

U10 DIVISION RULES – 6 v 6

LAW I – The Playing Field

- A. The goals and playing field are downscaled to suit age group.

LAW II – Ball Size

- A. Size 4 ball is used.

LAW III – Number Of Players

- A. Maximum – 6 (one of whom has to be a goalkeeper)
- B. Minimum – 5 (one of whom has to be a goalkeeper)
- C. Substitutions: Each coach must call out loudly to the Referee that he/she wishes a substitution to occur. The players then wait at mid field until the Referee signals them to come to the field.
 1. Prior to a throw-in in your favor.
 2. Prior to a goal kick by either team.
 3. After a goal is scored by either team.
 4. After an injury, by either team, when the Referee stops play.
 5. At half time.

LAW VII – Duration Of The Game

- A. There will be two twenty-five minute halves.
- B. There will be a half time break of 5 minutes.

LAW XI – Offside

- A. Offside violations are to be called.

LAW XII – Fouls and Misconduct

- A. Goalkeeper may not punt the ball past midfield in the air. If they do, it results in a direct kick for the opposing team from the midfield strip.
- B. NO SLIDE TACKLING is allowed in this age group. The penalty is a yellow card and a direct kick for the offended team.
- C. There will be no heading allowed in this age group.

LAW XIV – Penalty Kicks

- A. Penalty kicks are to be given in this age group. The penalty kick will be taken from the designated spot on the penalty box line.

LAW XV – Throw-Ins

- A. A second throw-in is not allowed when the first one causes a violation.

LAW XVI – Goal Kicks

- A. The ball is not in play until it leaves the penalty box area.
- B. Attacking team must be back to midfield line before kick.