

# WBA Basketball Rules 2019-2020

## I. League Organization

### A. Purpose of WBA Basketball

WBA Basketball was established for the sole purpose of providing an opportunity for the boys and girls of Wylie to participate in a competitive basketball program. This program is intended to accomplish the following:

#### 1. Participation

- That each boy and girl, regardless of size or athletic ability, will have the opportunity to play on a team and compete in the game of basketball.
- It is expected that each head coach will set as one of his or her primary objectives, the full participation and development of all boys and girls on each team.

#### 2. Education

- That each boy and girl will have the opportunity to learn and develop the fundamental skills of basketball.
- That each boy and girl will have the opportunity to learn how to cooperate and work together as a team, working toward a common goal and good sportsmanship.

#### 3. Enjoyment

- That each boy and girl will gain an appreciation for, and enjoy the game of basketball.
- That each boy and girl will be able to experience the satisfaction of participating in a balanced program of effort and enjoyment.

#### 4. Responsibility – Coaches/Players/Parents

- Coaches shall strive to teach the participants the fundamentals of basketball; teach good sportsmanship and will set examples that the players will benefit from as they grow. (See page #8 for additional responsibilities)
  - Players will make every effort to attend all scheduled practices and games. Players will give their best effort to the game of basketball and to respect the authority of coaches and officials as well as cooperate with their fellow players.
- Parents are to encourage their child through positive reinforcement, praise, and encouragement to put forth their best attitude and effort during the basketball season. Parents are to ensure that their child is punctual to practices and games and are strongly encouraged to support the volunteer coach in any way possible.

## B. Basketball Board

The Board establishes the rules and by-laws as well as overseeing their implementations. If necessary, special meetings can and will be called for problem resolution and amendments to the by-laws.

1. **President** - Leads the Board and oversees all functions.
2. **Vice President** - Assists the President with his/her duties and will preside in his/her absence.
3. **Secretary** - Records the activities of the Board and maintains a written record of such, including meetings and assists as needed.
4. **Treasurer** - Maintains and accounts for the financial business of the league.
5. **Referee Director** - Responsible for the recruitment of referees and their scheduling during the season.

## C. Definitions of Proposed Leagues

The WBA provides league play for boys and girls grades K through 8<sup>th</sup>. It is the intent of the WBA to separate all leagues by grade and gender. The only league

that may include both boys and girls is grade K. Other combinations will be by grade only.

## II. Team Selection

### A. Players

1. Every child will be placed on a team as long as we have enough coaches.
2. Each head coach will be permitted, but not required, to reserve an entire team roster. Those players will consist of any age appropriate, registered son(s) or daughter(s) of the head coach and assistant coach. **The maximum number of reserves will be ten (10) players.**
3. An effort will be made to place an equal number of players on each team.
4. Each team shall consist of (8-10 maximum) players, unless approved by the Board.

### B. Selection of Coaches

1. The selection of head coaches is conducted by the Coach Selection Committee, supervised by the Vice President.
2. All league teams will have one (1) head coach and it is encouraged to have one (1) assistant coach.
3. Head coaches may select their own assistant coach subject to approval from the WBA Basketball Board.
4. A head coach who has volunteered to serve as a coach in WBA Basketball will always be given the option of retaining his/her position year after year subject to Board approval.
5. All coaches will be subjected to a background check before approval.

## III. Equipment and Uniforms

### A. Basketball

1. The league will furnish game balls. Players should be encouraged by their coach to obtain their own ball, prior to the start of the season, for practice purposes.
2. Grades K-2 will use a designated small intermediate (27.0" circumference) ball.
3. The 3<sup>rd</sup> through 6<sup>th</sup> grade programs will use a designated intermediate (28.5" circumference) ball.
4. 7<sup>th</sup> and 8<sup>th</sup> grade boys and girls will use a 29.5" ball.

#### B. Goals

1. K thru 2<sup>nd</sup> grade programs will play on an 8 ft. basket.
2. The 3<sup>rd</sup> and 4<sup>th</sup> grade programs for girls will play on a 9 ft. basket
3. The 3<sup>rd</sup> and 4<sup>th</sup> grade programs for boys will play on a 10 ft. basket, and the 5<sup>th</sup> thru 8<sup>th</sup> grade programs for girls will play on 10 ft. baskets.

#### C. Uniforms

1. Team uniforms will be ordered by the WBA as part of the registration fee for each player.
2. Each player must wear basketball shoes during games and practices.
3. No jewelry shall be worn during games, this includes earrings, watches, ID bracelets or necklaces, hats, metal or hard plastic hair clips, etc.

### IV. Awards and Trophies

Trophies will be given to league champions and league runner-up as determined by the league post-season tournament.

### V. Team Practice Sessions

#### A. Practices

1. Each practice will be limited to one hour for grades K-2; grades 3-8 will be limited to one and ½ hour (as part of the league registration).
2. Each player must participate in practice unless injured, disciplined, or restricted by a parent.
3. Failure to make practice or participate appropriately unless justified may result in waiving mandatory playing time.
4. A minimum of one (1) practice session per week will be allowed prior to the beginning of the season.
5. Only team members, parents, and supervised children will be allowed at the practice session. **No other persons are allowed on the court at any time. Please keep all others off of the court and away from all goals, including any goals alongside the court.** This includes other WBA players/teams who are not scheduled to be in the gym at that time and on that date. No scrimmage games will be allowed except between two teams who are scheduled to share the gym on their scheduled night.
6. The WBA Board will assign the practice facility and time to each team.
7. In most cases, a gym will be divided between two (2) teams, each having half the court space for the practice session.
8. A coach may request extra practice by contacting the Board. Extra practices must be requested 3 days in advance and will require advance payment. The cost includes the price of the gym and the cost associated with hiring a gym manager provided by WISD. The WBA will do its best to reserve the specific time, date and location of the request, but we are at the mercy of WISD. We cannot guarantee and request in advance additional options. Coaches will not have the authority to demand that players participate in extra practices or that players are obligated to share in the costs. Costs should be spread amongst those that wish to participate only.
9. Parents should contact the Board in order to address complaints or concerns.

## VI. League Schedule

## A. Regular Season Schedule

1. Regular season games shall be played in accordance with the schedule approved and published by the Board.
2. Every effort should be made to ensure that an adequate number of games are played in the regular season to be a worthwhile experience (minimum 6 game guarantee).

## B. Post-season Tournament Play

1. At the conclusion of the season, a Tournament may be played.
2. Tournament pairings will be determined each year based on the league standings. In cases where a tie occurs within the league standings, point for is the first tie breaker. If a tie still exists, the team with the fewest points allowed will be awarded the higher seed.
3. Every effort should be made to include all divisions and all teams in the Tournament.

# VII. Playing Rules and Regulations

## A. Official Rules

Texas High School Interscholastic League Basketball Rules are the official playing rules and regulations, with exceptions as presented each year by the Board.

## B. Playing Time

1. It is strongly encouraged to allow for the equitable distribution of playing time to all players as much as possible.
2. All leagues participants are required to play two (2) complete quarters per game. **This means COMPLETE, a player is marked to play two entire quarters and not pulled out during that quarter, unless one of the following rules apply.**

3. The exception would be in the case of injury. If the player is able to continue, he/she may complete his/her playing time in another quarter other than the one he/she started.
4. Medical and disciplinary excuses must be reported to the scorekeeper, opposing coach, and the lead referee prior to game time. A form reporting such medical or disciplinary excuse must be signed by the coach, one parent, and the game's head official.
5. If for any reason a player starts a game and will not play the remainder of their allotted playing time the scorekeeper, opposing coach, and the referee must be notified.
6. Parents must be notified if a player is going to be held out of a game for disciplinary reasons.
7. Lead official shall have the final ruling on playing time disputes.
8. Coaches will be responsible for turning in a roster to the scorekeeper prior to the game. The game roster will include the players name, jersey number, and the quarters of the game they are scheduled to play in (Form is on the website and each coach is to use the provided form). A player scheduled to play in a particular quarter may be substituted due to injury, or if the player has a total number of fouls greater than the quarter they are playing in. Subbing a player due to foul trouble is optional.

See examples next page (This form is available under handouts on the website and MUST be used by all coaches, result for non – use is technical foul):

<b>Smp. 1</b>	Player	#	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>		<b>Smp. 2</b>	Player	#	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>
	Player	1	X		X				Player	1	X		X	
	Player	2	X		X				Player	2	X		X	
	Player	3	X		X				Player	3	X		X	
	Player	4	X		X				Player	4	X		X	
	Player	5	X		X				Player	5		X		X
	Player	6		X		X			Player	6		X		X
	Player	7		X		X			Player	7		X		X

	Player	8		X		X			Player	8		X		X

In sample one Players 1-5 could be free subbed in quarters 2 and 4. Sample 2 provides some more flexibility in that Players 1-4 can be free subbed in quarters 2 and 4 while Players 5-8 can be free subbed in quarters 1 and 3.

**C. Length of Games**

1. 3<sup>rd</sup> – 8<sup>th</sup> grade leagues will play four (4) six (6) minute quarters per game. The K thru 2<sup>nd</sup> grade league will play four (4) eight (8) minute quarters with a continuous running clock, (1/2 grade: clock will only be stopped for free throws and timeouts).
2. Every effort must be made for games to start and end on time.
3. A team must have at least four (4) players to start a game. Scheduled game time is forfeit time.
4. At any point after the start of a game, a team that cannot place at least four (4) players on the floor shall forfeit the game.

