

North Allegheny Soccer Club Players, Coaches, and Parents,

We are extremely excited to be back on the soccer field for the fall season beginning the week of August 17th for in-house. However, we recognize it is important to implement policies that make our return to play safe and comfortable for everyone involved. In light of this thinking, outlined below are the procedures for all soccer related activities during the 2020 fall season.

Before you return to play:

1.) The PAWest Participation Waiver and North Allegheny Soccer Club Return to Play Waiver must be signed and submitted via DocuSign prior to participating in any event. **Players whose parents have not signed and submitted both waivers will NOT be permitted to practice or play with their teams. Coaches who have not signed and submitted both waivers will NOT be permitted to coach their teams.**

2.) Please read this document carefully. Be sure you and your player are abiding by the policies described here so the focus can be on the enjoyment of soccer.

3.) Please stay home from soccer activities if suffering from any illness. Please take your player's temperature to make sure he/she does not have a fever. Please wash your hands with soap and water before leaving your house.

4.) Players and coaches should adhere to the COVID Travel Recommendations listed here <https://www.health.pa.gov/topics/disease/coronavirus/Pages/Travelers.aspx>. Please be considerate of other members of the North Allegheny Soccer Club and mindful of these guidelines when choosing to vacation or to participate in athletic events outside of the PAWest soccer state.

5.) Please enter onto the field no sooner than 15 minutes prior to the scheduled start time for your practice. If you arrive earlier, please wait in your car until it is 15 minutes before the start time for your practice. Coaches and their children may arrive earlier than 15 minutes before the start time of a practice in order to set up. Nobody may enter the field until a team using it prior to them has cleared the area.

6.) Please enter onto the field no sooner than 30 minutes prior to the scheduled start time for your game. If you arrive earlier, please wait in your car until it is 30 minutes before the start time for your game. Coaches and their children may arrive earlier than 30 minutes before the start time of a game in order to set up. Nobody may enter the field until a team using it prior to them has cleared the area.

7.) Each coach is required to have hand sanitizer with him/her at each team event. The club will provide coaches with hand sanitizer at each coaches' meeting and further bottles as supply permits. Please contact John Arnold at jarnold@nasoccerclub.org with requests for hand sanitizer.

When you arrive at the field:

1.) Coaches will set up a designated area of socially-distanced cones at each soccer activity. Players will leave their bags, water, and equipment next to one of the cones in this area. Benches should **NOT** be used as they have traditionally been used in the past.

2.) Coaches will set up a line of cones on his/her team's sideline outside of the technical area at each game. This line of cones will be 10 feet from the sideline and 6 feet from consecutive cones. This line will separate spectators from the playing area.

3.) Players will leave their cars and walk directly to the designated area of socially-distanced cones. Players will remain at these socially-distanced cones until the coach announces that practice/pregame warmup has begun.

4.) One parent **WILL** be permitted to leave his/her car to take his/her child(ren) to the field. The parent **MAY** speak with the coach prior to the beginning of a soccer activity. Parents are **REQUIRED** to wear masks when outside of their vehicle to walk their children to the field and/or hold a conversation with the coach.

5.) Players and coaches should sanitize hands at the beginning of practice/games. The club will provide hand sanitizer as supply permits. Coaches, players, and parents are also welcome to bring their own supplies.

6.) Parents, players, and siblings should not play any soccer prior to the head coach's signal that it is okay to begin play at the start time of the practice/pregame warmup. Please remind players to respect social distancing guidelines prior to the start of each soccer activity.

During the play:

1.) Coaches will wear masks at all times while on the field. Players are required to wear a mask any time they are not engaged in physical activity.

2.) Parents are **REQUIRED** to return to their vehicles after walking their children to a field for practice. Parents are **REQUIRED** to wear masks if they remain at their car's side during

practice. Parents are **NOT** required to wear masks if they remain inside of their vehicle during practice.

3.) **U10 AND BELOW: Each player is permitted to invite 2 spectators to each game, in order to meet government guidelines for the maximum number of people at an outdoor gathering.** Spectators are **NOT** required to return to their vehicles after walking their children to a field for a game. Spectators will be **REQUIRED** to social distance and wear masks at games. Spectators may watch from their team's sideline at the field provided they remain behind the line of cones. Spectators may also watch from their cars if preferred. Spectators should **NOT** view games from any other location.

