MAJOR
PITCH COUNT AFFIDAVIT

MAX PITCHES PER DAY: 85

# OF PITCHES	CALENDAR DAYS OF REST
66+	4
51-65	3
36-50	2
21-35	1
1-20	0

Pitch counts should be confirmed between innings. At the end of each game, your team's pitchers and their total pitch count should be recorded here. Each coach should sign/initial each other's sheet.

DATE	PITCHER / AGE	# OF PITCHES	OPPONENT	COACH	COACH