

CVYS Coaching FAQ

1. I don't know anything about soccer. Don't I need playing or coaching experience before I sign up to coach a team?

Absolutely not!! The skills associated with coaching small children in soccer are more in line with basic parenting skills than anything else. We will teach you the soccer drills, techniques and game rules that you need to know. CVYS also works with a full time coach/player trainer from Youth Elite Soccer (YES). For our U6 (under 6 years old) and U8 (under 8 years old) divisions, our YES trainer will coordinate half your practices during the season. There are many other resources in place to get you started on the right foot including:

- CVYS coaches orientation meeting and coaches binder
- Coaches corner at www.cvyouthsoccer.org has game rules as well as great drills, skills and team admin info
- CVYS coach mentoring program
- Free Youth Coaching Certification via PA West (one hour online, two hour field session):

2. Do I definitely get my child on my team roster?

Yes. Head coaches and one assistant coach get their children on the team roster by default.

3. What is the time commitment?

In-house teams practice once a week for nine or ten weeks starting one or two weeks before games start. Coaches get to pick their own practice night and time from the available weeknight field slots on a first come first serve basis. Games are between 9am and noon on Saturday mornings running from 4/11 to 6/6 this spring (no games on Labor Day weekend, only make up if needed). So two hours a week, that's it. There is also a team draft and orientation meeting for two hours on the weekend of 3/28.

4. I travel for work, so I can't make some of the practice/game times. Does this exclude me from coaching?

Many coaches travel for work, and we all have other commitments besides soccer. There are many willing assistant coaches that will fill in for you when you can't be there. Or coaches that have a heavy travel workload, often partner with a co-coach, so they can fill the schedule gaps for each other.

5. I want to help, but I just don't feel confident to take my own team. What can I do?

Many of our best youth coaches in the club today started as assistant coaches. Sign up as an assistant or co-coach this season, or take advantage of our coach mentoring program. We have experienced coaches that will work with you for a few weeks to get you started on the right foot.

6. Do I need background check clearances?

The state of PA passed a law taking effect this year requiring all youth sports volunteers to complete specific background checks before working with kids. These same clearances are applicable and transferrable to all youth sports as well as volunteering for school/PTO events. CVYS will reimburse the full cost of your coaching clearances.

7. How do I sign up to coach?

Email us at CVYSclub@gmail.com to express your interest. Or you can check the head coach or assistant coach box on the volunteer screen while you are registering your child.