

CONNECTICUT BASKETBALL CONFERENCE

2019-20 Connecticut Basketball Game Rules

All games are governed by CIAC high school rules except for the following:

1. **Game Logistics.** Each game will be scheduled for 65 to 75 minute time slots. A 3-5 minute warm-up period will be allowed prior to each game. Teams are encouraged to stretch outside the gym before their game, if permitted by your host.
2. **Length of Game/Quarters.** The **home team**—not the referee—controls the length of each quarter but quarters should never be less than 7 minutes and 8 minute quarters are preferred with a clock that stops. The home team—**not the referee**—determines the length of quarters. Please note:
 - Halftime shall be limited to 3 minutes (and is otherwise a long time out)
 - The cessation of play in between quarters shall be no longer than 2 minutes.
3. **Ties.** There are no ties.
 - a. If the score is tied at the end of regulation, two minutes shall be placed on the clock. The team ahead at the end of the two minutes is the winner.
 - b. Overtime will commence with a jump ball.
 - c. There are no timeouts in overtime—just play.
 - d. If still tied at the end of the two minutes, place another two minutes on the clock and repeat process until a winner is declared.
4. **Fouls.** Team fouls **reset at the half** as in CIAC play for all divisions.
5. **Foul Shots.** 4th Grade Boys, 5th Grade Boys and 5th Grade Girls may shoot fouls 1 foot inside of the foul line (or otherwise cross the line when attempting a foul shot). Referees are encouraged to call only blatant violations on the foul shooter at these ages.
6. **Ball Size.** 4th Grade Boys, 5th Grade Boys and all Girls divisions will use a 28.5" ball.
7. **Time-outs.** Each team shall be allotted one full (60 second) timeout and two 30 sec. time-outs per half—that do not carry over. Either coaches or players may call a time-out.
8. **Mercy Rule.** There is a 20-point differential rule is in effect for regular season games. If there is a 20-point differential at any point in the game, the winning team shall not press.
9. **Referees.** Board certified referees must officiate each game.
10. **Player & Coaches Conduct.**
 - a. If a coach receives a technical foul he/she must stay seated on the bench for the remainder of the game.
 - b. If either a player or coach is ejected from a game, **the ejected player or coach shall serve a three-game suspension** starting with the next regular season or **Connecticut Basketball** tournament game. (The Club President representing the offending coach may appeal the suspension with the League.)
11. **Parents Conduct.** Any parent who enters the court during the playing of the game—including the stoppage of play—shall, at the referee's discretion, cause a forfeit of the game.

* A [copy of these rules](#) be present at each home site.