



Pittsburgh Dynamo Youth Soccer Return to Play Guidelines

This is an overview of how Pittsburgh Dynamo will approach returning to play as permitted by the Commonwealth of Pennsylvania and recommended by PA West. The guidelines below will be expected to be followed by the club, players and parents during the Green Phase in order to safely return to the pitch.

It is very important that anyone not attend tryouts, practice, or any other related activities if not feeling well. Please wash hands or use hand sanitizer prior to attending any events. Do not share water bottles or snacks and refrain from touching your face. A personal zone of 6 feet will be provided to each player for their personal belongings. Disinfecting wipes will be available to disinfect any shared equipment.

Arrival & Departure from Oval

- Teams on the grass should arrive and depart from the asphalt ramp near the beginning of Schenley Drive
- Teams on the turf should arrive and depart from the entrance near the bathrooms
- Please avoid use of the stairs to enter and exit Schenley Oval.

Players

- Contactless temperature taken prior to all Dynamo practice and games; any player with a fever above 100.3 will be ineligible to play. Results will not be recorded or shared.
- Exposures: 10 day quarantine for any travel out of state to affected areas with which PA has a quarantine procedure; or exposure to a confirmed COVID-19 case (see current PA state guideline; as this is an evolving guideline:)
- Wash hands with soapy water or use hand sanitizer prior to participation
- Each player shall bring their own equipment
- Do not share water bottles, equipment, or snacks.
- Each player's equipment, water bottles, and personal effects should be kept 6 feet away from another's personal zone (markers will be utilized)
- Players must maintain physical distance of 6 feet when not actively playing.
- Players must refrain from celebrating with physical contact (such as high fives).

Parents

- Please check your player's temperature at home prior to practice. A player with a temperature of 100.3 or above should stay home with recommendation of contacting their physician.
- We recommend that parents remain in their car during tryouts or practice.
- If a parent wants to observe the child they must 1) wear a mask, 2) maintain a physical distance of 6 feet from others.
- Bring your own hand sanitizer.

Coaches

- Wear a mask at all times
- Provide personal zones of 6 feet for all player's equipment.
- Maintain 6 feet distancing from players during session.
- Keep hand sanitizer available.
- Sanitize any shared equipment.

Club Admins

- Contactless temperature taken prior to all Dynamo practice and games; any player with a fever above 100.3 will be ineligible to play and should be sent home with recommendation of contacting their physician. Results will not be recorded or shared.
- Admins will practice appropriate hand hygiene.
- Maintain distancing of 6 feet from others.
- Wear face masks during club related activities.

Facilities

- Provide 6 ft. separation zones for player equipment.
- Spectators should maintain 6 feet distancing whether standing or in bleachers

COVID Positive response

- In the event that a player, parent, coach, or admin has symptoms indicative of COVID-19 please contact your medical provider.
- A positive COVID-19 test result will be disseminated via Allegheny County Health Department to ensure contact tracing.
- Travel Commission will ensure all registered families are notified of any positive cases for the organization; specific individuals impacted by the exposure will be notified separately and confidentially.
- Any team with a positive COVID-19 test result will not practice for 10 days from date of notification of test result.

PA West Information (as of Aug 11, 2020)

<https://www.pawest-soccer.org/assets/66/6/covidmemoaug720.pdf>

https://www.pawest-soccer.org/assets/66/6/pa_west_soccer_return_to_play_guide_revised.pdf

Pittsburgh Dynamo

Return to Play

Field use guidelines

In order to return to play as safely as possible, the club will need to follow both our return to play guidelines posted on the club's website and these field use guidelines.

Practice Time Scheduling 15-minute gap

In order to avoid close contact between teams entering and leaving the fields, we will schedule a 15-minute gap between the end of early practices and late sessions. This will allow players, coaches, and any parents to leave prior to the next group's arrival.

Entering and Leaving The fields

- Masks are to be worn while entering and leaving the fields
- Avoid gathering in large groups, try to use the fields as access rather than the steps.
- Go directly to your assigned practice field.
- Leave via the fields, again, avoid the steps when able

Team Admins

- Coaches will need to establish 6 foot distanced areas, using cones, for players to place their belongings such as bags and water bottles.

- Each team will need an assistant coach, manager, or parent volunteer to do temperature checks and hand sanitizing prior to practice.
- Players shall place equipment in their distanced zone.
- During water breaks, balls should be sanitized. Players will need to take the break in their respective zones.
- Hands are to be sanitized at the end of practice