

# PITCH COUNT WORKSHEET

Date: \_\_\_\_\_

Home Team: \_\_\_\_\_

Score: \_\_\_\_\_

Away Team: \_\_\_\_\_

Score: \_\_\_\_\_

## Home Pitchers

Name	Age	Pitches
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

## Away Pitchers

Name	Age	Pitches
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

### Pitch Count Rest Periods

Pitches	Mandatory Rest
66+	4 Calendar Days
51-65	3 Calendar Days
36-50	2 Calendar Days
21-35	1 Calendar Day
1-20	No Rest

### Pitch Limits

Age	Max #
13-16	95
11-12	85
9-10	75
7-8	50

\*Exception to Mandatory Rest rule is if the pitcher reaches a rest threshold during an at bat, the pitcher only needs to observe the threshold reached as long as the pitcher does not pitch to another batter.