

Draft Guidance for East Windsor Soccer Club Return to Play: Fall 2020

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Registration Fee

Your registration fee, or a prorated portion of it, will be refunded if the season is cancelled or shortened because of COVID-19. The \$2.80 Service Fee is nonrefundable.

Uniform

If you are going to buy a new uniform, consider getting a size that your player can use in spring 2021 and fall 2021, that way, it will not go to waste if fall 2020 is cut short. If you pay for a uniform, but the season is cancelled before we order it, your money will be refunded.

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COVID-19 Safety Guidelines

East Windsor Soccer Club ("EWSC") players, families and coaches will adhere to the following guidelines to maintain the health and safety of all EWSC players, families, and coaches/officials.

Return to Play

Soccer is considered moderate risk activities per the State of Connecticut's Sector Rules. The fields may be used for individual or group training, controlled practices, and following July 5, 2020, scrimmages, and games.

Signage

EWSC will reinforce:

- Social distancing, personal contact and snack/beverage protocols
- Personal protective equipment and player equipment protocols
- Practice, scrimmage, and game protocols
- Disinfection and cleaning protocols

Social Distancing

Visual signs will be posted to encourage and reinforce social distancing protocols (e.g., 6 feet apart).

Personal Contact

Players and coaches will limit personal contact, including refraining from huddles, handshakes, high fives, fist/elbow bumps, chest bumps, slaps, and group celebrations. A virtual high-5 or bow to the opposing team can be used as a sign of good sportsmanship after a game.

Players and families will vacate the field as soon as reasonably possible to minimize unnecessary contact with others.

Snacks and Beverages

Athletes, coaches/officials, and umpires will bring their own personal drinks/snacks to all team activities. There will be no use of shared beverages, snacks or food during breaks or during half time at games.

All players, coaches/officials and spectators are always to refrain from spitting.

Personal Protective Equipment for Managers/Coaches/Officials/Umpires/Athletes

Managers/Coaches/Officials and Umpires are required to wear a face mask or cloth face covering when unable to easily, continuously, and measurably keep 6 feet of physical distance from others, unless doing so would be contrary to his or her health or safety due to medical conditions.

Players shall wear face coverings when not engaged in active play, unless doing so would be contrary to his or her health or safety due to medical conditions. While engaged in the active play of soccer, athletes do not need to wear a face covering.

Personal Protection for Spectators

Spectators are required to bring and wear masks or cloth face coverings that completely cover the nose and mouth unless doing so would be contrary to his or her health or safety due to a medical condition.

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Player Equipment

Have your child dressed to play with cleats and shin guards on prior to arriving at the facility. Each player will be required to bring their own soccer ball. If the player does not have access to a soccer ball, then the Coach will make one available and it will need to be sanitized after each use. Players' equipment needs to be cleaned and disinfected after each use (e.g., practice or game) by a parent/guardian, where applicable.

Practices

Coaches will keep players in small groups at practice to allow for physical distancing. Practices will be scheduled with at least a 30 minute buffer to prevent overlap of participants, and allow for time to clean and disinfect commonly used surfaces, including, but not limited to: bathrooms, benches/bleachers (if used) and fence entrances and exits.

Soccer Balls & Cones

Soccer balls and cones will be disinfected before and after every practice, and game. Each team's bag will contain sanitization wipes, hand sanitizer and a thermometer.

Benches & Bleachers

Traditional benches and bleachers will not be used. Players, coaches, and officials will designate a safe area, outside of the field of play, with at least 6 feet of distance enforced (e.g., personal chairs). Spectator will sit beyond the field of play and at least 6 feet of distance will always be maintained.

Crowd Control

Spectator compliance with social distancing will be accomplished through periodic checks and announcements. Individuals shall not congregate in common areas or parking lots following an event or practice. There will be a 30-minute buffer between scheduled games or practices to limit congregation in common areas and parking lots.

Risk Assessment

There will be daily symptom assessments (self-evaluation) before participating in practices, games, and scrimmages. Please stay home when appropriate. Individuals, including coaches, officials, players and families, should stay home if they have tested positive for COVID-19 or are showing symptoms (fever above 100.4, cough, shortness of breath, chills, muscle pain, sore throat, new loss of taste or smell).

Individuals will need to stay home if they have recently had close contact with a person with COVID-19.

Please refer to CDC criteria and guidelines for a safe return to play.

Temperature Check

Players, coaches, umpires, and anyone stepping onto the playing fields will have a mandatory temperature check via non-contact infrared thermometer after exiting their vehicles prior to entering the fields. This will be a requirement for practices and games until further notice.

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Should your child have a temperature reading above 100.4, we will kindly request that you bring your child home and contact your pediatrician for further recommendations.

We kindly request keeping your child home until they are fever free without the use of fever reducers (Acetaminophen or Ibuprofen) for a minimum of 24 hours.

In the Event of a Positive Covid-19 Case

Players, families, coaches and/or officials shall inform EWSC's Training Director, Michael Parakilas at mparakilas@gmail.com and follow state testing and contact tracing protocols.

Sanitizer

Hand sanitizer shall be made available at entrance points and common areas, where possible. All players will have access to hand sanitizer with a minimum of 60% alcohol to sanitize hands prior to getting on and off the field. All fields will have access to first aid kits, hand sanitizer, and PPE, as necessary.

Bathrooms

All EWSC families will equally alternate cleaning and disinfecting both bathrooms frequently, and a cleaning log will be utilized for tracking purposes. Cleaning will occur multiple times a day and hourly during busy times (e.g., games). This will be for home practices and games only.

Travel

Players are strongly recommended to travel to the venue with their immediate household only, if possible. Face coverings are strongly recommended for individuals traveling to and from the venue and required for walking in and out of the venue, and while not actively participating.

In closing we are prioritizing the health and safety of all our EWSC members. If you have any safety concerns please feel free to reach out at any time.