

RPLL 2021 Safety Plan Supplement - Local Rules in Response to Covid-19

Practice Guidelines



Introduction

We have put together these local rules to help ensure a safe environment for all in response to the Covid-19 virus. The safety of the entire RPLL community has always been and will continue to be our top priority. We have put together this document considering local, state and federal guidelines, best practices from Little League International and other youth sports organizations across the country and have consulted with a local ER Doctor.

Please read through this document carefully before signing your acknowledgement. As a result of Covid-19, our league will be implementing many new safety-related rules and it is important that all members of our community understand the local rules. We encourage you to spend time reviewing these new rules with your player as it will be difficult for our Manager and Coach volunteers to ensure compliance with these new rules without help from within players' homes.

The contents of this document may change during the season as Covid-19 best practices and regulations are often changing. Any in-season changes to either document will be distributed via rpll.org, email and social media and, as necessary, RPLL will facilitate a safety meeting, if appropriate. RPLL will distribute additional game day guidance once game play is allowed in San Diego County.

If at any time you have a concern with the safety of your player, a volunteer or a spectator, please reach out to either of us.

It is important to not rely solely on our volunteer manager and coaches to ensure these safety measures are followed, we need everyone's help. Our children's safety should be all of our top priorities.

Thank you for being a part of the RPLL Community.

Ben Airth
RPLL President
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RPLL Safety Officer
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Safety Parents

The role of each team's Safety Parent will be expanded and take on extra importance this season. Safety Parents should attend as many practices as possible to offer guidance and feedback to volunteers and players related to following Covid-related rules. We thank the volunteer Safety Parents in advance for their support.

Safety Meetings

This document contains many new rules and processes. To ensure the RPLL Community understands these rules and processes, the RPLL President and Safety Officer will facilitate one or more RPLL Community Safety Meetings and will consider facilitating additional community meetings in season as needed.

Before Attending Practice

Volunteers and players should not attend practice if they have had direct exposure to a confirmed positive Covid case or exhibit any of the following symptoms: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and/or diarrhea. If a volunteer or player has had direct exposure or exhibits any of these symptoms, they should immediately communicate to covid@rpll.org.

Practices

- All on field volunteers must wear masks for the entirety of all practices including during arrival and departure.
- All players will wear a mask during arrival and departure from practice. After coming through the fences and starting team activities, mask use is optional for players and is solely determined by each player's parents.
 - Masks must be worn when a player is not actively involved in a baseball activity.
- Managers will stop practice and have a hand sanitizing break at least every 30 minutes
 - RPLL will provide hand sanitizer, however it is requested that players and volunteers bring their own
- Practice times will be spaced out to give time for sanitizing and to ensure teams do not mingle.
 - Players should not arrive to the field any earlier than 10 minutes prior to practice
 - If they arrive sooner, they should wait in their car
 - Players should depart the field area within 5 minutes of practices ending
- Dugout is not to be used during practice.

- Player equipment should be stored down the foul lines 6 feet apart
- Players will be responsible for providing their own equipment as there will be no sharing of any equipment. This includes helmets, bats and gloves.
- Catchers gear can be provided on a practice by practice basis to individual players, but will not be shared during a practice or game.
- There will be no players playing the position of catcher below Minor B.
- Upon the conclusion of practice, if another team is scheduled to practice afterwards, the team concluding their practice will be responsible for sanitizing all shared surfaces (entry gates, pitching machines, rakes, screens, etc.).

General

- Managers will send any player or volunteer home immediately if they show ANY signs of illness.
 - Due to the potential for a player to be sent home before or during a practice, parents should ensure they are reachable via phone during the practice.
- Family members that are watching practice are asked to maintain social distancing and to wear a mask when social distancing is not possible.
- Volunteers and players from outside the same household should not carpool to/from practice.
- The Rancho Penasquitos Little League Executive Board will review repeat violators or blatant violations of the rules contained in this and the District document by players, volunteers or spectators on a case by case basis. Consequences can include suspension.

I acknowledge receiving and reading this supplement to the 2021 RPLL Safety Plan and agree that my player and their family will do their best to follow all of the rules as written. I understand that blatantly not following any of these rules or repeatedly not following any of the rules in this document will lead to a review by the RPLL Executive Board which may lead to my player, myself and/or any spectators being suspended from league activities.

Player Name (printed):

Parent Name (printed):

Parent Signature:

Date of Signature: