



<http://www.germantownlittleleague.org/>

Germantown Little League COVID-19 Protection Guidelines

Besides our recommendation of following the CDC's guidelines for person hygiene (<http://www.cdc.gov/coronavirus/2019-ncov/index.html>), the following guidelines shall be employed by everyone involved in the Germantown Little League organization to help mitigate the risks of spreading COVID-19 throughout the 2020 season.

Germantown Little League (GTLL), in coordination with Little League International, wish to promote the health of all players, coaches, umpires, volunteers and spectators. The following guidelines will be used to accomplish this goal:

1. Any player, coach or volunteer who is ill (fever 100.4 F or greater, cough, shortness of breath) should stay home and not participate. No player with family contacts who are diagnosed with COVID-19 should participate.
 - a. Notify your coach or appropriate Board Member if you will be absent.
 - b. If any player or coach is sick with a fever (100.4 F or greater), that individual will be required to refrain from league activities for 2 weeks from the date of last fever and must receive medical clearance prior to participation.
2. All participants and spectators are encouraged to wear masks, especially senior citizens and those with compromised immune systems or conditions that make them susceptible to infectious disease.
3. Every player and coach will be responsible for bringing and utilizing hand sanitizer before any practice or game and reapply sanitizer when necessary.
 - a. Coaches are encouraged to have each player sanitize before entering the dugout and at change of innings.
 - b. Players are encouraged to use their own personal equipment and avoid sharing.
 - c. Team catcher's gear must be wiped down with disinfecting wipes between players.
 - d. All shared equipment must be wiped down before and after the games. This includes score board controllers and shared equipment in the team bags (i.e. catcher's gear).
4. Social distancing will be encouraged. This includes:
 - a. Eliminating unnecessary touching during games/practices (high fives, fist bumps, handshakes, sharing personal items, eating/using seeds, etc.)
 - b. Only the up to bat, on deck, and in-the-hole batter will be in the dugout. All other players with helmets on will be seated on bleachers outside dugout. One coach in the dugout and one coach/parent with lined-up players.
 - c. Spectators are expected to practice social distancing on their own. Spectators will not be allowed to sit on bleachers at this time – players only.
5. Home plate umpires will be positioned behind the pitcher's mound until further notice. The catcher must set up two feet behind normal catcher position. No leadoff runners.
6. Players, coaches, and umpires will not be allowed to chew gum, chew/spit seeds or other similar items while playing games or practicing. Coaches will need to remove any items found and send them home with parents.



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7. No team snacks or drinks shall be provided to any GTLL event.
8. To continue our tradition of good sportsmanship, at the conclusion of each game, our teams will line up on baseline nearest our dugout and provide a "tip of the cap" to the opposing team and umpire(s).

Germantown Little League reserves the right to revise these rules before, during and after the season.