



CHARLOTTE SOCCER ACADEMY TRAINING AND GAME REQUIREMENTS **RECREATION SEASON FALL 2020**

As we are very excited to get back on the field, the safety of our staff and players is paramount. Below is some important information that has been compiled through various feedback and guidelines set forth by our sports governing bodies at the State and National level combined with information set by North Carolina's Governor and the Department of Health.

While we are going to do our best to put the staff and players in the safest possible environment, primarily it is the responsibility of our families to educate children on expectations when out on the field.

Practices and games are understandably going to have a different feel this season. To be in compliance with our governing body recommendations, CSA is looking to uphold the below expectations for our fall recreation season.

RESPONSIBILITIES OF CSA

- CSA has engaged with local health professionals and will continue to create dialogue to ensure Charlotte Soccer Academy is providing the safest environment for all members.
- Educate all Charlotte Soccer Academy staff and volunteer coaches on expectations and protocols when on the field this fall which will include:
 - A plan of action in case of the unfortunate event of a COVID positive result occurs within our player pool.
- All our recreation facilities that only have porta-jons, Charlotte Soccer Academy will provide portable sinks allowing families to wash hands before and after any session or game.
- Charlotte Soccer Academy will be compliant and will adhere to the updated regulations provided by CMS and Charlotte Mecklenburg Parks and Recreation department.
- Provide enough space for teams to train adhering to the any current social distancing requirements that may still be in place during the fall season.
- Most of our training curriculum for all our recreation teams through the fall will predominantly be technical based sessions with limited contact, but obviously small sided games/competitions will be integrated into each session and games are planned to be played on the weekend. Our volunteer coaching staff will be given training pinnies (bibs) at the start of the season and they will be educated to distribute them at the start of any game type activity, but NOT to swap them amongst players during any practice or game. We will also ensure coaches wash their training bibs after each session through the season.

RESPONSIBILITIES OF PARENTS

- When arriving at practices and/or games each week throughout the season, please ensure your child is healthy and does not exhibit any potential symptoms of illness. If they are under the weather, please do not bring them to any session.
- If any player exhibits a fever of 100.4 degrees and potential symptoms of illness, they are to miss any soccer related activity and can only return when they are fever free for 24 hours.
- Please notify the club if your child does become ill with potential Covid-type symptoms during the season.
- We encourage players to have their own hand gel, preferably the kind that attaches to the outside of their soccer bag and will be encouraged to use it frequently during water breaks at games and training sessions. The club will have hand sanitizer available at each location on game days.

Many of these recommended protocols are common sense. If we work together to minimize exposure to the COVID-19 virus, then we can all stay safe and healthy and continue to enjoy sport activities.