

Fern Creek Optimist Basketball  
Rules 2021  
3 & 4 Year-Old Rules

4A – There will be 4 players on the floor for each team. We will drop to 3 if necessary due to attendance.

4B – Defense will stand on the mat. One foot must remain on the mat at all times.

4C - The ball used will be the Mini (7") size ball.

4D – Practice time will be four 5-minute stations (passing, dribbling, shooting and defense) and then  
Game time will be four 6-minute quarters using a running clock.

4E – No fast breaks allowed.

4F – Playing requirements will be – everyone will play a total of 9 minutes.

4G – Halftime – each player will shoot 2 free throws which will count for scoring.

4H - **Players are required to wear black basketball shorts and tennis shoes.**

**NO SMOKING ON CHURCH GROUNDS**