



Strike Zone

Instructions & Rules – Coaches

(In addition to Parent / Player Rules)

- Lights:** There are 4 switches along the back wall near each of the metal doors. There is a switch to tunnel 1 on the inside of the office and one for the rear part of tunnel 1 on the outside of the office
- Heat:** There are 4 heaters in the practice area & one for the entry. The main heater is set at 57° from 3:00-9:00 pm Mon-Sun. If the temp or hours need adjustment, please send an email to noviyouthbaseball@hotmail.com for a permanent fix. First one in on the weekend, please manually turn 4 heaters by the garage doors to 57. Do not hit “hold” button. The wire cages over thermostat can be lifted from the bottom. Please leave ceiling fans running on “low”... even in winter to push heat down.
- Garbage:** Throw out small garbage in garbage cans. Take all large items with you. If the can is full, please empty the bag in one of the dumpsters behind the facility. New bags are in the women’s restroom.
- Clean:** If you see something is dirty, please clean it. 😊 There is a Swifter and a cordless vacuum available for quick pick-ups.
- 15 min gap:** There is a 5 or 15 minute gap between practice times. This time period is for transition of players in and out of the building and help with parking. Please help the traffic flow by ending practice on time & asking players not to enter early for 2nd practice.
- Netting:** Treat it as if you spent your own hard earned \$ on it so it lasts. Please do not let anyone hang on it, tie it back or get it caught on equipment / chairs.
- Hitting in Fielding Area:** Do not hit baseballs / softballs directly into the wall pads (tee work, soft toss drills, etc). If you must use the fielding area to hit into a wall, only tennis balls or plastic balls. Regular balls are fine for live hitting.
- Snow:** The landlord should clear the walks, if it has not been done please take it upon yourself or a parent to clear or salt the front walk. Shovel in bathroom.
- Last Out:** *Go thru check list on wall (lights, back doors, clean up, front door) _*
***Hit the button on the unit until the light turns red to lock the door! Double check from the outside that it is locked**