly be technical based sessions with limited contact, but obviously small sided games/competitions will be integrated into each session and games are planned to be played on the weekend. Our volunteer coaching staff will be given training pinnies (bibs) at the start of the season and they will be educated to distribute them at the start of any game type activity, but NOT to swap them amongst players during any practice or game.

RESPONSIBILITIES OF PARENTS

- When arriving at practices and/or games each week throughout the season, please ensure your child is healthy and does not exhibit any potential symptoms of illness. If they are under the weather, please do not bring them to any session.
- If any player exhibits a fever of 100.4 degrees and potential symptoms of illness, they are to miss any soccer related activity and can only return when they are fever free for 24 hours.
- Please notify the club if your child does become ill with potential Covid-type symptoms during the season.
- We encourage players to have their own hand gel, preferably the kind that attaches to the outside of their soccer bag and will be encouraged to use it frequently during water breaks at games and training sessions. The club will have hand sanitizer available at each location on game days.
- **Comply with the current Player and Spectator Guidelines with regards to face coverings, social distancing, field capacities, and spectator limits.**

CSA frequently updates the **Player and Spectator Guidelines** to remain in compliance with the latest directives. The most recent version is attached. This will be updated as information changes.



CHARLOTTE SOCCER ACADEMY UPDATED PLAYER AND SPECTATOR GUIDELINES

The following guidelines will be in effect beginning March 1 until further notice.

PLAYERS

- All players must have had their temperature taken at home prior to leaving for the fields.
- If a player is experiencing any symptom of Covid-19 they must stay at home and contact the programs sectional director or their club coach.
- All players must wear a face covering to and from the fields for each session. If a player does not arrive wearing a face covering, they will not be able to participate and will be asked to leave the field.
- **Face coverings are required during all practice and game activities unless an exception applies as defined by the NCDHHS.**
- During games, players on the sideline must adhere to social distancing rules and sit 6-10 feet apart from each other.
- Players are required to wear face coverings when on the sideline during the games.
- No handshakes nor fist pumps when greeting teammates and staff.
- No close celebrations after goals are scored.
- During half-time and pre-and post-game speeches, all players must maintain social distancing.
- Players need to bring their own water (please bring enough for the entire game or session).
- Do not share equipment.
- After the game or session, players should not congregate in groups and should go directly to their cars.
- Players should not take off any equipment until they have left the facility.

SPECTATORS

- Spectators experiencing any symptom of Covid-19 must stay at home.
- Spectators must wear a face covering at all times and will be asked to leave the fields if they do not comply.
- Game Spectators are limited to TWO per player with immediate family or up to fifty spectators per team. (Face masks are required and please practice social distancing at all times when spectating.)
- Spectators must stay within your family group and stay 6-10 feet away from other families.
- Spectators that are congregating will be asked to leave the fields immediately.
- After the game, spectators and players should go directly to their cars.

COACHES

- All coaches will take their temperature at home prior to leaving for the field.
- If a coach is showing any symptoms of Covid-19 they must stay at home.
- Coaches will be required to wear face coverings at all times.
- Coaches will practice social distancing with other staff and players.
- Coaches will be responsible for all equipment and must sanitize daily.
- During half-time and pre and post-game speeches, coaches must maintain social distancing.