WEST CENTRAL YOUTH FOOTBALL LEAGUE

MAJORS

The head coach shall be responsible that each player on the field has the proper football equipment to safely participate in the game.

Games will be played in accordance to the I.S.H.A.A. RULES, with the exception of any rules that may be incorporated by the boards of Cascade, Cloverdale, Greencastle, Monrovia, South Putnam, North Putnam, and Owen Valley.

Referee representative from each WCYFL member must attend annual rules review, or no home games will be scheduled for that member program.

Draft
Coaches are guaranteed their kid only. This is an open draft—all players. (Only exception if you live in the same household you will be guaranteed on the same team.)

Players
Teams will match down to 10 players if need be. Any less you forfeit. Teams are limited to 29 or fewer players.

Age limitations
Majors: Players cannot be 13 years of age as of August 1st of the current football season AND must be enrolled in fifth or sixth grade.

Weight limitations
Majors: Running backs not over 120 lbs. Max with pads no helmet (no exception)

Stripers: All striper will have a single solid color stripe down the center of the helmet (front to back). A striper on offense must line up on the ball as an interior lineman (tackle to tackle) or a non-eligible tight end. Stripers can only line up on the front line of the kick receiving team. Stripers are eligible to run the ball if they are the player to recover a fumbled ball or an interception. Stripers may also run a received kickoff that is kicked directly to them. A striper may not run the ball on a received punt.

Weigh-Ins & Official Roster
Official weigh-in will be held at the field where your first game is played. A player automatically becomes a striper if not weighed before the second game of the season. If a player is at the first game they must weigh in. Coaches must have official roster/signed weigh-in sheet with them at every game. Opposing coach must sign official roster at weigh in, and must be from another league. If the opposing coach asks to see your weigh-ins you must show them or the player in question cannot run the ball for that game. Birth certificate is required at weigh-in. Only players on the official roster will be eligible to participate in the games.

Legal equipment
Teams must use a Wilson TDJ football or a ball of equivalent size. Teams will be allowed the use of their own ball.

Officials
All officials must be IHSAA approved for football and must provide proof prior to the start of the season. No tolerance rules in effect according to the IHSAA Rule and regulations for players, coaches, and fans. Each game should be officiated by 3 officials.

Coaches
All coaches must be on sideline during games. Only players, coaches (max 4), league directors, and officials are allowed inside the bench area during game play. All fields must be marked off at the bench areas.

Head coaches are responsible for playing time of their players. Intent: Fairness of playing time for each player. This rule is in effect through playoffs.

Head coaches are responsible for the managing the scoreboard. Teams should not run up the score if there are enough players for a second and maybe a third string backfield.

updated 8-5-17
Coaches conduct
Head coaches are responsible for the conduct of themselves, their assistants, their players, and their fans. All conduct issues will be enforced by the League Director.

Coaches will refrain from the use of profane language.

Coaches will refrain from the use of alcohol, drugs, and tobacco products while at the ball fields. (Any practice or playing field in the league)

Coaches shall dress appropriately. (No cut up shirts, no cut off pants, no clothing having profanity printed on it, and no clothing with obscene pictures or gestures on it.)

Penalty:
1st infraction will be a one game suspension
2nd infraction will be loss of coaching privilege.

Defense
No more than 3 linebackers allowed from inside shoulder of ends. Linebackers lined up inside the outside shoulder of the defensive end must be two yards off the line of scrimmage. No more than three linebackers between the offensive tackles. All defensive players on the line of scrimmage from offensive tackle to tackle must be in a three or four point stance. Defensive ends may stand up, but must be lined up on the outside shoulder of the offensive end.

Kicks
Majors: All kicks are live.
All punts will be hiked kicks.
2 points will be awarded for kicking extra points.
1 point will be awarded for a run on the try.
Field goals and extra point attempts will have the ball placed next to the holder.

The kicking tee and ball may be placed anywhere behind the line of scrimmage. When the official blows the whistle the holder will pick up and place the ball on the tee for the kicker. The holder must have hands on helmet before whistle blows.

If a team is up by 12 points, they cannot onside kick. Penalty for this infraction will result in a 15 yard penalty and re-kick.

Clock management
Clock will be run in accordance to the IHSAA rule book.

Game will consist of four (8 minute) quarters with 1 minute between quarters and a 10 minute half-time.

Delay of game timer will be 35 seconds for Majors. This will be the referee’s responsibility to time if the field is not equipped with or not running a delay of game clock. They will inform you when the clock is down to 10 seconds. All delay of game penalties will be enforced per IHSAA rules.

Running clock will be in effect if one team is ahead by 24 points or more in the second half of the game.

Overtime: IHSAA rules after 3 OTS the game is a draw.