

Updated Guidance for the Operation of Interscholastic, Youth and other Amateur Sport Activities during the COVID-19 Pandemic



**US YOUTH
SOCCER**

Effective March 19, 2021

https://portal.ct.gov/-/media/DPH/Communications/Covid19/DPH-Youth-and-Amateur-Sports-COVID19_UPDATED_Mar_2021_v53.pdf

- Interstate sports competitions are allowed
 - Tournaments are allowed, subject to Department of Public Health guidance
 - Masks are to be worn by ALL participants indoors, players, coaches, spectators, and referees.
 - Masks are to be worn by spectators, coaches, and players on the bench outdoors. It remains *recommended* but not mandatory for those on the field, actively participating.
 - Youth athletic events shall not exceed 25% capacity, capped at 200 spectators, whichever is LESS
 - Clubs / Teams must keep accurate attendance of who is present at all games and training for tracing purposes.
 - Teams or individuals traveling outside of Connecticut for more than 24 hours for the purposes of engaging in athletic competition should follow the CDC guidance for Travel during COVID-19. This includes (but is not limited to) quarantining at home for a full 7 days upon returning and getting a COVID-19 antigen or PCR test between days 3-5 or quarantining for a full 10 days upon return without testing. Students should not return to school or other activities outside the home prior to the completion of the full quarantine period regardless of a negative test result and should continue to remain away from school and other activities if they have any symptoms of COVID-19.
 - Quarantine Requirements - regardless of whether a shortened quarantine period allows individuals to engage in daily activities prior to completing a full 14-day post-contact period of separation, athletes, coaches, officials, and other participants should not be allowed to engage in athletic activities until at least 14 days after their quarantine period begins.
 - DPH recommends that health screening and clearance requirements for allowing athletes to begin a phased return to activities after COVID-19 infection should incorporate the American Academy of Pediatrics' (AAP) guidance for return-to-play and include specific cardiac evaluations.
- League organizers and teams must cooperate with contact tracing efforts by state and local health officials.**



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If league organizers and teams fail to cooperate, state or local health officials may discontinue a team or league's sports activities.

Just because you can, doesn't mean you must!