

# ASTON UNITED

## Club Travel Soccer Program

### 2020-2021 Season

#### FREQUENTLY ASKED QUESTIONS (FAQS)

##### □ WHAT ARE THE COSTS TYPICALLY ASSOCIATED WITH A TRAVEL TEAM?

- Aston United Club Soccer Registration \$ 250
  - Club fee covers; Fall trainer for 8-10 sessions, player admin, registration and insurance with US Youth Soccer, field maintenance, lights, equipment, porta-potties, and more.
- Travel uniform (*approx. every 2 years*) \$ 100 - 150
- Tournament Fees ( 3-5 tournaments / year ) \$ 20 - 40/tournament
- Winter Indoor/ Training \$ 40 - 50/ player
- Spring Season \$ 20 - \$30
- Fundraisers are used by the travel teams to help offset some of the costs associated with the travel program. Aston travel teams in the past have participated in many successful fundraisers like the Chic-Fil-A Pancake Breakfast, Carwashes, and other events.
- The uniform cost covers, shorts, shirts and socks. First year cost includes an optional player bag (\$50) which should last their career here at AYSA. Our uniforms and Aston United Club spirit wear are ordered thru soccer.com.
- Teams are encouraged to train or play during the Winter season. MapleZone Sports runs a program that a few teams participate in. The costs in the past for this are approximately \$1100 to register the team.
- Spring Season is historically hard for fielding teams, due to Multi-Sport athletes. Teams will sometime combine or call up players (guest players) to help field Spring League teams. We also try to run Technical Training Clinics, which are combined age groups due to these low numbers.

##### □ WHAT IS THE TRAVEL AREA THAT THEY WOULD PLAY IN?

- Aston United teams compete in the Central League Soccer, which is primarily local clubs within 30-45 mins drive.
- Roughly half the games would be home games played at our home fields of Sun Valley; the other half would be to area clubs. Typically, away games are within 45 minutes drive. Carpooling is encouraged.

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## FREQUENTLY ASKED QUESTIONS (FAQS) CONTINUED

### □ WHEN DOES THE SEASON RUN?

- The outdoor Fall soccer season runs from August (tournaments), and Sept through November 8 game season, similar to the intramural schedule. The Fall outdoor season is completed by Thanksgiving.
- The Fall season consists of 8 - 9 games.
- The season kicks off the Saturday / Sunday after Labor Day with a one week break for Columbus Day weekend, typically a tournament weekend.

### □ WHAT IS THE PRACTICE SCHEDULE?

- The typical schedule is to practice twice a week during the season, one night will be with our paid trainers, the other night is with your coach. The practice schedule will be dictated by your coach.
- Expect to have at least 3 hours of total practice time, per week, during the season.

### □ IS THERE AN OFF-SEASON PRACTICE SCHEDULE?

- Typically the Winter and Spring practice seasons would run December - May.
- If a team chooses to use a trainer in the off season, the practice time could be based on availability of the trainer and the players.
- Teams are also encouraged to practice weekly during the off-season. If indoor accommodation cannot be made, teams should practice outdoors once the weather breaks in the Spring.

### □ WHAT ABOUT TOURNAMENTS?

- AYSA encourages all teams to play in tournaments outside of the regular season. There are many good area tournaments that run throughout the year.
- Teams are encouraged to play in 3 - 4 tournaments during the spring and summer season to strengthen the team and prepare for the fall season.
- The typical team registration fee for tournaments is approximately \$450 - \$ 800 per team.
- Tournament play is typically 3-4 games over the course of a weekend, so they could be playing multiple games in one day.
- Coaches choose what tournaments they want to play in. AYSA club does not dictate which tournaments you have to play in. Although, we do try to coordinate teams/families with multiple children on different teams. There are often club discounts for multiple teams in certain tournaments as well.

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## FREQUENTLY ASKED QUESTIONS (FAQS) CONTINUED

- Part of your Club Soccer registration fees, help fund your teams account to offset tournaments and team related functions over the course of the year.
- Parents are encouraged to organize a max of two fundraisers over the year to help offset costs for winter indoor season and other team functions and events.

### □ WHAT IS REQUIRED OF EACH TEAM?

- Each team should have a Head Coach, Assistant Coach and Team Manager.
- The Team Manager is typically responsible for coordinating team registration with the Travel Commissioner for the AYSA club before the start of every season. There is paperwork that is required to register each player - birth certificates, medical release forms, US Club Soccer insurance forms. There are also tournament registration forms to complete. Teams are also required to handle their own finances so the team manager or an assistant is also responsible for that end.
- U9 & U10 teams play 7 v 7 on a field sized approximately 60 yds by 40 yds.
  - Roster maximum of 12 players
- U11 & U12 teams play 9 v 9 on a field sized approximately 70 yds by 50 yds.
  - Roster maximum of 16 players
- U13 and above play 11 v 11 on full sized fields 110 yds x 60 yds
  - Roster maximum of 22 players (Game Day roster of 18 players)