**D. Tie Games**

1. (All Grades) In the case of a tie game, a three (3) minute overtime period will be played. The game clock will be a continuous running clock except on called timeouts and shooting fouls. This period will begin with a jump ball. If the game is still tied at the end of the overtime period, the five (5) players of each team that finished the game will shoot free throws. At least one free throw per player for a total of five (5) free throws per team. Free throws will be shot alternately following the second overtime tie. Visiting teams will shoot first. The team with the most free throws will be the winner. All free throws will be added to the score.
2. The above applies to all regular season and post-season games.

**E. Pre-Game Warm-ups and Half Time**

1. A mandatory five (5) minute pre-game warm-up period must be observed.
2. Mandatory five (5) minute half-time break must be observed.

## F. Timeouts

1. A total of four (4) timeouts per game will be allowed per team.
2. One (1) timeout per team in overtime will be added to each team's timeout total.
3. All timeouts will be for sixty-seconds.

## G. Defense Rules

- **15 Point Pressing Rule (K thru 2<sup>nd</sup> Grade).** Teams will not be allowed to use a full court press or full court man to man (including traps) at any time in the K thru 2<sup>nd</sup> grade league. **K thru 2 teams must play half court man to man only. No zone defenses of any type.** Teams must allow the opposition to advance the ball **across** the half court line **until the first line beyond mid-court.** As offensive and defensive players converge within the lane, each defender must remain with their player and only one defender on the dribbler. A switch of defenders on the dribbler is allowed as long as the primary defender goes to a different player. If the margin of play at any time during the second half becomes 15 points or greater, the defense must back up to the 3point line or top of the key if no 3 point line. If a lead is under 10 points starting the 4th quarter, the 10 second count is in effect in the background and defense can pick up at midcourt. The first violation will result in a team warning. The second violation will result in the coach being assessed a technical foul. Two technical fouls will result in ejection.
- **15 Point Pressing Rule (3<sup>rd</sup> -4<sup>th</sup> Grade).** Teams will not be allowed to use a press defense in the first half of play in the front court. Teams must allow the opposition to advance the ball **across** the half court line. Teams may use a zone or man-to-man defense (including traps) in the front court during the second half of play. If the margin of play at any time during the second half becomes 15 points or greater, the leading team may no longer use the pressing defense (including traps) in the front court. As offensive and defensive players converge within the lane, each defender must remain with their player and only one defender on the dribbler. A switch of defenders on the dribbler is allowed as long as the primary defender goes to a different player. The entire 4<sup>th</sup> quarter and all of overtime, teams are allowed to play

full court defense to include pressing, and trapping, as long as they are not up by 15points. The first violation will result in a team warning. The second violation will result in the coach being assessed a technical foul. Two technical fouls will result in ejection.

- **15 Point Pressing Rule (5<sup>th</sup>-6<sup>th</sup> Grade).** Teams can Press or Trap in the front court at any time during the game. Teams will be allowed to “press” the opposition in the back court only in the second half of play. If the margin of play at any time during the second half becomes 15 points or greater, the leading team may no longer use the pressing defense in the back court or front court. The first violation will result in a team warning. The second violation will result in the coach being assessed a technical foul. Two technical fouls will result in ejection.
- **15 Point Pressing Rule (7<sup>th</sup>-8<sup>th</sup> Grade).** Teams can Press or Trap in the front court at any time during the game. If the margin of play at any time during the second half becomes 15 points or greater, the leading team may no longer use the pressing defense in the back court or front court. The first violation will result in a team warning. The second violation will result in the coach being assessed a technical foul. Two technical fouls will result in ejection.

Definitions of the words above are listed on the next page for clarification. Again the lead / head referee has the final call in all matters on the court.

## **Definitions**

**Trap** – A “trap” is set when two defenders double-team the ball-handler, trying to force a turn-over or a jump-ball situation. **A double-team will not be called in the lane for 1<sup>st</sup> & 2<sup>nd</sup> graders. A double-team will not be called at all in 3<sup>rd</sup> & 4<sup>th</sup> grade league.**

**Zone defense** – each defender, rather than guarding a specific opposing player, is assigned to guard or cover a certain area of the floor, or zone. These man-to-man and zone definitions are very general and broad, as "a good zone looks like a man-to-man, and a good man-to-man looks like a zone", each incorporating certain aspects of each other, for an overall "team defense". Many different zone sets are used, 2-3, 3-2, 1-3-1, 1-2-2, etc. By definition, the term "zone offense" refers to a team's offensive strategy used to defeat a zone defense. A zone defense may be used in either a full court or half court setup.

**Press Defense** – A defense used to create disruption in either the transition or half court set of the opposition. A press defense may be man-to-man or zone in nature. For WBA rules, a defense will be deemed to be pressing if it meets one of the following criteria:

- One or more defenders are guarding the ball in the back court.
- One or more defenders are in a defensive position in the back court.
- One or more defenders are guarding a single player in the front court.

