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## *Jessie's Coaching Philosophy*

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First and foremost I believe in sharing a love for the game. Sports can teach us a lot about life, but if they aren't fun then I think we should seek those lessons elsewhere. When learning anything it is necessary to learn the basics first and then build into the more complex. Soccer is the same, we start with controlling the ball and build into playing as a team. Aside from soccer specific skills, communication and problem solving are two of the most important skills I can practice and share with my athletes, parents, and fellow coaches.