4.) **U11 AND U12: Each player is permitted to invite 2 spectators to each game, in order to meet government guidelines for the maximum number of people at an outdoor gathering. However, if your parent is a coach at this age group, you are permitted to invite only 1 other spectator to each game.** Spectators are **NOT** required to return to their vehicles after walking their children to a field for a game. Spectators will be **REQUIRED** to social distance and wear masks at games. Spectators may watch from their team's sideline at the field provided they remain behind the line of cones. Spectators may also watch from their cars if preferred. Spectators should **NOT** view games from any other location.

5.) **U13 AND ABOVE: Each player is permitted to invite 1 and only 1 spectator to each game, in order to meet government guidelines for the maximum number of people at an outdoor gathering.** Spectators are **NOT** required to return to their vehicles after walking their children to a field for a game. Spectators will be **REQUIRED** to social distance and wear masks at games. Spectators may watch from their team's sideline at the field provided they remain behind the line of cones. Spectators may also watch from their cars if preferred. Spectators should **NOT** view games from any other location.

6.) The player should use only his/her equipment during any soccer activity. The player should use only his/her water bottle during soccer activities. The player should find a space for his/her bag, water bottle, and other equipment that respects social distancing from other players while off the playing field. There should be **NO** sharing of equipment.

7.) Players should avoid touching their eyes and faces during the practice. Players should avoid unnecessary physical contact. For example, do not high-five, fist bump, or shake hands with another player, coach, or parent.

8.) While on the field, only adult coaching staff may move equipment including but not limited to discs, cones, and goals. Players and spectators are not permitted to assist in collecting or moving field equipment.

9.) Coaches and players should utilize hand sanitizer during water breaks. The club will provide some hand sanitizer to each head coach. Coaches, players, and parents are also welcome to bring their own supplies.

10.) Coaches may provide scrimmage vests to players at soccer activities. However, each player may wear only one vest for the duration of the time together. Scrimmage vests should **NOT** be shared. Coaches should also wash the vests before the team's next soccer activity.

11.) Coaching staff will provide players with reminders of safety guidelines throughout each soccer activity.

After play ends:

1.) Please sanitize your hands after completing any soccer event. Please also place a mask on your face.

2.) Please leave the field immediately after each soccer event. Parents and players should not play any soccer or gather after the head coach's signal that the soccer activity has ended.

3.) Upon returning home from a soccer event, please be sure to sanitize your player's equipment before the next event. Players are also encouraged to shower after soccer activity.

4.) North Allegheny Soccer Club will email you if we become aware of anyone who has contracted COVID during your child's session. If you or your child contract COVID, please contact me at otto@nasoccerclub.org to support traceability of the virus. Soccer events will be cancelled for a team for 14 days should a player on that particular team test positive for COVID. Others within the club may also be required to avoid North Allegheny Soccer Club events for 14 days if it is found that they were exposed to the player with a positive test.

Travel-Specific Guidelines:

1.) These are North Allegheny Soccer Club's Return to Play Policies. When NASC travel teams attend road games, our parents will be required to follow these policies. However, if an opposing club has stricter policies for their facilities/club, we are required to abide by the policies being enforced at their fields.

2.) North Allegheny Soccer Club Travel Coaches are required to send these policies to the opposing coaches when they email them game times and field locations each week. Please also ask opposing coaches to relay these policies to their fans so they can also abide by our policies.

We are so happy that we get to step back onto a soccer field with you all. Please adhere to all safety policies provided in this document to make the experience safe and comfortable for all involved. **WE MAY NEED TO DELAY OR CANCEL ALL OR PARTS OF THE SEASON IF CLUB MEMBERS DO NOT ADHERE TO THE SAFETY POLICIES OUTLINED IN THIS DOCUMENT.** We want the kids on the field and enjoying the game of soccer as much as you do. Please help us make that happen. If you have any questions in advance of the fall season, please feel free to email me at otto@nasoccerclub.org.

Sincerely,

Otto Tancraitor
North Allegheny Soccer Club
President