## H. Lane Violation and Dimensions

1. The K thru 2nd grade leagues are not subject to a lane violation.
2. If less than 1 minute is left in a game, there will be a 10 second count once a player passes half court and before the first line is met beyond half court if there is less than a 5-point difference in the scores. This applies to K-2 only.
3. The 3<sup>rd</sup> and 4<sup>th</sup> grade leagues will play with a five (5) second count for a lane violation.
3. The 5<sup>th</sup> thru 8<sup>th</sup> grade boys and girls league will play with the standard three (3) second count for a lane violation.
4. The three (3) point shot will be in effect in any facility that has a permanent three-point line on the court.
5. The lane dimensions for the K thru 2<sup>nd</sup> grade league will be the standard width but the free throw line will be reduced to ten (10) feet.
6. The lane dimensions for the 3<sup>rd</sup> through 8<sup>th</sup> grade leagues will be standard width and standard free throw line, fifteen (15) feet.

## I. Rebounding

In all leagues the defensive team must release to mid-court after possession and ball control has occurred by the offensive team, (*Exception to the rule: 4<sup>th</sup> quarter for 3/4 league and second half for 5/6 league, unless a team is up by 15 points or more*). Any violation will result in the ball being given back to the team that was encroached upon.

## J. Miscellaneous

All rules are subject to change during the course of the season, if approved by the Board. Notification to the coaches will be made as timely as possible.

## K. Coach's Responsibilities

1. All players are subject to the minimum amount of playing time stipulated in Item VII.B.2. It is the coach's responsibility to comply with this rule.
2. Responsible and accountable for the team's practice, games, and the conduct of all players, their parents and guest connected with his/her team.
3. Ensure team roster is in the official scorebook in advance of game time.
4. Technical Fouls  
Standard rules will apply; two (2) technical fouls assessed on the coach will result in the ejection from the game. As stipulated in Rule VII.K.2, the coach is responsible for all aspects of the team and associated fans; therefore any technical foul committed by this group will be counted against the coach.
5. Ensure only the coach, assistant coach, and players are to be in the bench area during game time.
6. Make available a parent volunteer to work as timekeeper, **if needed**, during the game. Failure to do so may result in a technical foul(s) being assessed.
7. Responsible for assisting with the supervision of the gym space utilized for practices and games. Each head coach is responsible for the actions of their team during their practice session.
8. Responsible to remain at practice or game until the last child has been picked up by a parent at the conclusion of said practice or game.
9. Responsible for the familiarization with all team member's parents and informing them of team practice times, team meetings, and games.
10. Responsible for the leadership and as a role model for the team.

11. Coach may stand and instruct players during a game. All instruction should be communicated in a constructive manner. However, at no time during a game should a coach or bench member leave the bench area (bench area defined as the length of the bench to the scorer's table).
12. Coaches will not be allowed to Protest any game, the referee will make the final call and it will stand.

## IV Facilities Code of Conduct

- A. Rules for all WBA participants, including parents, visitors, etc.
  1. The team coach has TOTAL responsibility for his players, assistant coach, and fans while in the WISD gymnasium and facilities.
  2. Practices are to begin and end at the scheduled times (not 10 til' or 10 after).
  3. The entrances, exits, restrooms and dressing areas vary at each school. Coaches are to instruct their players of the off-limit areas.
  4. All coaches must realize very seriously that their players, adult parents, and fans are visitors in the WISD facilities and everyone should act responsibly and accordingly.
  5. Absolutely no one, players or coaches, will be allowed to participate on the playing surface without proper basketball footwear. No street-shoes, boots, heels, or cleated shoes are allowed.
  6. The gym space is reserved exclusively for those teams assigned to the specific gym at that time. Players not participating in a practice or game are to be instructed to sit in an out-of-the-way area. They are not to be running around, dribbling, or shooting at any unused baskets.
  7. No foods, drinks, smoking, or any other form of tobacco products will be allowed anywhere within the school buildings. Includes water bottles of any kind. Water fountains are available.
  8. The gym area must be checked by each coach after a completed practice or game to ensure that everything is in order and in the same condition as when he/she arrived.

9. The WISD gym supervisor has final authority for that facility. (The designated custodians)
10. Any conduct, which violates decency, morality, or the misuse of the WISD facilities, will not be tolerated.

## **WBA Basketball Board**

### **2019-2020 Members**

The Board establishes the rules and by-laws as well as overseeing their implementations. If necessary, special meetings can and will be called for problem resolution and amendments to the by-laws. Current board members serving in multiple capacities are as follows:

Melvin Smith	President
Vacant	Vice President
Amee Forbes	Secretary
Ondrece Love	Treasurer
Jerrick Younger	Director of Officials
Kali Janshego	Events Coordinator