

## 2021 COVID-19 Safety Guidelines



**Western Little League**  
Cardinal Run Park Lexington, Kentucky  
*Providing youth baseball since 1959!*



### DEFINITIONS

*Spectator:* a person, whether adult or child, who attends a game or practice to view it only from outside of the field and dugout area.

*Participant:* a youth player, adult volunteer coach, or adult umpire who participates in a game or practice inside the field and dugout area.

*Coach:* an adult volunteer who participates during a practice or game on the playing field or in the dugout.

### SOCIAL DISTANCING

- All participants and spectators should maintain a physical distance of at least six feet from one another as much as possible during any event to the greatest extent practicable, except for members of the same family.
- Avoid unnecessary physical contact among all participants, such as high fives, handshakes, fist bumps, or hugs. To encourage sportsmanship, participants may use alternative, socially distanced signs of mutual respect, such as a tip of the cap, wave, salute, or bow.
- Players should use their own equipment to the greatest extent practicable. This includes but not limited to protective gear, bats, water bottles, hats, batting gloves, and fielding gloves. As supplies last, the league can provide individual, non-shared equipment to players upon requests from parents/guardians. Any shared equipment will be sanitized in between use by different players.
- Parents and guardians should monitor their own child during practices and games, specifically for younger children.
- Players not in a game will locate in their team's respective dugout and/or in a designated area immediately outside of their team's dugout. They should maintain proper social distancing to the greatest extent practicable, except for members of the same family. At least one coach should always be in the dugout and/or designated area where players locate during a game to help monitor players and sanitize equipment, as needed.

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- Spectators are permitted to use the bleachers for each field as long as they maintain at least six feet apart. They may also bring their own chairs and sit around outside of fence while maintaining proper social distancing.
- Coaches and parents/guardians should minimize the level of contact between players who may be at higher risk for severe illness, such as children who may have asthma, diabetes, or other underlying health problems.
- Spectators who may be at higher risk for severe illness are discouraged from attending games but may do so at their own discretion. Such health conditions and other risk factors include but are not limited to:
  - Asthma
  - Chronic kidney disease being treated with dialysis
  - Chronic lung disease
  - Diabetes
  - Hemoglobin disorders
  - Immunocompromised
  - Liver disease
  - People aged 65 years and older
  - People in nursing homes or long-term care facilities
  - Serious heart conditions
  - Severe obesity
- By being present at the ballpark for an event, the parent/guardian is representing to the league, LFUCG, and other families that neither they nor their child (including any siblings) have had any symptoms of COVID-19, a positive test for COVID-19, or were exposed to someone with COVID-19 within at least seven days (with a negative test) prior to the event. Signs will be posted at each gate entrance with this message.
- The minimal amount of time in between the end of any practice or game and the start of another practice or game using the same field or facility space will be at least 15 minutes to allow people to depart and arrive with minimal chances of direct contact with one another.
- Coaches should use a web-based application (e.g., Zoom, Google Meet) to conduct virtual meetings with their players and parents/guardians to the greatest extent practicable.
- No food, drinks, or snack items (e.g., sunflower seeds, gum) will be shared among anyone except for members of the same family. Participants should bring their own items for personal use to each practice or game.

## 2021 COVID-19 Safety Guidelines

- There will be two umpires per game. One umpire will call balls and strikes behind the catcher and should wear a face covering, and the other umpire will rotate around different areas of the infield.

### SCREENING AND ILLNESS

- Parents/guardians should conduct daily health checks for symptoms of COVID-19 of themselves and their children safely and respectfully to the greatest extent practicable.
- Participants and spectators with a fever of 100.4 degrees Fahrenheit or higher will not be allowed to attend any league events.
- Participants and spectators who demonstrate symptoms of COVID-19 must be tested, and the tests must be negative before they can attend any league event.
- The league will notify all participants and their families of a diagnosed case of COVID-19 within members of the league, while still protecting the privacy of the individual.
- If parents/guardians and/or their children are exposed to COVID 19, it is imperative they be quarantined for a minimum of seven days with a negative test result (or 10 days without a test) from day of exposure with temperature checks twice daily. In addition, they should be evaluated by a medical doctor for further instruction.
- A team that has a member who was exposed to COVID-19 may also need to be quarantined and unable to participate in league events. League officials will consult with the team's coach and parents to determine the appropriate course of action.
- Further information about exposure to COVID-19 can be found on the Centers for Disease Control's website: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine-isolation.html>.

### PERSONAL PROTECTIVE EQUIPMENT (PPE)

- All adults, whether coaches, umpires, or spectators, should wear face coverings when within six feet of other people outside of their family.
- Coaches and umpires should wear face coverings when within six feet of players outside of their family. They may remove face coverings when they are outside of six feet of players.
- Players are not required to wear face coverings while actively participating in a practice or game. However, players who are ages 6 and older should possess face coverings and use them as necessary when not actively participating in a practice or game, unless doing so would represent a serious risk to their health or safety.

## 2021 COVID-19 Safety Guidelines

- A limited supply of PPE, including face coverings, disposable gloves, hand sanitizer, and other sanitation materials will be kept in each field dugout and the league equipment room and provided to park patrons as needed and as supplies last.
- Any participant and spectator who refuses to comply with the PPE guidelines will be required to leave the playing area.

### FOOD CONCESSIONS

- Food concessions will follow the Health at Work Requirements for Restaurants: [https://govsite-assets.s3.amazonaws.com/HGn5iDAvTsK1N68x0Vp4\\_Healthy%20at%20Work%20Reqs%20-%20Restaurants%20-%20Final%20Version%201.1.pdf](https://govsite-assets.s3.amazonaws.com/HGn5iDAvTsK1N68x0Vp4_Healthy%20at%20Work%20Reqs%20-%20Restaurants%20-%20Final%20Version%201.1.pdf).
- Food sold at concessions will primarily be pre-packaged boxes or bags, though some items will be prepared as ordered by customers.
- Customers must not share food and utensils unless it's members within the same family.
- Hand sanitizer will be available in the concessions area.
- The flow of customers entering and exiting the concessions area will be one-way using visual markings and separated from park patrons entering and exiting the area to use the restrooms.

### COVID-19 COMPLIANCE CONTACT

Whitney Robinson will serve as the league's primary contact in response to COVID-19 concerns from league participants and spectators. She may be reached by email at [covid19@willbb.com](mailto:covid19@willbb.com). Mrs. Robinson is a registered nurse who has experience working in a unit with covid-19 cases in a hospital setting. She is very knowledgeable about the topic and can provide resources to anyone seeking information. As needed, Mrs. Robinson will address concerns in collaboration with the Division Coordinators.