

# VOLLEYBALL PROGRAM BY-LAWS

The MQHAD Volleyball program is governed by the MQHAD Executive Committee and managed by a Director as named in the MQHAD Constitution and Bylaws.

## REGISTRATION AND FEES

Registration to be conducted in April and May according to the MQHAD by-laws. Fees for Volleyball are \$40 for grades 3rd – 8th. Late fees will be added for registrations that are past the closing date.

## EQUIPMENT CHECK-OUT AND CHECK-IN PROCEDURES

No uniforms will be received until all fees are paid. Uniforms will be collected at the end of the season by the coach for each team and collectively returned to the Volleyball director to ensure all uniforms have been returned and put away in the athletic storage closet.

## TEAM ASSEMBLY, COACH SELECTION AND PLAYER DISTRIBUTION

Team assembly will commence shortly after registration has ended and conducted by the Volleyball director with help from other committee members as needed. This includes defining the teams per grade or across grades, finding virtus trained coaches and assigning them to their teams and allocating registered players to the defined teams. After the signup period has finished children will not be placed on a team unless spots are available as determined by the director of that sport and approved by the Executive Committee.

1. New Parishioners will be an exception to this rule at the convenience of the Director and the Coach.
2. A late registrant may not be placed on a Middle school competitive tryout team without attending the scheduled player evaluations.

Volleyball coaches will be assigned to teams during team formation after player registration is complete. All Coaches are required to be Virtus trained and compliant at the time of coaching assignment and also throughout the entire season. Coaches are selected based the desired skills needed for that grade level. Coaches are required to be in compliance with the Athletic Department code of conduct and can be asked to step aside and let someone else coach if issues are described to the board that can be detrimental to the MQHAD Volleyball program. Proper judgement by the athletic board including potentially the President and Vice President will be needed to determine if coaches should just be instructed to follow the guidelines better or if actions are needed to address the situation by finding another coach.

Priorities and options for team assembly:

1. Middle school competitive tryout (6th - 8th)
2. Grade level team(s)
  - a. If there's not a competitive team tryout and there's enough registered players to form two teams within a single grade, the teams will be evenly split by skill
3. Combine two grade levels and evenly split
4. Combine with another parish

## LEAGUE AND TOURNAMENT PARTICIPATION

1. All MQH teams will play in a MQH hosted league as their priority league to support the Athletic Department programs.
  1. Exception: If a middle school team is formed using a competitive try-out, then this team is defined as a "competitive team" and may play in a league appropriate for competitive play provided that the MQHAD does not offer a "competitive" league.
2. The MQHAD funding standards are:
  - a. 3rd and 4th grade teams play in one league and can select one tournament to play.
  - b. 5th grade and older can play one league and spend up to \$400 in tournaments.
  - c. Teams can contribute additional funds to participate in leagues or tournaments outside of the funding standards.
  - d. Funding is not transferrable between teams.
  - e. Teams are allowed to fund raise for their specific team to play in additional leagues and tournaments

## PRACTICE SCHEDULING

Practice schedules should follow the following guidelines. These guidelines may be altered to accommodate coach's requests if agreed upon by all affected teams after the schedule has been established.

1. Grades 3 – 4:
  - a. One practice per week;
2. Grades 5-8:
  - a. Three practices per week for competitive teams and two practices per week for recreational teams if gym time is available;

Practice schedules will need to be defined towards the end of the registration period by the Volleyball director.

## PLAYING TIME CRITERIA

1. 3rd/4th/5th Grade – Recreational
  - a. Players are executing the rules and techniques of the sport. Practices and games are formatted with some modified rules to promote development and enjoyment, preparing players for a semi-competitive league. Players can expect equal play-time of the regular season games and tournament games unless disciplinary measures are deployed.
2. 6th-8th Grade – Recreational/Competitive Level
  - a. Players are executing the rules and techniques of the sport at a level equal to the focus of their team. Practices and games are formatted with few modified rules to promote development and competition. Players can expect to play a minimum of appx.  $\frac{1}{4}$  of the regular season games unless disciplinary measures are deployed. For tournament games the coach can use their discretion on playtime provided that any lack of play time is brought back into balance during the regular season games. This concept is to allow the coach to make decisions based on team survival in a tournament game.